



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Fortunate Opportunity

The fortunate opportunity for God's infinite guidance is more precious than gold,
With a pure heart, we practice diligently and live in tranquility,
Opening up our spiritual heart, we have no irresolution,
With a poetic soul, we purify ourselves and analyze the depth of God's guidance.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 12 July to 18 July 2005

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *How can we develop ourselves spiritually?*
- 2) *Where is the spiritual consciousness?*
- 3) *What does it mean that the love pre-arranged by Heaven and Buddha is very noble and sublime?*
- 4) *What situation do we have to worry about?*
- 5) *What is an emergency situation?*
- 6) *Why is the true consciousness in a difficult situation?*
- 7) *Why do profane people easily believe what they encounter?*



<p>San Diego, 12 July 20005 Q: <i>How can we develop ourselves spiritually?</i></p> <p>A: We will develop ourselves spiritually in a natural manner.</p>	<p><u>Psalm</u> <i>Returning to our pure origin, we sincerely practice to develop ourselves and advance in purity and wisdom, Knowing ourselves and acquiring wisdom with our own efforts, we remain constantly flexible, Developing ourselves spiritually, we return to our unique origin, Practicing with sincerity and diligence, we value our body like gold.</i></p>
<p>San Diego, 13 July 2005 Q: <i>Where is the spiritual consciousness?</i></p> <p>A: The spiritual consciousness is located right at the cranial psychic center.</p>	<p><u>Psalm</u> <i>Practicing thoroughly, we will understand ourselves and attain purity by releasing our impurities, Returning to emptiness, we advance joyfully and feel purity and benevolence, Rejoicing ourselves within serenity, we feel peace and harmony, With an infinite flexibility, we attain knowledge and wisdom on our own.</i></p>
<p>San Diego, 14 July 2005 1:05 AM Q: <i>What does it mean that the love pre-arranged by Heaven and Buddha is very noble and sublime?</i></p> <p>A: Love pre-arranged by Heaven and Buddha is very orderly.</p>	<p><u>Psalm</u> <i>Only the World Above can provide infinite love and respect, Through the deep and flexible transformations, we feel the spiritual wonder, With Heaven's infinite guidance, we will advance and work constructively, Clearly receiving grace from the Dharma, we dissipate all worries on our own.</i></p>
<p>San Diego, 15 July 2005 4:30 AM Q: <i>What situation do we have to worry about?</i></p> <p>A: We must worry about an emergency situation.</p>	<p><u>Psalm</u> <i>Who causes the pressing danger that makes me anxious? Having to suffer with the all-year round poverty, I need to worry about hundreds of things, but it is my opportunity to accept this burden, Practicing meditation thoroughly, I will attain true knowledge and develop myself in all aspects.</i></p>
<p>San Diego, 16 July 2005 9:51 AM Q: <i>What is an emergency situation?</i></p> <p>A: Emergency means that it is very difficult to fight back.</p>	<p><u>Psalm</u> <i>Agitation and disorder cause a pressing danger, Lacking wisdom, one will fail in every task, Unable to succeed, one has difficulty to advance and practice meditation thoroughly, Failing to gain profit, one has difficulty to wait and satisfy one's expectations.</i></p>

Psalm

*When the true consciousness is agitated, it is difficult
to attain purity and harmony,
With extreme anxiety, the mind is unclear,
In a pressing situation, true love causes additional
difficulties,
Practicing with sincerity and diligence, we will advance
gradually.*

San Diego, 17 July 2005 10:02 AM

Q: *Why is the true consciousness in a difficult situation?*

A: The true consciousness is in a difficult situation because it did not keep the promised time.

Psalm

*Easily influenced, they easily become agitated and
have no spiritual will,
Failing in their betrayal, they cause agitation,
Having difficulty to progress and to cultivate
themselves spiritually, they become blinded,
With a restless heart and spirit, they generate
confusion.*

San Diego, 18 July 2005 10:15 AM

Q: *Why do profane people easily believe what they encounter?*

A: Profane people easily believe what they encounter because they do not have a strong spiritual will.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.