



The Life Energy Development Weekly

11 September 2005

Email: maioro@yahoo.com
www.voviweb.org

Published in concurrence with *The Viet LED Weekly 531*

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Infinite Guidance

With God's infinite guidance, we return to our pure origin and our mind remains peaceful,

In spite of the deep transformations, we have no confusion,
Social relations and spiritual opportunities will illuminate our heart,
Taking refuge in the teachings of Buddha, we will achieve true consciousness.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 26 July to 1 August 2005

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *What does "resolution" mean ?*
- 2) *Is it good to work on time?*
- 3) *Is there any benefit in serving fellow Vo-Vi practitioners with a sincere heart ?*
- 4) *Is there any benefit in having a deep affection?*
- 5) *What does it mean "awakening of the true consciousness"?*
- 6) *What should we do in order to love and respect Heaven?*
- 7) *What should we do in order to love and respect our Master?*



San Diego, 26 July 2005 1:15 AM

Q: What does "resolution" mean?

A: Resolution means that we do not repeat the errors.

Psalm

*To be resolute means not to repeat the errors,
With a clear and wise mind, we will transform our
social and spiritual life,
Awakening our own consciousness, we will not repeat
the errors,
With a clear and righteous life's path, we will dissolve
worries in our heart.*

Los Angeles, 27 July 2005 5:30 AM

Q: Is it good to work on time?

A: It is very good to work on time.

Psalm

*When we work on time, our work will prosper,
Be patient to achieve success with time,
Thinking of the noble heaven with love and respect,
we do not fear obstacles,
Serving others with a sincere heart will even be better.*

Los Angeles, 28 July 2005 4:10 AM

Q: Is there any benefit in serving fellow Vo-Vi practitioners with a sincere heart?

A: It is very beneficial to our body and mind to serve fellow Vo-Vi practitioners with a sincere heart.

Psalm

*The original principle is exposed to everybody,
Everyone has the opportunity to analyze clearly with
their wise mind,
Practicing and learning together, our heart and mind
are joyous,
Everywhere, we feel affection in our social and
spiritual relations.*

Tokyo, 29 July 2005 4:20 AM

Q: Is there any benefit in having a deep affection?

A: With a deep affection, it is very easy to negotiate.

Psalm

*The deep original principle evolves constantly,
With a deep affection, we keep learning without being
sorrowful,
With patience and resignation, we will appreciate the
value of true talent,
We keep evolving constantly as heaven grants us
clarity of mind.*

Tokyo, 30 July 2005 4:10 PM

Q: What does it mean "awakening of the true consciousness"?

A: "Awakening of the true consciousness" means that we know with our own consciousness.

Psalm

*Awakening our true consciousness, we rectify our
greedy heart on our own,
Learning thoroughly about social and spiritual matters,
we will see and act accordingly,
We practice and fulfill our great vow till we reach the
goal,
Cultivating ourselves spiritually with diligence and
sincerity, we will practice with spontaneity.*

Psalm

*All social and spiritual matters are pre-arranged by
Heaven to provide infinite guidance according to our
karmic opportunities,
Having learned thoroughly the spiritual and social
lessons, we will return to the heavenly sphere,
With constant transformations, agitation will be spread,
Perfecting ourselves spiritually and learning with a
sincere heart, we follow the divine guidance.*

Tokyo, 31 July 2005 7:45 AM

Q: *What should we do in order to love and respect
Heaven?*

A: In order to love and respect Heaven, we should know
that we are nourished by Heaven.

Psalm

*It is such a waste not to practice spiritual cultivation
when the original principle abounds,
As we evolve deeply, we will dissolve our sorrow on
our own,
The main point is to attain self-awakening,
Practicing with diligence and sincerity, we will have the
opportunity to help kind people.*

Tokyo, 1 August 2005 4:45 PM

Q: *What should we do in order to love and respect our
Master?*

A: In order to love and respect our Master, we should
cultivate ourselves spiritually with a sincere heart.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
