



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Reunion

Reunited, our compassionate hearts return to the same unique origin,
Returning to our pure origin through meditative knowledge, we see our human
compassion clearly,
Understanding Heaven and Earth, we rejoice and smile on our own,
Uniting with human compassion, we will live happily.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 13 January to 19 January 2005

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *From where to where does our body run?*
- 2) *Does the circulation ever stop?*
- 3) *What does a continuous circulation mean?*
- 4) *On this earth, what do we have to worry about?*
- 5) *Does loyalty bring any benefit?*
- 6) *On this earth, what are the things we need to do?*
- 7) *What is difficult and cannot be done?*



Psalm

*Reaching equilibrium on the social and spiritual planes, we will analyze and practice on our own,
With a wise mind and a clear judgment, we will advance rapidly,
Releasing our sorrow and worries, we will awaken ourselves to attain purity,
How precious it is to rejoice and work together!*

San Diego, 13 January 2005 6:51 AM

Q: From where to where does our body run?

A: Our body runs from head to toes.

Psalm

*With spiritual practice we will attain serenity,
Saving our own body, we will awaken our consciousness and understand on our own,
Through our incessant flexibility, we will see the spiritual transformation and evolution,
With a calm and happy mind and body, we will build our spiritual consciousness.*

San Diego, 14 January 2005 7:33 PM

Q: Does the circulation ever stop?

A: The circulation is always continuous.

Psalm

*Without stopping, our circulation runs on its own,
It brings deep spiritual transformations that are truly wonderful,
Incessantly, it helps all forms of life,
To allow us to return to our pure origin through meditative knowledge, the circulation runs on its own.*

San Diego, 15 January 2005 1:58 AM

Q: What does a continuous circulation mean?

A: A continuous circulation means that it never stops.

Psalm

*We are responsible for our own misfortunes in life,
As the sphere of dharma develops, we do not liberate ourselves,
After releasing our impurities, we will understand the sphere of dharma thoroughly,
Understanding social and spiritual matters, we will plant our own karmic relations.*

San Diego, 16 January 2005 2:45 PM

Q: On this earth, what do we have to worry about?

A: On this earth, we have to worry about our living.

Psalm

*Loyalty is the foundation of spiritual self-improvement,
The more we perfect ourselves spiritually, the more we will advance, and we will analyze and complement our weaknesses on our own,
Returning to our pure origin through righteous knowledge, we will save our imprisoned body,
Learning continuously, we will awaken our consciousness and devote ourselves to spiritual practice.*

San Diego, 17 January 2005 2:55 PM

Q: Does loyalty bring any benefit?

A: Loyalty is very beneficial for our own self.

San Diego, 18 January 2005 3:08 AM

Q: *On this earth, what are the things we need to do?*

A: On this earth, we need to earn our living.

Psalm

*On this earth, we have to earn a living to feed ourselves,
Karmic debts and social relations force us to become greedy,
Releasing sorrow and worries in our life,
We will practice with sincerity and diligence, and we will no longer harbor desires.*

San Diego, 19 January 2005 3:19 PM

Q: *What is difficult and cannot be done?*

A: It is very difficult to cheat heaven (Figurative expression: To carry stones to patch heaven).

Psalm

*Those who want to hide their ambitions and cheat heaven will find suffering,
Greediness and desires are constantly awaiting them,
Wandering in circles in social and spiritual life, they are unable to return to the pure origin,
We should undergo infinite transformations in the cycle of spiritual evolution.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
