



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Mutual Joy

Reunited and rejoicing together, we feel even a greater freshness,
Understanding that we are useful to others in this earthly world,
We undergo deep spiritual transformations and return to our unique origin,
Everywhere, we practice with diligence and a sincere heart.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 6 January to 12 January 2005

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *Is the spiritual evolution necessary?*
- 2) *Which opportunity is the right one?*
- 3) *How does divine love shine upon us?*
- 4) *What does it mean that lightness belongs to heaven, and heaviness belongs to earth?*
- 5) *What is the benefit of believing in heaven?*
- 6) *What is the advantage of loving and respecting heaven?*
- 7) *Where is the spiritual heart, so that one can argue about loss and profit?*



San Diego, 06 January 2005 9:07 AM

Q: *Is the spiritual evolution necessary?*

A: The spiritual evolution is very necessary.

Psalm

*Enlightening our mind and seeing our character, we
practice with spontaneity,
Reaching the divine opportunity that is protecting us,
We unify with human compassion and understand on
our own,
That we should practice patience and resignation in
this present life in order to advance on our own.*

San Diego, 07 January 2005 11:05 PM

Q: *Which opportunity is the right one?*

A: The divine opportunity should be called the right one.

Psalm

*We should love and respect God in order to return to
heaven,
With a steady mind and body, we will awaken
ourselves and attain detachment,
Through continuous changes, we will advance in a
timely manner,
With a lively and compassionate heart, we will turn
toward heaven.*

San Diego, 08 January 2005 11:25 PM

Q: *How does divine love shine upon us?*

A: Divine love shines upon us through purity and light.

Psalm

*Divine love shines upon us and everywhere,
Transforming our spiritual consciousness, we will
advance in a timely manner,
Liberating ourselves, we will judge our path of spiritual
evolution clearly,
With our mind inclined to spiritual cultivation, we will
turn toward the World Above and advance together.*

San Diego, 09 January 2005 11:30 PM

Q: *What does it mean that lightness belongs to heaven,
and heaviness belongs to earth?*

A: This is a natural and spontaneous law.

Psalm

*Reunited, we will rejoice together and bring calm and
peace,
The lively divine love will create kind people,
Turned toward purity, we release our impurities and
live in peace and harmony,
Reaching serenity on our own, we will feel joy and
kindness.*

San Diego, 10 January 2005 11:49 AM

Q: *What is the benefit of believing in heaven?*

A: When our spiritual energy is directed upward, we will feel
the soft divine embrace.

Psalm

*With compassionate love, we will purify ourselves and
perfect our consciousness to advance spiritually,
Respectfully thinking about divine love, we will awaken
ourselves to become kinder,
Turned toward heaven, we will practice thoroughly and
won't be tardy,
Serving others with a sincere heart, we will gain
illumination in all aspects.*

San Diego, 11 January 2005 6:08 AM

Q: *What is the advantage of loving and respecting heaven?*

A: Loving and respecting heaven will benefit the spiritual heart.

Psalm

*Advancing directly on the spiritual path, we will
encounter no danger,
Respectfully thinking of the noble heaven, we will
continually advance on our own,
With an incessant flexibility, we will return to unity in a
good manner,
Practicing with diligence and sincerity, we will analyze
the dharma and attain kindness.*

San Diego, 12 January 2005 2:44 AM

Q: *Where is the spiritual heart, so that one can argue about
loss and profit?*

A: Our spiritual heart resides in the sphere of spiritual energy, at our cranial psychic center, which communicates directly with the center of energy of the universe.

Psalm

*Our head projects energy at the center of the sphere
energy,
The light and pure aura advances toward infinity,
Through deep spiritual transformations, we will attain
unity and progress,
Liberating ourselves, we will have a clear judgment
and reach a mutual agreement.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
