



The Life Energy Development Weekly

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Email: maioro@yahoo.com
www.voviweb.org

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Infinitely Small And Subtle

To analyze and explain the infinitely small and subtle, we will extend its depth and immensity,

Through infinite transformations, we will awaken our consciousness on our own,
Advancing equally on the social and spiritual paths, we will return to our unique origin,

Cultivating ourselves spiritually and progressing with a serene heart, we will reach the border of Buddha's land.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 22 August 2004 to 28 August 2004

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *Why are there too many karmic forces?*
- 2) *What causes the formation of karmic forces?*
- 3) *Why do karmic forces still persist?*
- 4) *What is the lustful character?*
- 5) *How can karmic forces visit us?*
- 6) *How do we turn our mind downward?*
- 7) *What is the consequence of lust and agitation?*



Los Angeles, 22 August 2004 1:50 AM
Q: *Why are there too many karmic forces?*

A: There should be many karmic forces because the soul has lived through many existences.

Psalm

*Karmic forces have accumulated since too many years,
Through spiritual practice, we will take many years to undo the debts,
Thanks to our spiritual cultivation, we will receive the divine love and grace,
Constantly undoing our debts, we will awaken our consciousness on our own.*

Los Angeles, 23 August 2004, 2:00 AM
Q: *What causes the formation of karmic forces?*

A: Karmic forces are generated from lust and impurity.

Psalm

*We should overcome the heavy and impure karmic forces on our own,
Learning with a serene heart, we will analyze and reach harmony on our own,
We will immerse ourselves within love and forgiveness,
Perfecting ourselves on both social and spiritual planes, we lead an honest life.*

Los Angeles, 24 August 2004 2:15 AM
Q: *Why do karmic forces still persist?*

A: Karmic forces still persist because our lustful character visits us in an unpredictable manner.

Psalm

*We should conquer our unpredictable lustful character,
With a serene heart, we practice diligently to release all impurities,
This is a good opportunity to receive the divine blessings and God's infinite guidance,
Tirelessly we will cultivate our spiritual virtue to dissipate our own worries.*

Los Angeles, 25 August 2004 2:30 AM
Q: *What is the lustful character?*

A: The lustful character is caused by greediness and desires.

Psalm

*Greediness and desires cause a lustful character,
Learning with a serene heart, we will purify ourselves and analyze the mystical subtleties,
With determination we will work constructively and progress together,
This is a golden opportunity to preserve our tranquility.*

Psalm

*The lustful character causes karmic debts and visits us constantly,
Creating conflicts, it will lead us to errors,
We will not err when practicing love and forgiveness,
Troubled by constant desires, our heart beats disorderly.*

Los Angeles, 26 August 2004 3:15 AM
Q: How can karmic forces visit us?

A: Karmic forces visit us when we turn our mind downward.

Psalm

*Lust and obscenity harm and confuse the body and mind,
Unable to cultivate oneself spiritually and to progress,
one feels helpless,
Blinded by passions, the heart is agitated and the mind listless,
Creating intransigence and blinded passions, one will have difficulty to change oneself.*

Los Angeles, 27 August 2004 5:40 AM
Q: How do we turn our mind downward?

A: For example, when reading books and periodicals about lust and obscenity.

Psalm

*Lust and agitation make the heart and mind confused and helpless,
Holding to romantic memories brings sorrow and obscures the mind,
Unable to attain wisdom and understanding, one suffers every hour,
Agitation and disorder cause romantic fantasy.*

Los Angeles, 28 August 2004 9:40 AM
Q: What is the consequence of lust and agitation?

A: The consequence of lust and agitation means that the heart and mind will lose equilibrium and become helpless.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.