



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Understanding

Understanding the original principle, we will receive the divine grace,
Transforming ourselves continually, we awaken our consciousness for spiritual
cultivation,

Mastering our emotions, our soul can understand the dharma clearly,
Practicing with diligence and a sincere heart, our heart and mind become
compassionate.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 4 October 2004 to 17 October 2004

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *What should we do when life affairs are turbulent?*
- 2) *What should we do when everyone is agitated by world affairs?*
- 3) *Why do we have blocked energies in our inner consciousness?*
- 4) *Why do we have excessive worries?*
- 5) *What is agitation?*
- 6) *Why can't we achieve tranquility?*
- 7) *How can external circumstances benefit the soul?*



Atlantic City, 4 October 2004 10:03 AM

Q: *What should we do when life affairs are turbulent?*

A: We should practice extreme patience and resignation and cultivate our serenity in order to be able to resolve these issues.

Psalm

*With serenity, we will develop ourselves and advance spiritually,
We practice to achieve self-progress and enlighten our spiritual journey,
By opening ourselves, we will purify our mind and body,
Through a profound spiritual evolution, we will advance thoroughly.*

Atlantic City, 12 October 2004 5:24 AM

Q: *What should we do when everyone is agitated by world affairs?*

A: When everyone is agitated by world affairs, we should devote ourselves to the practice of the silent invocation of the mantra Nam-Mo-A-Di-Da Phat to dissipate the blocked energies in our inner consciousness.

Psalm

*Practicing the silent invocation of the mantra Nam-Mo, we dissipate our sorrow and worries,
Developing ourselves spiritually, we are liberating ourselves,
Taking refuge in Buddha and His teachings, we will develop our spiritual mind,
Developing ourselves incessantly, we will reach spiritual success.*

Atlantic City, 13 October 2004

Q: *Why do we have blocked energies in our inner consciousness?*

A: We have blocked energies in our inner consciousness because our worries are not rightly founded.

Psalm

*When one worries about hazy world affairs, One will cause suffering and blinded passions, unable to find determination,
Constantly agitated, we will augment our restlessness,
On the other hand, when we practice with sincerity and diligence, we will no longer be irresolute.*

Atlantic City, 14 October 2004 9:30 AM

Q: *Why do we have excessive worries?*

A: Everywhere, there is agitation due to the selection process of the celestial mechanism.

Psalm

*Through the selection process, the celestial mechanism must be turbulent,
When the mind is unclear, one will have expectations at every hour,
Unable to succeed, one becomes more agitated,
Unable to understand thoroughly, one cannot achieve peace and harmony.*

<p>Atlantic City, 15 October 2004 0:54 AM Q: <i>What is agitation?</i></p> <p>A: Agitation means to never have tranquility.</p>	<p style="text-align: center;">Psalm</p> <p style="text-align: center;"><i>The heart is agitated because it has no tranquility, Dependent on external circumstances, we cause our own worries, Causing trouble to ourselves, we know no escape, When we practice the righteous dharma, we no longer have sorrow nor worries.</i></p>
<p>Atlantic City, 16 October 2004 11:51 AM Q: <i>Why can't we achieve tranquility?</i></p> <p>A: We cannot achieve tranquility because we accumulate too much external affairs.</p>	<p style="text-align: center;">Psalm</p> <p style="text-align: center;"><i>With constant agitation, it is difficult to achieve tranquility, When the circulation is unbalanced, we will cause our own worries, Unable to judge social and spiritual matters clearly, We cannot resolve our sorrow and dissipate our worries.</i></p>
<p>Atlantic City, 17 October 2004 Q: <i>How can external circumstances benefit the soul?</i></p> <p>A: External circumstances only seduce and drag the soul.</p>	<p style="text-align: center;">Psalm</p> <p style="text-align: center;"><i>We should immediately forget stories that should stay out of our ears, External beauty only seduces and causes blindness, hindering spiritual progress, The mind is burdened with suffering and knows no goodness, Practicing the righteous dharma, we will achieve peace on our own.</i></p>



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.

Announcement about the VO-VI Congress 2005 "Enlightenment and Spiritual Awakening", Cairns, Queensland, Australia

Dear Vo-Vi friends,

- 1) Since August is a high season period, please remember to specify if you wish to stay additional nights at the hotel when registering for the tours to ensure that we can fulfill your request. For example, when you sign up for the tours on 19 and 20 August 2005, please specify if you wish to stay at the hotel 2 additional nights of 19 and 20 August 2005.

The tour buses will only pick up passengers from the Hotels used for the Vo-Vi congress, and the Pier for the Green Island tour is also located within walking distance of the hotels.

