



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

A Serene Heart

We should learn with a serene heart to have the opportunity for divine guidance,
As our soul becomes enlightened, our spiritual knowledge grows,
As we transform ourselves, we will develop our wisdom and devote ourselves to the
silent invocation of the mantra Nam-Mo,
Social relations develop continually without stopping.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 2 December 2004 to 8 December 2004

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *Where will the soul advance?*
- 2) *What is the soul?*
- 3) *What is clarity of mind?*
- 4) *Does clarity of mind harmonize with the energy of Heaven and Earth?*
- 5) *What is special with Heaven and Earth?*
- 6) *What is infinite light?*
- 7) *Why do we need serenity?*



Montreal, 2 December 2004 2:00 AM

Q: *Where will the soul advance?*

A: The soul will advance toward its spiritual origin.

Psalm

*We should advance toward our spiritual origin to rejoice together,
Developing ourselves infinitely, we progress and perfect ourselves spiritually with our own efforts,
With infinite flexibility, we will release our own blindness,
Enlightening our mind and seeing our character, we will awaken our consciousness accordingly.*

Montreal, 3 December 2004 9:50 PM

Q: *What is the soul?*

A: The soul is formed from the quintessence of Heaven and Earth.

Psalm

*The soul is the wisdom of Heaven and Earth,
Undergoing deep spiritual transformations, we continue practicing on our own,
With a constant flexibility, we will return to our unique origin,
Practicing with sincerity and diligence, we will understand Heaven thoroughly.*

Montreal, 4 December 2004 2:18 AM

Q: *What is clarity of mind?*

A: Clarity of mind is serenity and wisdom.

Psalm

*Returning to our pure origin, we perfect ourselves equally on the social and spiritual planes to advance further,
Releasing our sorrow and anxiety, we dissipate our worries with our own efforts,
With a constant flexibility, we will understand the dharma thoroughly,
Loving and respecting the Lord and Buddha, we will meditate with our own efforts.*

Montreal, 5 December 2004 2:32 AM

Q: *Does clarity of mind harmonize with the energy of Heaven and Earth?*

A: Yes, clarity of mind harmonizes with the energy of Heaven and Earth.

Psalm

*Practicing the righteous dharma, we will reach superiority,
With a clear and intelligent mind, we will complete the path of spiritual evolution,
Releasing our sorrow and anxiety, we will enlighten ourselves,
Developing ourselves, we will return to the path of human virtue.*

Psalm

*The vital energy of Heaven and Earth brings
continuous rebirths,*

*We all need to practice with sincerity,
Practicing the righteous dharma, we will understand
the spiritual path thoroughly to progress further,
Uniting with human compassion, we will advance
rapidly with our own efforts.*

Atlantic City, 6 December 2004 2:11 PM

Q: *What is special with Heaven and Earth?*

A: Heaven and Earth are overflowing with compassion to guide and save kind people.

Psalm

*The infinite light evolves into purity,
Only by unifying with the universe does it come into
existence,
Harmonizing with the origin, it shines rapidly,
Through deep spiritual transformations, we will
understand all areas thoroughly.*

Atlantic City, 7 December 2004 2:50 PM

Q: *What is infinite light?*

A: Infinite light means great serenity.

Psalm

*With serenity and clarity of mind, we will understand
thoroughly on our own,
Practicing with sincerity, we will advance and dissipate
worries in our heart,
Returning to our pure origin, we will practice the
dharma thoroughly,
Awakening our own consciousness, we will attain pure
knowledge.*

Atlantic City, 8 December 2004 2:22 AM

Q: *Why do we need serenity?*

A: Serenity is clarity of mind.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.