



The Life Energy Development Weekly

5 June 2005

Email: maioro@yahoo.com
www.voviweb.org

Published in concurrence with *The Viet LED Weekly 517*

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Transformation

Through deep spiritual transformations, we will understand God and Buddha
thoroughly,

As our compassion expands widely, our mind and body are light,
Developing ourselves spiritually, we will attain the dharma of the heart,
Reaching an infinite serenity, our aura will shine brilliantly.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 7 April to 13 April 2005

Copyright © 2005 by Luong Si Hang & VoVi Multimedia Communication. All rights reserved.

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *What does it mean to learn incessantly?*
- 2) *What does it mean to illuminate one's heart?*
- 3) *What does it mean "to be serene"?*
- 4) *How can we be truly serene?*
- 5) *Which task is the major task?*
- 6) *How should we practice in order to practice in a righteous manner?*
- 7) *What does it mean "to achieve the dharma"?*



Atlantic City, 7 April 2005 3:41 AM

Q: What does it mean to learn incessantly?

A: To learn incessantly means to be continuous.

Psalm

*Practicing continuously, we will see the truth clearly,
Practicing with diligence and sincerity, we will
illuminate our spiritual heart,
Developing our wise mind, we will return to the path of
spiritual progress,
Releasing our sorrow and worries, we are neither sad
nor worried.*

Atlantic City, 8 April 2005 3:51 AM

Q: What does it mean to illuminate one's heart?

A: To illuminate one's heart means to be serene.

Psalm

*With serenity and clarity of mind, we help profane
people,
With a sincere heart, we provide infinite guidance to
the misled person,
Showing him the path to return to the true origin soon,
We learn incessantly and surmount obstacles with our
own efforts.*

Atlantic City, 9 April 2005 3:59 AM

Q: What does it mean "to be serene"?

A: To be serene means not to meddle.

Psalm

*The best way is to be serene and to cultivate
ourselves spiritually on our own,
Analyzing and purifying ourselves with a sincere heart
will bring serenity,
Developing our wise mind, we turn to spiritual practice
to advance spiritually,
Directing our mind to the World Above, we practice
with our own efforts and become a kind person
naturally.*

Atlantic City, 10 April 2005 4:08 AM

Q: How can we be truly serene?

A: By practicing the Vo-Vi method diligently, we will be truly pure, i.e., we will be serene.

Psalm

*Practicing the Vo-Vi method diligently, we will
gradually attain serenity,
Loving and respecting the divine grace, we practice to
develop ourselves spiritually,
Guiding humanity with full devotion, we will evolve
together,
Practicing thoroughly, we will save ourselves and open
a new era.*

Atlantic City, 11 April 2005 0:43 AM

Q: Which task is the major task?

A: The three great tasks are the major tasks.

Psalm

*With a righteous knowledge and a wise heart, we will
save ourselves,
Practicing with a sincere heart and diligence, we will
see the spiritual path clearly,
Returning to our origin through meditative knowledge,
we will understand the spiritual dharma fully,
Undergoing deep spiritual transformations, we will
save ourselves.*

Atlantic City, 12 April 2005 0:52 AM

Q: How should we practice in order to practice in a righteous manner?

A: The correct way is to practice with sincerity and honesty.

Psalm

*Releasing sorrow and worries, we develop our spiritual
mind,
Practicing thoroughly, we will attain spiritual
knowledge and kindness on our own,
Serving others with a sincere heart, we naturally
acquire peace and tranquility,
Developing ourselves spiritually, we practice to
achieve the dharma.*

Atlantic City, 13 April 2005 1:01 AM

Q: What does it mean "to achieve the dharma"?

A: To achieve the dharma means to practice with determination.

Psalm

*Developing our spiritual heart and mind, we will save
ourselves,
Returning to our origin and spiritual truth, we receive
the divine grace,
Learning infinitely, we will enter the sphere of energy
on our own,
Loving and respecting God and Buddha, our heart is
peaceful.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.