



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Righteousness

With the clarity and brilliance of the righteous dharma, we feel the compassionate
love of Heaven,

Practicing the righteous dharma, we open ourselves and purify ourselves,
Loving Heaven and Buddha, we return to our unique origin,
Practicing with diligence and sincerity, we turn within to analyze the mystical
wonders.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 2 August to 8 August 2005

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *What should we do in order to cultivate ourselves spiritually with sincerity?*
- 2) *What is the right way to cultivate ourselves spiritually?*
- 3) *Which path is the path of spirituality?*
- 4) *How do we make progress?*
- 5) *How do we reach harmony?*
- 6) *What is the benefit of joyous songs?*
- 7) *What is the need for enlightening the mind and seeing the character?*



Singapore, 2 August 2005 5:50 PM

Q: *What should we do in order to cultivate ourselves spiritually with sincerity?*

A: In order to cultivate ourselves spiritually with sincerity, we should practice the spiritual method.

Psalm

*With a sincere heart, we practice the spiritual dharma,
Correcting our mistakes and cultivating ourselves
spiritually on our own, we think of Heaven,
Practicing the true dharma, we make no alteration,
Believing in Heaven and thinking of Buddha, our mind
opens up and becomes wiser.*

Singapore, 3 August 2005 4:45 AM

Q: *What is the right way to cultivate ourselves spiritually?*

A: To cultivate ourselves spiritually, we must be resolute.

Psalm

*With resolution, we cultivate ourselves spiritually and
practice and progress on our own,
Worldly scenes display only passion and delusion,
With all kinds of flatteries and deceptions, the mind
can hardly escape,
Devoting ourselves to spiritual perfection, we practice
the spiritual method to rectify our mistakes.*

Singapore, 4 August 2005 3:20 AM

Q: *Which path is the path of spirituality?*

A: The path of spirituality is the path of progress.

Psalm

*Practicing the true dharma, we will develop our
spiritual mind,
Evolving incessantly, we will awaken our
consciousness and cultivate ourselves spiritually,
With wisdom, we clearly analyze social and spiritual
matters,
Practicing with diligence and sincerity, we will make
progress and ascend higher.*

Singapore, 5 August 2005 5:50 AM

Q: *How do we make progress?*

A: We make progress by attaining clarity of mind.

Psalm

*Detaching ourselves from the earthly world, our mind
is awakened,
With a wise and clear mind, we have neither blinded
passions nor delusion,
Loving and respecting the noble Heaven, our heart is
not agitated,
With a serene heart, we feel peace and joy, and have
neither blinded passions nor delusion.*

Singapore, 6 August 2005 8:05 AM

Q: *How do we reach harmony?*

A: We will reach harmony by thinking respectfully of Heaven and Buddha.

Psalm

*Developing our compassionate love, we feel the
progress of our spiritual mind,
Learning infinitely, we cultivate ourselves spiritually to
advance and surmount the obstacles,
Our wise mind clearly analyzes the path of righteous
dharma,
Practicing with a sincere heart, we live peacefully.*

ThaiLand, 7 August 2005 7:40 AM

Q: *What is the benefit of joyous songs?*

A: The joyous songs contain the philosophy of life to be spread to others.

Psalm

*To serve others with a sincere heart is more precious than gold,
Releasing our boundaries, our mind analyzes with clarity and our love remains constant,
With an infinite flexibility, our heart is always kind,
Serving others with a sincere heart, our mind is tranquil and peaceful.*

ThaiLand, 8 August 2005 4:15 PM

Q: *What is the need for enlightening the mind and seeing the character?*

A: We should enlighten our mind and see our character so that we can act in a clearer manner.

Psalm

*We should open our heart and expand our mind in order to advance spiritually,
We clearly analyze our spiritual opportunities and social relations,
Developing our spiritual mind infinitely, we remain humble,
Practicing with diligence and sincerity, our mind analyzes matters with clarity.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
