



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Righteous Knowledge

With a righteous knowledge, we practice the spiritual method to understand the dharma clearly,

With a continuous flexibility, we will project light on our own,
Learning with a serene heart, we turn within to discuss with ourselves,
Practicing the righteous dharma, our heart naturally feels tranquil.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

*from 30 August to 10 September 2005
(no writing on 1 & 2 September, 4 & 5 September 2005)*

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *Which karmic relationship is good?*
- 2) *What does it mean "to enlighten the mind and to see the character"?*
- 3) *What should we do in order to achieve the meditation practice?*
- 4) *Which path is better, the long or short one?*
- 5) *Which karmic relationship is temporary?*
- 6) *Which way of life is called temporary?*
- 7) *Which karmic relationship is impure?*



San Diego, 30 August 2005 12:34 AM

Q: Which karmic relationship is good?

A: A karmic relationship related to Heaven and Buddha is a good one.

Psalm

*Clearly judging social and spiritual matters, we
practice the spiritual method and advance spiritually
on our own,
Releasing our sorrow and worries, we advance rapidly
with our own efforts,
Awakening our own consciousness, we will
understand the dharma clearly,
Deep transformations will give us the opportunity for
achieving spirituality.*

San Diego, 3 September 2005 7:00 AM

Q: What does it mean "to enlighten the mind and to see the character"?

A: To enlighten the mind and to see the character means to know and understand our own selves.

Psalm

*Rectifying ourselves, we will evolve spiritually and
develop our wisdom on our own,
Through a deep spiritual evolution, we will understand
our own selves,
We neither abandon the spiritual opportunities nor the
social relations,
Practicing with diligence and a sincere heart, we will
acquire wisdom on our own.*

Las Vegas, 6 September 2005

Q: What should we do in order to achieve the meditation practice?

A: In order to achieve the meditation practice, we must engage ourselves.

Psalm

*Achieving the meditation practice, we will advance
together with our spiritual practice,
Releasing our sorrow and worries, we connect with the
spiritual energy on our own,
Vo-Vi fellow practitioners in all five continents will
progress together,
Understanding the earthly world, we dissipate our
worries.*

Las Vegas, 7 September 2005, 12:20 AM

Q: Which path is better, the long or short one?

A: The long path is better than the short path.

Psalm

*Cultivating ourselves spiritually, we will develop
ourselves and advance on the long spiritual path,
Undergoing deep spiritual transformations, we all learn
together,
Developing ourselves infinitely, we will progress far
with our own efforts,
Practicing with diligence and a sincere heart, we will
feel tranquility in our body.*

Las Vegas, 8 September 2005 1:20 AM

Q: Which karmic relationship is temporary?

A: A karmic relationship which involves carnal desires is a temporary one.

Psalm

*Our karmic relationship does not last when our heart
and mind are restless,
We should learn infinitely in order to succeed,
There is no limit in spiritual opportunities and social
relations,
Practicing the righteous dharma, we will acquire even
greater wisdom.*

Las Vegas, 9 September 2005 7:20 AM

Q: Which way of life is called temporary?

A: To live within a short period is called to live temporarily.

Psalm

*To practice meditation in a flash is called to live
temporarily,
We will undergo deep transformations in our impure
karmic relationships,
Learning continuously, we will advance spiritually with
our own efforts,
Practicing with thoroughness and determination, we
will develop our mind and acquire wisdom.*

Las Vegas, 10 September 2005 3:30 AM

Q: Which karmic relationship is impure?

A: A sexual karmic relationship is an impure one.

Psalm

*Sexual relations are impure and fetid,
Awakening our consciousness, we will detach
ourselves with resolution and calmness,
With a serene heart, we practice diligently to dissipate
our blinded passions and errors,
With a thorough knowledge, we will awaken our
consciousness and avoid blinded passions and errors.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
