



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Turning to the World Above

Turning to the World Above, we rejoice together and contribute our share,
Building human compassion, we will develop ourselves equally,
With a calm and happy mind and body, we will return to our common origin,
Practicing love and spiritual virtue, we will enlighten ourselves and achieve
happiness.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 20 January to 26 January 2005

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *What is the most complicated matter on earth?*
- 2) *What are sad events on this earth?*
- 3) *Which matter is unfortunate?*
- 4) *In order to release our sorrow and worries, should we yield on our own?*
- 5) *What should we do in order to save ourselves?*
- 6) *This year, everyone is hoping for peace at Christmas?*
- 7) *Why does everyone hope for peace?*



San Diego, 20 January 2005 3:31 PM
Q: *What is the most complicated matter on earth?*

A: Money matters are the most complicated on earth.

Psalm

*Having money or nothing are just lessons for us,
With a worried and agitated mind, we will have
difficulty to sit still,
Lacking the divine opportunities, we will not succeed in
reaching eternity,
With a serene heart, we turn to the World Above to
help with our spiritual progression.*

San Diego, 21 January 2005 3:43 PM
Q: *What are sad events on this earth?*

A: On this earth, sad events are either the death of a Father or a Mother.

Psalm

*Lacking the presence of Father or Mother on this earth
is sad,
With whom can we lament about this loss?
We pity ourselves and grieve for the loss of Father and
Mother,
With a serene heart, we turn to the World Above to
analyze the issue and overcome it by ourselves.*

San Diego, 22 January 2005 1:51 AM
Q: *Which matter is unfortunate?*

A: Owing debts is an unfortunate matter.

Psalm

*Lingering sadness causes a lot of blocked energies,
When our consciousness is not focused, we cannot
attain peace,
Our mind and spirit are unhappy and know no way to
escape,
Practicing the mental invocation of the mantra Nam-
Mo-A-Di-Da-Phat with a sincere heart, we will release
our impurities on our own.*

San Diego, 23 January 2005 2:04 PM
Q: *In order to release our sorrow and worries, should we
yield on our own?*

A: In order to release our sorrow and worries, we should
maintain anonymity.

Psalm

*Remaining anonymous, we will purify our mind to
attain clarity,
Undergoing deep spiritual transformations, we will
perfect ourselves on our own,
Releasing our sorrow and worries, we will awaken our
consciousness and attain wisdom on our own,
With a sincere heart, we practice patience and
resignation to help our own body.*

San Diego, 24 January 2005 2:16 PM
Q: *What should we do in order to save ourselves?*

A: In order to save ourselves, we must devote ourselves to
spiritual practice.

Psalm

*If we love ourselves and want to save ourselves, we
must devote ourselves to spiritual practice on our own,
Developing ourselves spiritually, we will dissipate our
ignorance,
Undergoing deep spiritual transformations, we will
liberate ourselves from our own prison,
Practicing the righteous dharma, we are no longer
ignorant.*

San Diego, 25 January 2005 3:26 AM

Q: *This year, everyone is hoping for peace at Christmas?*

A: This year, everyone is hoping for peace at Christmas.

Psalm

*Everyone hopes that peace will come,
With patience and resignation, we accept the
circumstances and want to correct our own mistakes,
Through self-awakening, we will resolve our problems
and advance in a good direction,
Perfecting our spiritual heart, we will release our
impurities and advance in silence.*

San Diego, 26 January 2005 12:50 AM

Q: *Why does everyone hope for peace?*

A: Because everyone is tired of war.

Psalm

*Everyone fears wars that only bring deaths,
With many devastations and losses, people endure
even more sufferings and hunger,
Everyone is miserable because of the war situation,
Every day, we suffer more because of the misery.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
