



The Life Energy Development Weekly

31 July 2005

Email: maioro@yahoo.com
www.voviweb.org

Published in concurrence with *The Viet LED Weekly 525*

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

The Spiritual Way

By purifying our soul and progressing spiritually, we will analyze and understand the dharma,

Dissipating our blocked energies, we also eradicate our greedy character,
Determined to release our impurities, we return to unity to advance spiritually,
Without indecision, we will avoid sorrow in our heart.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 18 June to 24 June 2005

Copyright © 2005 by Luong Si Hang & VoVi Multimedia Communication. All rights reserved.

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *Why are people often fearful?*
- 2) *What is the most difficult task on earth?*
- 3) *What is the easiest task on earth?*
- 4) *What is the most joyous thing on earth?*
- 5) *What do we have to worry about?*
- 6) *What is the benefit of improving oneself through spiritual cultivation?*
- 7) *Which path is shorter?*



Montreal, 18 June 2005 3:02 AM
Q: *Why are people often fearful?*

A: People are often fearful because they do not have a sufficient consciousness of their environment.

Psalm

*With His Divine Love, God provides infinite guidance
to humanity for spiritual progress,
Enjoying the divine blessings, we are no longer
agitated,
Loving and respecting the noble heaven, we develop
our spiritual energy,
Evolving spiritually and making progress on our own,
we do not ask for favors.*

Atlantic City, 19 June 2005 23:53 AM
Q: *What is the most difficult task on earth?*

A: Spiritual cultivation is the most difficult task on earth.

Psalm

*It is very laborious to practice the righteous dharma,
Through self-awakening, we will clearly see our true
spiritual heart,
Undergoing deep spiritual transformations, we will
attain the true dharma,
Returning to our pure origin through meditative
knowledge, we will develop our spiritual path on our
own.*

Atlantic City, 20 June 2005 9:45 AM
Q: *What is the easiest task on earth?*

A: To enjoy food and life's pleasures is the easiest task on earth.

Psalm

*By enjoying food and life's pleasures excessively, our
body will have to suffer,
Through deep transformations, we will build our own
grave,
Having to suffer, we cause our own agitation,
By returning to the practice of a righteous dharma, we
will diminish our grievances.*

Atlantic City, 21 June 2005 9:56 AM
Q: *What is the most joyous thing on earth?*

A: To have a balanced consciousness is the most joyous thing on earth.

Psalm

*Understanding Heaven and Earth, we will practice with
joy and by our own efforts,
Undergoing deep spiritual transformations, we will turn
to purity on our own,
Unifying with human compassion, we will encounter
the spiritual opportunity provided by Heaven and
Buddha,
Practicing with sincerity and diligence, we will
understand the words of Truth clearly.*

Atlantic City, 22 June 2005 0:48 AM
Q: *What do we have to worry about?*

A: We have to worry about our illnesses.

Psalm

*When we lose our equilibrium, our body becomes
restless,
Undergoing deep adaptations, we will be led by
confusion,
Awakening our own consciousness, we will search for
the spiritual dharma on our own,
With a calm heart and serenity, we will avoid
confusion.*

Atlantic City, 23 June 2005 0:58 AM

Q: What is the benefit of improving oneself through spiritual cultivation?

A: To improve oneself through spiritual cultivation is very beneficial.

Psalm

*To practice the righteous dharma is more precious
than gold,
Developing ourselves infinitely, we will return to unity,
Awakening our compassionate heart, we will release
our blindness,
Practicing the righteous dharma, we will avoid
confusion.*

Atlantic City, 24 June 2005 1:04 AM

Q: Which path is shorter?

A: The spiritual path is longer.

Psalm

*In spite of deep transformations, our mind remains
calm,
Showing our true consciousness, we have no
irresolution,
Understanding heaven and earth, our faith is more
solid,
With a serene heart, we search for spirituality and live
a lucid life.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
