



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Serene Heart

With a serene heart, we advance upward and restore peace to our own body,
Resolving our own impurities, our heart is determined,
Loving and respecting the noble Heaven, we turn to the World Above and devote
ourselves to spiritual practice,
Returning to purity and our unique origin, our faith is unchanging.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 27 January to 2 February 2005

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *Why does everyone want to decorate beautifully?*
- 2) *What does it mean when we are willing to beautify our dwelling?*
- 3) *Is divine love noble and precious once we know it?*
- 4) *Does heaven's eternity have any value?*
- 5) *Why does "eternity" mean "boundlessness"?*
- 6) *Is there any benefit in learning with a sincere heart?*
- 7) *Who is true and who is fake?*



San Diego, 27 January 2005 1:01 AM

Q: *Why does everyone want to decorate beautifully?*

A: In a hot country, it is essential to have cleanliness and attractive decoration.

Psalm

*With tenacity, we will build and develop in a beautiful manner,
With bright colors, joy and light will abound,
Everyone appreciates coolness and attractive decoration,
We accept to decorate beautifully to bring peace and joy.*

San Diego, 28 January 2005 8:15 AM

Q: *What does it mean when we are willing to beautify our dwelling?*

A: Those who accept to beautify their dwelling are clean and orderly people.

Psalm

*Good people love and respect their residence,
Decorating in gay and fresh colors will please everyone,
Building incessantly in order to bring beauty,
We will rejoice together when reunited and smile on our own.*

San Diego, 29 January 2005 5:43 AM

Q: *Is divine love noble and precious once we know it?*

A: Once we know it, divine love is infinitely noble and precious.

Psalm

*Divine opportunities shine brilliantly everywhere,
Through deep spiritual transformations, we will reach our goal,
Practicing with sincerity, we will receive the divine love to transform ourselves and attain harmony,
Returning to purity through meditative knowledge, our heart shines brilliantly like Heaven.*

San Diego, 30 January 2005 1:53 PM

Q: *Does heaven's eternity have any value?*

A: The eternity (infinity) of heaven is very valuable.

Psalm

*Heaven's energy is infinitely precious,
Learning profound lessons, we will yield on our own,
Throughout the centuries, the heavenly energy remains unchanged,
Learning infinitely, we will advance on our own.*

San Diego, 31 January 2005 11:46 PM

Q: *Why does "eternity" mean "boundlessness"?*

A: Eternity means that we must work until infinity.

Psalm

*To practice the spiritual method until we reach the goal means infinity,
Releasing sorrow and worries, we will enter the sphere of emptiness,
Karmic relations and divine opportunities will occur without respite,
Practicing with a sincere heart, we will avoid committing errors.*

San Diego, 1 February 2005 3:26 AM

Q: *Is there any benefit in learning with a sincere heart?*

A: To be sincere and to practice patience and resignation are very beneficial.

Psalm

*Returning to purity and our unique origin, we will
analyze clearly on our own,
Realizing our true consciousness, we will save
ourselves,
Through the infinite transformations, our true heart will
appear,
Learning with a calm heart, we will practice with
sincerity.*

San Diego, 2 February 2005 8:33 AM

Q: *Who is true and who is fake?*

A: Those who practice are true, those who do not practice but only speak are fake.

Psalm

*Practicing to attain true knowledge, we will save our
true consciousness,
Learning infinitely, we will awaken ourselves and
devote ourselves to spiritual cultivation,
With an infinite flexibility, we will return to our inner
consciousness,
Practicing with diligence and a sincere heart, we will
analyze the dharma for better practice.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
