



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

How precious it is...

A focused mind will achieve success, and everyone will enjoy the common bliss,
Practicing with diligence and sincerity, we turn within to analyze ourselves,
Returning to our pure origin, serenity is lighting our spiritual path,
Enjoying peace together, our mind is wise and clear.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 24 February to 2 March 2005

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *How could the world become closer?*
- 2) *What causes war?*
- 3) *What should be done in order to achieve peace?*
- 4) *What can we do in order to achieve peace and tranquility?*
- 5) *What should we do in order to harmonize with destiny?*
- 6) *What is monism?*
- 7) *What is dualism?*



Sydney, 24 February 2005 7:57 AM

Q: *How could the world become closer?*

A: The world will become closer through spiritual self-awakening.

Psalm

*As the world becomes closer, there will be less greed
and agitation,
People will remove the hindrances among themselves,
Achieving harmony and union, they will save
themselves and avoid cruelty,
Releasing our own impurities to advance spiritually, we
will save our own people.*

Sydney, 25 February 2005 8:20 AM

Q: *What causes war?*

A: War is caused by greediness on both sides.

Psalm

*Greediness generates conflicts in all aspects,
Causing evil and blinded passions, it has no
compassion,
Lacking wisdom, people are cruel, passionate and
agitated,
With blocked energies, they oppose each other and
keep fighting each other.*

Singapore, 26 February 2005 2:00 AM

Q: *What should be done in order to achieve peace?*

A: To achieve peace, both sides must be patient and yield to each other.

Psalm

*Only with extreme patience and resignation will we be
able to save ourselves,
When both sides understand each other, they will see
the true spiritual journey,
Through the social opportunities and spiritual love,
they will deeply understand God's true love,
Awakening our own consciousness, we will
understand ourselves with clarity.*

Singapore, 27 February 2005 7:40 AM

Q: *What can we do in order to achieve peace and tranquility?*

A: To achieve peace and tranquility, we should be determined to cultivate ourselves spiritually and achieve spiritual progress.

Psalm

*Through spiritual practice, our mind will become wise
and clear and we will attain peace and tranquility on
our own,
Loving and respecting the noble heaven that shines
upon all spheres,
We are determined to detach ourselves from earthly
emotions and remain serene,
Learning with a calm heart, we will gradually analyze
and understand things on our own.*

Singapore, 28 February 2005 4:35 AM

Q: *What should we do in order to harmonize with destiny?*

A: In order to harmonize with destiny, we must engage ourselves.

Psalm

*We must engage ourselves in order to harmonize with destiny and make progress,
Understanding that this earthly world is only sorrow,
Where people ignore how they bring adversities upon themselves,
We should practice with diligence and sincerity to bring serenity to our true consciousness.*

Singapore, 1 March 2005 4:45 AM

Q: *What is monism?*

A: Monism means to return to the original root.

Psalm

*Returning to the origin, this is the correct path for spiritual cultivation and spiritual progress,
Releasing our impurities, we progress in a clear manner, void of sorrow,
Both social relations and spiritual conditions converge to one single origin,
Practicing the true dharma thoroughly, we neither discriminate the noble nor the lowly.*

Singapore, 2 March 2005 9:45 AM

Q: *What is dualism?*

A: Dualism is for worldly people.

Psalm

*According to the original principle of heaven, humans are born with a limited life,
Practicing with diligence and sincerity, we cultivate ourselves spiritually in this transient life,
Returning to our pure origin, we practice the true dharma,
Developing our wisdom, we clearly see the evolution of our spiritual journey.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
