



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Divine Opportunity

With the lively opportunity granted by God, we practice together to advance
spiritually,

As we transform ourselves and advance continuously, we will surmount the
obstacles on our own,

Approaching the sphere of spiritual energy, we practice the same spiritual Way,
Practicing together, we will advance on our own and truly attain tranquility.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 17 February to 23 February 2005

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *Why do we have to suffer as humans?*
- 2) *Why do profane people think that they can oppress others at will with the power of their money?*
- 3) *What is the law of cause and effect?*
- 4) *Why do people lack food and clothing?*
- 5) *Why do we remain greedy even though we know that greed brings suffering?*
- 6) *Why does our spiritual mind not develop?*
- 7) *What matter is necessary?*



Sydney, 17 February 2005 3:20 AM

Q: *Why do we have to suffer as humans?*

A: We suffer as humans because we lack virtue.

Psalm

*Lacking virtue, we become cruel and harm others,
When we do not cultivate ourselves spiritually, we
cannot make progress and our faces are dull,
Our heart and mind become obscured and we create
passions and commit errors,
When our mind lacks wisdom and clarity, our heart is
also blocked.*

Sydney, 18 February 2005 8:21 AM

Q: *Why do profane people think that they can oppress others at will with the power of their money?*

A: Profane people like to rely on the power and influence of their money in order to oppress others at will. Only the law of cause and effect is able to master them.

Psalm

*The law of cause and effect is indeed the divine law,
Whether a king or a citizen, it punishes equally,
When one harms others, one will be harmed, and
there is no escape,
The law is set justly and does not make errors.*

Sydney, 19 February 2005 1:01 AM

Q: *What is the law of cause and effect?*

A: When we plant the seed (cause), we will harvest the fruit (effect).

Psalm

*Continually, we are subject to the law of cause and
effect and the law of reincarnation,
Which bring sorrow, suffering and hardship to human
beings,
Worrying about all kinds of unnecessary things,
We live in unhappiness and create our own confusion.*

Sydney, 20 February 2005 1:11 AM

Q: *Why do people lack food and clothing?*

A: People lack food and clothing because they are greedy.

Psalm

*People lack food and clothing because of their greed,
They lead a difficult life, lacking happiness and
working hard,
They regret all sorts of things in their erroneous
reasoning,
The body must bear the consequences of the mind's
deeds, and there is no error.*

Sydney, 21 February 2005 1:21 AM

Q: *Why do we remain greedy even though we know that greed brings suffering?*

A: We remain greedy because we fear poverty.

Psalm

*A spiritual adept does not fear poverty and is not
greedy,
Buddha and God are constantly bestowing their Grace
and Guidance upon us,
Loving and respecting the noble heaven, we release
our own impurities to perfect ourselves spiritually,
With a sincere heart, we turn to the World Above and
enter it on our own.*

Sydney, 22 February 2005 1:32 AM

Q: *Why does our spiritual mind not develop?*

A: Our spiritual mind does not develop because of our intransigence.

Psalm

*Because of blinded passions and intransigence, our
mind becomes agitated and blocked,
Through the continuous reincarnations, we form evil
thoughts,
With a restless and agitated heart, we cause our own
grief,
When we cultivate ourselves spiritually and correct our
mistakes with a sincere heart, everything will be
resolved satisfactorily.*

Sydney, 23 February 2005 7:44 AM

Q: *What matter is necessary?*

A: What relates to our mind and body are necessary matters.

Psalm

*The original energy of heaven and earth is very
precious and necessary,
Through our spiritual practice and development, we
will receive it with a sincere heart,
Living in purity and lightness, we dissipate sorrow in
our heart,
Returning to the divine love, we unify with God and
awaken our consciousness.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