- 2) Currently, the Vo-Vi boat chartered for the Green Island Tour on 20 August 2005 is full. We will continue the registration for the Green Island Tour on the 2nd boat. However, since this boat is not reserved for Vo-Vi exclusively and will have other tourists, please sign up early to make sure that we can fulfill your reservation.
- 3) Vo-Vi friends in USA who need help with the payment of USD vs AUD for the Congress fees, should contact The Organisation Committee (email maioro@yahoo.com)
- 4) How to apply for a visa to Australia:

- A- ETA (Electronic Travel Authority) : This type of visa is usually free of charge when provided by the travel agencies where you buy the airline tickets. The visa is usually valid for 1 year with multiple stays in Australia for up to 3 months for each stay.
Citizens of the following countries can apply for an ETA :
Andorra, Austria, Belgium, Brunei, Canada, Denmark, Finland, France, Germany, Greece, Iceland, Ireland Rep., Italy, Japan, Korea Rep., Liechtenstein, Luxembourg, Malaysia, Malta, Monaco, Netherlands, Norway,
Portugal, San Marino, Singapore, Spain, Sweden, Switzerland, U.S.A. and
Vatican City; United Kingdom, Hong Kong (Must apply for ETA
in Hong Kong); Taiwan (must apply for ETA in Taipei)
- B- **Short stay visitor/tourist visa**
Non US-citizens (permanent residents) or citizens of other countries like Vietnam, Cambodia, etc. should contact their local Australian consulates for Visa information.

For more information, please visit : www.immigov.au.

Addresses of Australian Consulates

United States of America

WASHINGTON

Australian Embassy, Washington, USA
1601 Massachusetts Ave NW
WASHINGTON DC 20036-2273

United States of America

Telephone 1888 990 8888 (North America & The Caribbean only - toll free),
1 202 797 3000 (Embassy)

Facsimile 1 202797 3100 (DIMIA) 1 202797 3040 (DIMIA)

Email Contact dimia-washington@dfat.gov.au

WWW Address www.austemb.org

Client Counter Hours 0900-1100 Monday - Friday

Client Telephone Hours 1000 - 1700EST Monday - Friday

France

Australian Embassy, Paris,
4 rue Jean Rey
75724 PARIS Cedex 15

Telephone 33 1 4059 3300 (Embassy) 33 1 4059 3306 (DIMIA Info) 33 1 4059 3490 (DIMIA Enquiry)

Facsimile 33 14059 3538 (DIMIA)

Email Contact Visa.Paris@dfat.gov.au (for public enquiries)

WWW Address www.austgov.fr

Germany

BERLIN

Australian Embassy
Wallstrasse 76 - 79
10179 Berlin

Telephone 49 30 8800 880 (Embassy)

Facsimile 49 302248 9293 (DIMIA)

WWW Address www.australian-embassy.de

Client Counter Hours Monday/Wednesday/Friday - 9.00am-11.00am

Client Telephone Hours Monday-Thursday 2.00pm-5.00pm, Friday 2.00pm-4.00pm

We sincerely thank you for your support and attention,

The Organisation Committee for International Vo-Vi Congresses

Registration Form

VoVi Congress “Enlightenment and Spiritual Awakening”

Cairns, Queensland, Australia

15 August 2005 – 19 August 2005

(Please fill out a form for each person – incl. children)

Full Legal Name (as in Passport): _____
 Address : _____
 City/ State: _____ Zip code: _____ Country: _____
 Telephone: _____ E-mail: _____
 Affiliated with VoVi Association: _____ Citizenship: _____
 Male [] Female [] Age: _____
 Emergency Contact (Relative to notify in case of emergency):
 Name: _____ Telephone : _____

Registration fees are non-refundable if cancelled after 1 May 2005. Cancellations before 1 May 2005 will be deducted a fee of 70 AUD per person.

Price per person	Single room (1 adult)	Double room (2 adults)	Triple room (3 adults max)	Child under 16yrs Staying with 2 adults (max 2 child per room)	
VoVi Congress (5 day/ 4 night)	1110 AUD	690 AUD	550 AUD	270 AUD	
Hotel fee per night per person before and after Congress (Room & Taxes included)					
Night 13 Aug 2005	210 AUD	105 AUD	70 AUD	Child under 16 yrs old staying with 2 adults free of charge (max 2 child per room with 2 adults)	
Night 14 Aug 2005	210 AUD	105 AUD	70 AUD		
Night 19 Aug 2005	210 AUD	105 AUD	70 AUD		
Night 20 Aug 2005	210 AUD	105 AUD	70 AUD		
Night 21 Aug 2005	210 AUD	105 AUD	70 AUD		
Night 22 Aug 2005	210 AUD	105 AUD	70 AUD		
Tour 1 on 19 August 2005: 35 AUD per person (adult or child) Infant under 3yrs old: free					
Tour 2 on 20 August 2005 Adult : 50 AUD Child 4 to 14 yrs old: 25 AUD Infant under 3yrs old: free					
TOTAL FEES (in USD)					
A) Deposit before 1 February 2005: 300 AUD deposit and full payment of Tours for early registration					
Remaining balance due before 1 May 2005					
B) Full payment before 1 February 2005					

Request to share room with:

- 1) _____
- 2) _____

1) VOVI Congress Registration Details:

Early Registration until 1 February 2005

The Organization Committee will not guarantee prices after the early registration period ends on 1 February 2005.

