



The Life Energy Development Weekly

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Email: maioro@yahoo.com
www.voviweb.org

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Spiritual Development

Developing ourselves spiritually, we awaken our mind for knowledge and wisdom,
and devote ourselves to spiritual cultivation,
Liberating our body from imprisonment, we relate to the universe,
Our heart is serene and shines with an infinite brilliance,
Undergoing deep spiritual transformations, we understand our soul and astral body
clearly.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 28 April to 20 May 2005 (no writing from 3 May to 18 May)

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *Which karmic opportunity is a good one?*
- 2) *What is most precious on this earth?*
- 3) *Which matter is most urgent?*
- 4) *Are we sad when our marriage relationship fails?*
- 5) *Is it good to be awakened?*
- 6) *Is there any benefit in loving and respecting the noble heaven?*
- 7) *Is there any benefit in practicing a spiritual method with the mind turned to the World Above?*



San Diego, 28 April 2005 3:18 AM

Q: Which karmic opportunity is a good one?

A: A good karmic opportunity is one related with Heaven and Buddha.

Psalm

*A karmic opportunity related to Heaven and Buddha is
a good opportunity,
Learning infinitely, we will advance on our own,
We clearly distinguish the divine opportunities from
social relations,
To have a tranquil heart and serenity is more precious
than gold.*

San Diego, 29 April 2005 6:55 AM

Q: What is most precious on this earth?

A: Life is most precious on this earth.

Psalm

*Life on this earth is most precious,
It is best to love and forgive,
We should think of the noble heaven to expand our
spiritual path,
To unify with human compassion is more precious
than gold.*

San Diego, 30 April 2005 6:30 AM

Q: Which matter is most urgent?

A: To lose one's homeland is the most urgent matter.

Psalm

*One has to become crazy when an era ends and one
loses one's homeland,
Facing hundreds of troubles, one cannot make a
decision,
Calamities arrive by the will of Heaven,
Praying with a sincere heart, we will be able to save
ourselves and others in all aspects.*

San Diego, 1 May 2005 4:17 AM

Q: Are we sad when our marriage relationship fails?

A: We are very sad when our marriage relationship fails.

Psalm

*Everyone is sad when their marriage relationship fails,
Overly agitated, we have difficulty to advance
spiritually,
We must accept the failure of our karmic relationships,
During the meditative contemplation, we cannot
achieve focus because our mind is restless.*

San Diego, 2 May 2005 3:20 AM

Q: Is it good to be awakened?

A: To be awakened is very good.

Psalm

*It is very good to be awakened through spiritual
practice,
Practicing with diligence and sincerity, we will achieve
the divine opportunity on our own,
To love and respect Heaven and Buddha will increase
our kind thoughts,
To practice with sincerity and honesty is more valuable
than gold.*

San Diego, 19 May 2005

Q: Is there any benefit in loving and respecting the noble heaven?

A: We need to cultivate ourselves spiritually and to make spiritual progress in order to diminish our sorrow.

Psalm

*Developing our knowledge and wisdom, we
understand the spiritual Path clearly,
Learning infinitely, our thoughts and determination are
clear,
Balancing divine opportunities and social relations, we
understand the dharma clearly,
Developing ourselves spiritually, we achieve thorough
knowledge on our own.*

San Diego, 20 May 2005 4:13 AM

Q: Is there any benefit in practicing a spiritual method with the mind turned to the World Above?

A: To practice a spiritual method with the mind turned to the World Above is the path of progress toward infinity.

Psalm

*To practice with the mind turned to the World Above
allows us to achieve the goal easily,
Developing ourselves infinitely will help to bring peace
to our body,
We practice and advance steadily, without stepping
backward,
Expanding our knowledge and wisdom, we will widen
our spiritual path.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
