



# The Life Energy Development Weekly

28 November, 2004

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Published in concurrence with *The Viet LED Weekly 490*

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

## Spiritual Evolution

To achieve a deep spiritual evolution, we must practice on our own,  
Thanks to God's love and His infinite guidance, we are filled with fortunate  
opportunities,

With love and respect, we work constructively and advance together,  
Learning continuously, we will achieve understanding on our own.

*Respectfully,  
Vi Kien*

## Baby Tam Talking To You

*from 18 September 2004 to 24 September 2004*

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

### Questions

- 1) *What does "calmness" mean?*
- 2) *What does self-awakening mean?*
- 3) *Why do we turn our mind toward our inner viscera?*
- 4) *Why do we need to achieve equilibrium?*
- 5) *Why do we need to judge and decide in a good way?*
- 6) *What should the conduct of a Vo-Vi practitioner be?*
- 7) *How can a person be righteous?*



**Anaheim, 18 September 2004 8:30 AM**

Q: What does "calmness" mean?

A: Calmness means to feel great peace and harmony.

**Psalm**

*Calmness means that our spirit feels peace on its own,  
Achieving equilibrium, we are neither agitated nor  
irresolute,  
When our heart and mind are tranquil, we will connect  
to the divine love,  
With our wisdom, we will clearly and thoroughly  
analyze our senses.*

**Anaheim, 19 September 2004 5:31 AM**

Q: What does self-awakening mean?

A: It means that we are conscious of our own actions.

**Psalm**

*On the spiritual path, we will experience a deep  
spiritual evolution,  
We should release our sorrow and worries on our own,  
Social and spiritual karmic opportunities do not  
terminate,  
They help to form a true dharma, so that we can  
dissipate our blinded passions.*

**Anaheim, 20 September 2004 7:55 AM**

Q: Why do we turn our mind toward our inner viscera?

A: We direct our mind toward our inner viscera to re-establish our equilibrium.

**Psalm**

*To restore our equilibrium, we should turn toward our  
inner consciousness,  
Opening our spiritual heart and mind, we silently return  
to serenity on our own,  
Constantly developing our spiritual opportunities to  
progress spiritually,  
We learn to correct ourselves and naturally regain our  
compassion.*

**Anaheim, 21 September 2004 7:30 AM**

Q: Why do we need to achieve equilibrium?

A: We need to achieve equilibrium in order to judge and decide in a good way.

**Psalm**

*When we reach equilibrium, we will be granted a pure  
heart,  
Resolving our impurities, we will advance spiritually  
and turn to purity on our own,  
Uniting our human compassion, we have the  
opportunity to achieve the dharma,  
Developing our wisdom, we will enter and leave on our  
own.*

**Psalm**

*When we practice respect and politeness in a righteous manner, everything will be resolved in a calm manner,  
Developing ourselves spiritually, we no longer harbor sorrow and worries,  
Advancing in a regular manner, we have no fears,  
Developing our own selves, we feel peace on our own.*

**Anaheim, 22 September 2004 11:30 AM**

Q: *Why do we need to judge and decide in a good way?*

A: To judge and decide in a good way means to practice respect and politeness in a righteous manner.

**Psalm**

*Perfecting ourselves spiritually, we will advance clearly and rapidly with our own efforts,  
Practicing the meditation exercises with a sincere heart,  
We release impurities in our viscera to return to unity,  
Practicing thoroughly on both social and spiritual paths, we will advance gradually.*

**Atlantic City, 23 September 2004, 10:00 AM**

Q: *What should the conduct of a Vo-Vi practitioner be?*

A: A Vo-Vi practitioner should be faithful with the Vo-Vi dharma.

**Psalm**

*Loving and respecting God, we practice with attention and diligence,  
Awakening our consciousness, our spiritual heart transforms itself with flexibility to achieve purity,  
Uniting our human compassion, we are not agitated,  
Practicing the righteous dharma, we practice on our own to purify ourselves.*

**Anaheim, 24 September 2004 6:40 AM**

Q: *How can a person be righteous?*

A: To be righteous, one should first learn about respect and politeness before learning about literature.



**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

*The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.*

**Announcement about the VO-VI Congress 2005 "Enlightenment and Spiritual Awakening", Cairns, Queensland, Australia**

Dear Vo-Vi friends,

In order to help the Organization Committee to manage all expenses in Australian Dollars, please use the registration form in AUD so that you can make appropriate payments. We cannot accept payments in USD, due to the large variation in currency exchange rate.

If you have paid in USD (US Dollar) for the first deposit, please arrange the second deposit to be paid in AUD (Australian Dollar).

We sincerely thank you for your understanding and support,

Respectfully Yours,  
The Organization Committee for Vo-Vi International Congresses

## Registration Form

### VoVi Congress “Enlightenment and Spiritual Awakening”

Cairns, Queensland, Australia

**15 August 2005 – 19 August 2005**

(Please fill out a form for each person – incl. children)

Full Legal Name (as in Passport): \_\_\_\_\_

Address : \_\_\_\_\_

City/ State: \_\_\_\_\_ Zip code: \_\_\_\_\_ Country: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Affiliated with VoVi Association: \_\_\_\_\_ Citizenship: \_\_\_\_\_

Male [ ] Female [ ] Age: \_\_\_\_\_

Emergency Contact (Relative to notify in case of emergency):

Name: \_\_\_\_\_ Telephone : \_\_\_\_\_

*Registration fees are non-refundable if cancelled after 1 May 2005. Cancellations before 1 May 2005 will be deducted a fee of 70 AUD per person.*