Registration Deadline: 1 May 2005

No registration accepted after deadline. **TOUR Registration may end earlier if no more space available.**

A- Vovi Congress (5-day/ 4-night)

Registration fees include

- 3 days Conference at the Cairns Convention Centre
- 3 lunches during the 3-day congress
- 4 hotel nights : check-in on Monday 15 August 2005 and check-out on Friday 19 August 2005 before 11 AM.

Since there are no large hotels in Cairns, Vo-Vi delegates will be split into 3 hotels : Cairns International, Hilton Cairns and Pacific International on a first come first served basis.

Check-in time : 2PM. Check-out time : 11 AM.

If you wish to stay more days beyond the ones listed on the registration form, please notify the Organization Committee as soon as possible.

B- Tour 1

TOUR 1 fees include (35 AUD per person / adult or child)

- Full day tour on **Friday 19 August 2005**: Visit the VoVi Meditation center and Vo-Vi village, sightseeing in Kuranda (picturesque mountain markets) and sight-seeing and swimming in beaches of Port Douglas. Meals are at your own cost.

C- Tour 2

TOUR 2 fees include (50 AUD for adult, 25 AUD for child 4-14yrs)

- Full day tour on Saturday **20 August 2005**: Boat transfer to GREEN ISLAND which is one of the seven wonders of the World (part of Great Barrier Reef). Meals are at your own cost.

Important Notes :

1- VoVi delegates registering for Tours should specify the additional hotel nights to be paid.

2- Because the number of Triple rooms (3-adults) are limited, priority will be given to VoVi delegates who register and pay the deposit during the early registration period.

3- Please pay the full fees for tours when registering for the tours because space is limited, in particular space on the VO-VI boat to Green Island.

In case there is no more space on the VO-VI boat, Vo-Vi delegates signing up for the Green Island tour will go on the regular charters.

2) Registration Fees

Payment deadline 1 May 2005

Registration fees are **NON-REFUNDABLE** if cancelled after 1 May 2005. Cancellations before 1 May 2005 will be deducted a fee of **70 AUD per person.**

2 children maximum under 16 yrs old can share the same room with 2 adults (2 adults paying the adult price for a double room). In all other cases, children must pay full adult price.

Fees Payment :

Deposit of 300 AUD for Congress Fees : before 1 February 2005

Balance to be paid before 1 May 2005

Please pay the full registration fees for tours when signing up for tours.

3) Contact Information

USA, Australia and Asia:

Please send registration form and copy of payment receipt to:

Mai Nguyen
P.O. Box 5234
Oroville, CA 95966, USA
Tel: (530) 589-6972 Email: maioro@yahoo.com

Canada:

Please send registration form and copy of payment receipt to:

Phan Cao Thang
7021 Louis Hebert Apt 1C,
Ville Lasalle, Quebec H8N 3E9, Canada
Tel: (514) 367-3961 Email: aphancao@videotron.ca

Europe:

Please send registration form and copy of payment receipt to:

Dominique Santelli
Thien Vien Quy Thuc
220 Le Senaillet, 74500 Publier, France
Tel: (0)(4) 50 70 83 55 Email: santelli.dominique@wanadoo.fr

Please pay via direct bank transfer as follows:

Account Name: Mai Xuan Nguyen
Account Number: 06 4804 13089475
BSB: 06 4804 (branch number)
Bank: Commonwealth Bank of Australia
Branch: CAIRNS QLD
International transfer: Use swift code CTBAAU2S

Registration Form for Airport Transfer

VoVi Congress “Enlightenment and Spiritual Awakening” CAIRNS INTERNATIONAL Airport (CNS)

(Please fill out full name for each person, incl. children)

Full Legal Name	City/ State	Country

	Date	Time	Airline and Flight number	From (city name)
Arrival				
Departure				

Note: The Organization Committee can only provide airport pick-up from the airport to the VoVi hotels on **13 August, 14 August and 15 August 2005**, and provides transfer from the hotel to the airport on **21 August and 22 August 2005**. Please specify the final city name before you arrive in Cairns, because the Cairns Airport has 2 terminals (Domestic Terminal for inland flights and the International Terminal for flights arriving from HongKong, Tokyo, Singapore, etc.)