

The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Infinite Guidance

With God's infinite guidance, we will return to our pure origin and perfect our spiritual consciousness diligently on our own, Through self-awakening, we will surmount all obstacles on our own, Unifying our human compassion, we will return to the same single origin, With a calm heart, we cultivate our serenity and do not discriminate among noble or lowly.

Respectfully, Vi Kien

Baby Tam Talking To You

from 10 February to 16 February 2005

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

- <u>Questions</u>
 - 1) What things do we lack that are necessary?
 - 2) Is there any harm if there is a lack of relationship?
 - 3) Is there any harm if we lack oxygen?
 - 4) Are people sad when they lack money?
 - 5) When the soul descends on earth with two empty hands, what will it bring back on its return?
 - 6) Why are humans agitated?
 - 7) Why do people have to be poor?



San Diego, 10 February 2005 2:50 AM Q: What do we lack that are necessary? A: We lack things which are related to our body.	<u>Psalm</u> We have needs that are necessary for our body, They are related to nature as well as heaven and earth, With a constant adaptability, we practice to attain knowledge and vital energy, Working constructively together, our heart and mind will pass the test.
San Diego, 11 February 2005 6:00 AM Q: Is there any harm if there is a lack of relationship? A: If there is a lack of relationship, it will be disadvantageous when we need it.	PsalmIf there is a lack of relationship, we will cause affliction to ourselves,When needed, the relationship helps to transform our spiritual consciousness, Returning to our pure origin on the path of divine opportunity and divine guidance, We undergo infinite transformations and practice the silent invocation of the Nam-Mo mantra to advance into the divine sphere.
San Diego, 12 February 2005 4:20 AM Q: Is there any harm if we lack oxygen? A: If we lack oxygen, our body will be unable to move.	<u>Psalm</u> Lacking oxygen, one cannot be alive, The energy will leave the body and cannot resuscitate it, As the body lies still in one place, the mind is obscured, In spite of transformations, the soul remains inactive.
Sydney, 13 February 2005 2:20 PM <i>Q: Are people sad when they lack money?</i> A: People are very sad when they lack money.	<u>Psalm</u> Everyone is sad when he lacks means, Sadness shows in the afflicted mind and the discontent heart, Due to agitation, one can no longer work constructively, Those who practice spiritual cultivation with a sincere heart will no longer have any sorrow.
Sydney, 14 February 2005 12:50 AM Q: When the soul descends on earth with two empty hands, what will it bring back on its return? A: When the soul descends on earth empty-handed, it will return with two empty hands.	<u>Psalm</u> Descending on earth, the soul is empty-handed, And it will return with two empty hands, Freed of sufferings and worries, there is no need for further entanglements, Evolving spiritually with a sincere heart, we follow the law of cause and effect.

Sydney, 15 February 2005 4:24 AM <i>Q: Why are humans agitated?</i> A: Humans are agitated because they fear poverty.	Psalm Worried about poverty, they are sorrowful and agitated, Living in misery, their minds are afflicted and their hearts tormented, Due to agitation, their minds cannot be wise and clear, Those who practice spiritual cultivation with sincerity do not worry about poverty.
Sydney, 16 February 20005 3:05 AM <i>Q: Why do people have to be poor?</i> A: People have to be poor because they lack wisdom.	PsalmLacking wisdom, people are angry and passionate and have difficulty to harmonize,Unable to practice spiritual cultivation, they do not make progress and have difficulty to surmount their difficulties,With a needy and agitated life, they have difficulty to resolve their difficulties and reach harmony, When the heart is agitated and restless, one cannot advance far.

Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.