



The Life Energy Development Weekly

20 February, 2005

Email: maioro@yahoo.com
www.voviweb.org

Published in concurrence with *The Viet LED Weekly 502*

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Spiritual Understanding

Understanding Heaven and Earth, we will advance silently,
Returning to our origin through meditative knowledge, we will live in peace and
harmony,

God's love is lively and shines upon kind people,
Uniting human compassion, we will live and meditate together.

Respectfully,
Vi Kien

Baby Tam Talking To You

from 23 December 2004 to 29 December 2004

Copyright © 2004 by Luong Si Hang & VoVi Multimedia Communication. All rights reserved.

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *What should we do to avoid karma?*
- 2) *What does it mean to be in agreement and harmony?*
- 3) *What does it mean to consider the other like oneself?*
- 4) *What does it mean to be jealous and to slander others?*
- 5) *What are blinded passions and intransigence?*
- 6) *Is there any benefit in practicing the righteous dharma?*
- 7) *What should we do in order to reach serenity?*



San Diego, 23 December 2004 4:23 AM

Q: *What should we do to avoid karma?*

A: In order to avoid karma, we should be in agreement and harmony.

Psalm

*Evolving and advancing in silence, we have no worries,
Perfecting ourselves spiritually, we do not cause agitation,
As we transform ourselves, we cultivate ourselves spiritually and learn spiritual lessons on our own,
Without dividing our heart, we keep developing our wisdom.*

San Diego, 24 December 2004 4:39 AM

Q: *What does it mean to be in agreement and harmony?*

A: To be in agreement and harmony means to be in the same environment as the other.

Psalm

*Being in agreement and harmony means to accept to be in the same spot as the other,
As we evolve and undergo deep spiritual transformations, we will tell to ourselves
That we should develop ourselves without agitation,
With a sincere heart, we will learn about the sphere of emptiness.*

San Diego, 25 December 2004 4:49 AM

Q: *What does it mean to consider the other like oneself?*

A: We consider the others like we do for ourselves.

Psalm

*In this heaven and on this earth, human beings should be considerate of themselves,
Living in austerity and suffering, we should keep our souls,
In order to attain eternity, we should return to our origin through meditative knowledge,
With infinite transformations, our mind changes to reach enlightenment.*

San Diego, 26 December 2004 5:15 PM

Q: *What does it mean to be jealous and to slander others?*

A: To be jealous and to slander others means that we still harbor blinded passions and intransigence.

Psalm

*To be jealous and to slander others means to still harbor blinded passions and intransigence,
To compare with others and to be agitated only harms us silently,
Keeping a hot temper, anger and passions will only imprison ourselves,
With a sincere heart, we should learn the spiritual lessons and develop our spiritual consciousness.*

San Diego, 27 December 2004 3:10 AM

Q: *What are blinded passions and intransigence?*

A: Blinded passions and intransigence mean to orient oneself toward one direction only.

Psalm

*When the heart is not enlightened, the mind is unwise
and agitated,
Unable to succeed, we force ourselves to stagnate in
scenes of sufferings,
Holding to blinded passions and intransigence, our
mind is restless,
Causing suffering to ourselves, we are unable to
escape.*

San Diego, 28 December 2004 0:04 AM

Q: *Is there any benefit in practicing the righteous dharma?*

A: To practice the righteous dharma is very beneficial at the needed time.

Psalm

*It is very beneficial to practice the righteous dharma,
As we develop our wisdom, we will advance to unity
and harmony,
Learning continuously, we will advance toward purity
with our own efforts,
Enlightening our heart and seeing our character, we
practice the righteous dharma.*

San Diego, 29 December 2004 7:20 AM

Q: *What should we do in order to reach serenity?*

A: In order to reach serenity, we should practice the meditation method regularly.

Psalm

*Practicing the meditation method regularly, we will
attain serenity,
Loving and respecting the noble heaven, we will save
ourselves,
When we practice the righteous dharma thoroughly,
we will attain thorough knowledge and wisdom,
Transforming our spiritual path, we are no longer
agitated.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.