

The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Infinity

With an infinite spiritual will, we will regain good karmic opportunities,
Perfecting ourselves spiritually, we will live in peace,
Uniting our human compassion, we will achieve spiritual success,
Developing our wise mind, we will analyze and find harmony on our own.

Respectfully,
Vi Kien

Baby Tam Talking To You

from 25 September 2004 to 3 October 2004

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of eleasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) What is called "righteous"?
- 2) What is order?
- 3) Everyone has a beginning and an ending, so why do we need to worry about it?
- 4) Do we need to have a clear mind and a wise heart?
- 5) Why do we need to understand social and spiritual matters clearly?
- 6) Why do we need to treat others well?
- 7) Why do we need to practice extreme patience and resignation?



Atlantic City, 25 September 2004 12:30 AM

Q: What is called "righteous"?

A: All that is called "righteous" should be very orderly.

Psalm

Order is the most righteous thing,
A good spiritual evolution always requires order,
In order to purify ourselves and advance spiritually, we
must practice with austerity,
Returning to our pure origin through meditative
knowledge, we search for our soul with our own
efforts.

Atlantic City, 26 September 2004 5:25 AM

Q: What is order?

A: Order means that everything is properly arranged with a beginning and an ending.

Psalm

Harmonizing ourselves with order, we feel quietude and appreciate the tranquility,

Releasing our sorrow and worries, our face is smiling, Loving and respecting the noble heaven, we are not worried,

Thoroughly understanding heaven and earth, we see the profound divine grace.

Atlantic City, 28 September 2004 2:18 AM

Q: Everyone has a beginning and an ending, so why do we need to worry about it?

A: We should work in a complete manner with a beginning and an ending in order to be right.

Psalm

We should practice in a righteous manner from beginning to end,

Through the deep spiritual evolution, we will dissipate our blindness on our own,

When our body is balanced, there is no agitation, Learning with a serene heart, we will analyze and understand gradually on our own.

Atlantic City, 29 September 2004 1:10 AM

Q: Do we need to have a clear mind and a wise heart?

A: We really need to have a clear mind and a wise heart to resolve all things satisfactorily.

<u>Psalm</u>

Taking refuge in Buddha and His teachings, we practice in order to advance,

With a clear mind and a wise heart, we turn ourselves toward purity,

Loving and respecting the noble Heaven, we return to our unique origin,

Practicing with a sincere heart, we turn ourselves toward purity and goodness.

Atlantic City, 30 September 2004 9:54 AM

Q: Why do we need to understand social and spiritual matters clearly?

A: We need to understand social and spiritual matters clearly in order to have a better conduct toward others.

Psalm

When we understand social and spiritual matters clearly, we will return to our origin,

Developing our wise mind, we will comprehend the dharma gradually,

Taking refuge in Buddha and His teachings, we never change our faith,

Undergoing deep spiritual transformations, we know social and spiritual matters clearly.

Atlantic City, 1 October 2004 1:00 PM

Q: Why do we need to treat others well?

A: We need to treat others well in order to achieve mutual affection and respect.

Psalm

When we treat others well, we will gain mutual affection and respect,

Let's resolve social and spiritual matters with the proper mind,

Taking refuge in Buddha and His teachings is even more precious,

With a constant flexibility, we will awaken our consciousness with our own efforts.

Atlantic City, 3 October 2004 5:12 AM

Q: Why do we need to practice extreme patience and resignation?

A: We need to practice extreme patience and resignation in order to advance within serenity.

Psalm

We have the good karmic opportunity to practice patience and resignation in order to advance further, Releasing our blocked energies, we will attain purity on our own,

When we help ourselves, our consciousness will reach awakening,

Taking refuge in Buddha and His teachings, we will analyze social and spiritual matters.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.