



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Reunion

Uniting with human compassion, our heart is joyful and lively,
Developing our wisdom, we will expand our aura on our own,
Through the divine opportunity, we will develop ourselves and clearly understand
the dharma,
Learning continually, we will enlighten our own consciousness.

*Respectfully,
Vi Kien*

New Year's Wishes From Master Tam

Dear Friends, in the New Year of The Rooster (2005) I am rejoicing with you,
With Compassion and Virtue, let's surmount all obstacles on our own,
Karmic opportunities on the social and spiritual planes are guiding us to advance on
the spiritual journey,
Wishing you a Happy New Year where you will awaken your consciousness through
meditative contemplation.

*Respectfully,
Vi Kien 1 January 2005*

Baby Tam Talking To You

from 4 November 2004 to 10 November 2004

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *Does the meditation practitioner need to lie?*
- 2) *Does the meditation practitioner need to be discouraged?*
- 3) *Why should we practice patience and resignation?*
- 4) *What is the energy of great compassion?*
- 5) *Why should we receive the divine energy?*
- 6) *Is there any benefit in dedicating oneself to the service of Vo-Vi fellow practitioners?*
- 7) *What kind of benefit do we get?*



Montreal, 4 November 2004 10:15 PM

Q: Does the meditation practitioner need to lie?

A: A meditation practitioner should not need to lie.

Psalm

*The truth is immutable verity,
Telling the truth, we will be loved and respected by
everybody and will avoid karma and suffering,
Learning with a sincere heart, we silently invoke the
mantra Nam-Mo,
Loving and respecting the noble Heaven, we will
surely awaken our consciousness.*

Montreal, 5 November 2004 11:45 PM

Q: Does the meditation practitioner need to be discouraged?

A: A meditation practitioner needs to practice patience and resignation in order to advance further.

Psalm

*With spiritual practice, we will advance and reach
tranquility,
Through deep spiritual transformations, we will
understand all domains,
With His Love, God gives us infinite guidance and
does not abandon us,
Practicing with diligence and perseverance, we will
succeed and dissipate our worries.*

Montreal, 6 November 2004 4:00 AM

Q: Why should we practice patience and resignation?

A: We should practice patience and resignation in order to receive the energy of great compassion.

Psalm

*Practicing patience and resignation, we will receive
divine energy,
Judging social and spiritual matters wisely, we will see
our spiritual journey clearly,
With a balanced heart and mind, we analyze our
spiritual path,
Thinking of the noble heaven with love, we transform
ourselves and see the subtle nuances.*

Montreal, 7 November 2004 11:05 PM

Q: What is the energy of great compassion?

A: The energy of great compassion bestows clarity of mind to the spiritual adept.

Psalm

*The great compassion shines infinitely,
With love and affection, we vow to contribute our
share,
With wisdom, we clearly see the path of righteous
dharma,
Returning to our origin through meditative
contemplation, we will transform ourselves gradually.*

Montreal, 8 November 2004 1:40 AM

Q: *Why should we receive the divine energy?*

A: We receive the divine energy to serve suffering people.

Psalm

*We receive divine energy to serve others,
Through infinite transformations, we will release our
blindness on our own,
Developing our wisdom, our soul is peaceful and
content,
Seeing our character and enlightening our mind, we
are no longer blinded.*

Montreal, 9 November 2004 11:35 PM

Q: *Is there any benefit in dedicating oneself to the service of Vo-Vi fellow practitioners?*

A: It is very beneficial to dedicate oneself to the service of Vo-Vi fellow practitioners.

Psalm

*When we dedicate ourselves to the service of our
fellow practitioners,
We will develop ourselves infinitely and will surmount
obstacles on our own,
Regaining our compassion, we will understand the
dharma thoroughly,
Developing our heart and mind, we will communicate
with the Lord sincerely.*

Montreal, 10 November 2004 11:15 PM

Q: *What kind of benefit do we get?*

A: We get spiritual benefits.

Psalm

*Spiritual benefit means our soul will progress,
Practicing with sincerity, we will guide humanity,
Returning to our origin through meditative
contemplation, we will succeed with our mind and
body,
Receiving the energy of the universe, we cultivate our
virtue with spiritual practice.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
