



The Life Energy Development Weekly

12 June 2005

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Published in concurrence with *The Viet LED Weekly 518*

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Infinite Guidance

With God's infinite guidance, we will open our spiritual consciousness and realize thousands of accomplishments,
Practicing the meditation exercises with diligence, we will have the opportunity for divine guidance,
Enjoying by ourselves, we will return to our unique origin,
With a compassionate heart, we receive the infinite divine guidance and advance silently.
*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 14 April to 20 April 2005

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *How do we develop ourselves spiritually?*
- 2) *What is spiritual energy?*
- 3) *Is there any benefit in setting up a Vo-Vi mirror at home?*
- 4) *Does a sincere heart bring any benefit?*
- 5) *Which task is useful?*
- 6) *What is the right way to love?*
- 7) *What is the right way to advance spiritually?*



Psalm

*We develop ourselves spiritually by practicing with our own efforts,
Through deep spiritual transformations, we will enter the sphere of energy,
Developing ourselves infinitely, we will cultivate ourselves spiritually and advance on our own,
Practicing the righteous dharma is the path of progress.*

Atlantic City, 14 April 2005 1:09 AM

Q: How do we develop ourselves spiritually?

A: We develop ourselves spiritually by practicing the Vo-Vi meditation.

Psalm

*When our mind turns to the World Above, it will illuminate naturally,
Through deep spiritual transformations, we will analyze ourselves on our own,
Unifying with human compassion, our faith remains unchanged,
Practicing with diligence and sincerity, we will encounter good fortune.*

Atlantic City, 15 April 2005 0:53 AM

Q: What is spiritual energy?

A: Spiritual energy means to receive energy from the universe.

Psalm

*Returning to our origin through meditative knowledge, we practice with sincerity,
With a truthful heart, we respectfully invite The Superior Beings,
We evolve deeply on both social and spiritual paths,
Attesting to our devotion to spiritual cultivation, we practice and advance on our own.*

San Diego, 16 April 2005 4:46 AM

Q: Is there any benefit in setting up a Vo-Vi mirror at home?

A: To set up a Vo-Vi mirror at home attests to the sincere faith of the head of the family.

Psalm

*With a sincere heart, we practice with our own efforts and advance deeply,
Learning infinitely, we appreciate the spiritual wonders,
Our wise mind develops in a lively manner,
Grateful for the divine opportunity, we maintain our thorough and regular spiritual practice.*

San Diego, 17 April 2005 0:48 AM

Q: Does a sincere heart bring any benefit?

A: A sincere heart is very beneficial.

Psalm

*Judging social and spiritual matters clearly, we see our own mistakes,
Releasing our sorrow and worries, we will save our own selves,
Our wisdom shows that we have awakened our mind,
Practicing with sincerity and diligence, we will return to our original position on our own.*

San Diego, 18 April 2005 5:13 AM

Q: Which task is useful?

A: No task is needless.

San Diego, 19 April 2005 7:47 AM

Q: *What is the right way to love?*

A: The right way is to love with truthfulness.

Psalm

*The right rhythm is to love and respect with full
sincerity,
Truly understanding the divine grace, we do not feel
confused,
Developing ourselves spiritually, we will awaken our
consciousness on our own,
Returning to our true origin and serenity, we no longer
harbor illusions.*

San Diego, 20 April 2005 2:08 AM

Q: *What is the right way to advance spiritually?*

A: To advance spiritually with courage and determination is the right way.

Psalm

*With spiritual practice, we will advance forward with
both our mind and body,
Undergoing deep spiritual transformations, we see the
spiritual wonders,
Practicing equally on both social and spiritual paths,
we do not regress,
With a calm and serene heart, we practice the silent
invocation of the mantra Nam-Mo.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