Price per person	Single room (1 adult)	Double room (2 adults)	Triple room (3 adults max)	Child under 16yrs Staying with 2 adults (max 2 child per room)	
<b>VoVi Congress (5 day/ 4 night)</b>	1110 AUD	690 AUD	550 AUD	270 AUD	
<b>Hotel fee per night per person before and after Congress (Room &amp; Taxes included)</b>					
<b>Night 13 Aug 2005</b>	210 AUD	105 AUD	70 AUD	Child under 16 yrs old staying with 2 adults free of charge (max 2 child per room with 2 adults)	
<b>Night 14 Aug 2005</b>	210 AUD	105 AUD	70 AUD		
<b>Night 19 Aug 2005</b>	210 AUD	105 AUD	70 AUD		
<b>Night 20 Aug 2005</b>	210 AUD	105 AUD	70 AUD		
<b>Night 21 Aug 2005</b>	210 AUD	105 AUD	70 AUD		
<b>Night 22 Aug 2005</b>	210 AUD	105 AUD	70 AUD		
Tour 1 on 19 August 2005: 35 AUD per person (adult or child) Infant under 3yrs old: free					
Tour 2 on 20 August 2005 Adult : 50 AUD Child 4 to 14 yrs old: 25 AUD Infant under 3yrs old: free					
<b>TOTAL FEES (in USD)</b>					
<b>A) Deposit before 1 February 2005:</b> 300 AUD deposit and full payment of Tours for early registration					
<b>Remaining balance due before 1 May 2005</b>					
<b>B) Full payment before 1 February 2005</b>					

Request to share room with:

1) \_\_\_\_\_

2) \_\_\_\_\_

## 1) VOVI Congress Registration Details:

### Early Registration until 1 February 2005

The Organization Committee will not guarantee prices after the early registration period ends on 1 February 2005.

### Registration Deadline: 1 May 2005

No registration accepted after deadline. **TOUR Registration may end earlier if no more space available.**

### A- Vovi Congress (5-day/ 4-night)

#### **Registration fees include**

- 3 days Conference at the Cairns Convention Centre
- 3 lunches during the 3-day congress
- 4 hotel nights : check-in on Monday 15 August 2005 and check-out on Friday 19 August 2005 before 11 AM.

Since there are no large hotels in Cairns, Vo-Vi delegates will be split into 3 hotels : Cairns International, Hilton Cairns and Pacific International on a first come first served basis.

Check-in time : 2PM. Check-out time : 11 AM.

If you wish to stay more days beyond the ones listed on the registration form, please notify the Organization Committee as soon as possible.

### B- Tour 1

#### **TOUR 1 fees include (35 AUD per person / adult or child)**

- Full day tour on **Friday 19 August 2005**: Visit the VoVi Meditation center and Vo-Vi village, sightseeing in Kuranda (picturesque mountain markets) and sight-seeing and swimming in beaches of Port Douglas. Meals are at your own cost.

### C- Tour 2

#### **TOUR 2 fees include (50 AUD for adult, 25 AUD for child 4-14yrs)**

- Full day tour on Saturday **20 August 2005**: Boat transfer to GREEN ISLAND which is one of the seven wonders of the World (part of Great Barrier Reef). Meals are at your own cost.

#### **Important Notes :**

**1- VoVi delegates registering for Tours should specify the additional hotel nights to be paid.**

**2- Because the number of Triple rooms (3-adults) are limited, priority will be given to VoVi delegates who register and pay the deposit during the early registration period.**

**3- Please pay the full fees for tours when registering for the tours because space is limited, in particular space on the VO-VI boat to Green Island.**

**In case there is no more space on the VO-VI boat, Vo-Vi delegates signing up for the Green Island tour will go on the regular charters.**

## 2) Registration Fees

### Payment deadline 1 May 2005

Registration fees are **NON-REFUNDABLE** if cancelled after 1 May 2005. Cancellations before 1 May 2005 will be deducted a fee of **70 AUD per person.**

2 children maximum under 16 yrs old can share the same room with 2 adults (2 adults paying the adult price for a double room). In all other cases, children must pay full adult price.

### Fees Payment :

*Deposit of 300 AUD for Congress Fees : before 1 February 2005*

*Balance to be paid before 1 May 2005*

*Please pay the full registration fees for tours when signing up for tours.*

### **3) Contact Information**

#### **USA, Australia and Asia:**

Please send registration form and copy of payment receipt to:

Mai Nguyen  
P.O. Box 5234  
Oroville, CA 95966, USA  
Tel: (530) 589-6972      Email: [maioro@yahoo.com](mailto:maioro@yahoo.com)

#### **Canada:**

Please send registration form and copy of payment receipt to:

Phan Cao Thang  
7021 Louis Hebert Apt 1C,  
Ville Lasalle, Quebec H8N 3E9, Canada  
Tel: (514) 367-3961      Email: [aphancao@videotron.ca](mailto:aphancao@videotron.ca)

#### **Europe:**

Please send registration form and copy of payment receipt to:

Dominique Santelli  
Thien Vien Quy Thuc  
220 Le Senaillet, 74500 Publier, France  
Tel: (0)(4) 50 70 83 55      Email: [santelli.dominique@wanadoo.fr](mailto:santelli.dominique@wanadoo.fr)

Please pay via direct bank transfer as follows:

Account Name: Mai Xuan Nguyen  
Account Number: 06 4804 13089475  
BSB: 06 4804 (branch number)  
Bank: Commonwealth Bank of Australia  
Branch: CAIRNS QLD  
International transfer: Use swift code CTBAAU2S