



The Life Energy Development Weekly

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Email: maioro@yahoo.com
www.voviweb.org

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Learning

Learning infinitely, we will acquire spiritual knowledge on our own and devote ourselves to spiritual cultivation,

Practicing the Vo-Vi method regularly, we will return to the old path,

Developing our wise mind, we will save our own body,

Through infinite transformations, we will awaken our own consciousness to understand the sublime.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 31 March to 6 April 2005

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *Why do we need to shorten the time?*
- 2) *Which matter causes sadness?*
- 3) *Why do we have to remember?*
- 4) *What are earthly relations and heavenly relations?*
- 5) *Who is the Almighty Lord?*
- 6) *On this earth, who understands the original principle?*
- 7) *What is the original principle?*



Atlantic City, 31 March 2005 0:56 AM
Q: *Why do we need to shorten the time?*

A: We need to shorten the time in order to be on time.

Psalm

*Learning continuously, we will advance and surmount
obstacles on our own,
Returning to our origin through meditative knowledge,
we will develop in all domains,
Developing ourselves spiritually in a continuous way,
we will awaken our spiritual heart on our own,
With the fortunate opportunity for divine guidance, we
will understand the dharma thoroughly.*

Atlantic City, 1 April 2005 0:56 AM
Q: *Which matter causes sadness?*

A: Remembrance causes sadness.

Psalm

*Dispersing our energy will cause sorrow and worries,
Learning the deep spiritual lessons, we will live
peacefully on our own,
We will unify with human compassion thanks to our
wisdom,
Constantly working in a constructive manner, we will
return to our origin on our own.*

Atlantic City, 2 April 2005 1:12 AM
Q: *Why do we have to remember?*

A: We have to remember because of our deep loving feelings.

Psalm

*Returning to our origin through meditative knowledge,
we remember the Heavenly Father,
Learning continuously about the deep spiritual
philosophy,
We awaken our own consciousness with the spiritual
teachings,
Practicing and advancing together, we build a deep
relationship on our own.*

Atlantic City, 3 April 2005 1:19 AM
Q: *What are earthly relations and heavenly relations?*

A: Heavenly relations means to receive the divine grace from the Almighty Lord.

Psalm

*The Almighty Lord shines His divine grace every day,
His Light touches our heart deeply and shines
brilliantly,
Developing ourselves spiritually, we will understand
the spiritual teachings thoroughly,
Learning with a sincere heart, we will analyze our
energy clearly.*

Atlantic City, 4 April 2005 1:26 AM

Q: Who is the Almighty Lord?

A: The Almighty Lord is infinite light.

Psalm

*Undergoing deep spiritual transformations, we hide
from profane people,
Practicing thoroughly, we will reach self-awakening
and do not need to pray for favors,
Those who devise plots have an agitated heart and
are worried,
Living in suffering, they do not succeed because of
their agitation.*

Atlantic City, 5 April 2005 1:35 AM

Q: On this earth, who understands the original principle?

A: In order to understand the original principle, one should practice the Vo-Vi method in a righteous manner.

Psalm

*Devoting ourselves to spiritual cultivation, we practice
and advance silently, and avoid cruelty,
Awakening our own consciousness, we will reach
eternity on our own,
The original principle granted by Heaven never
changes,
Developing our wise mind, we will understand the
dharma thoroughly.*

Atlantic City, 6 April 2005 1:44 AM

Q: What is the original principle?

A: It means to know the consequences of all things.

Psalm

*Knowing the good and bad consequences of all things,
We practice thoroughly to attain spiritual knowledge on
our own, and are free of worries,
Returning to our origin through meditative knowledge,
we do not pray for favors,
Learning continuously, we will acquire thorough
spiritual knowledge.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
