



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Development of the Mind

God arranges the celestial mechanism to awaken our spiritual consciousness,
Developing our spiritual mind, we enlighten our consciousness and advance silently
with our own efforts,

Now is the last opportunity and spiritual cultivation is most important,
Practicing with a sincere heart and diligence, we will save our body and achieve
tranquility.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 16 October to 22 October 2005

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *Is there any benefit when we live in accord with our practice?*
- 2) *Is it good to accept to work ?*
- 3) *Where will we enter with our own efforts?*
- 4) *Where is the right destination to return ?*
- 5) *What will we learn in Heaven ?*
- 6) *What is the Truth?*
- 7) *What is order?*



San Diego, 16 October 2005, 1:15 AM

Q: *Is there any benefit when we live in accord with our practice?*

A: It is beneficial to live in accord with our practice.

Psalm

*With spiritual practice, our life is very happy and peaceful,
Developing our true spiritual heart, we will comprehend the spiritual fragrance on our own,
Awakening our own consciousness, we will educate ourselves with our own efforts,
With calmness and serenity, we live in joy and peace.*

San Diego, 17 October 2005 1:20 AM

Q: *Is it good to accept to work ?*

A: When we accept to work, we will harvest results.

Psalm

*Cultivating ourselves spiritually with a sincere heart, we will advance and release our impurities,
Returning to our pure origin, we will attain meditative knowledge and mentally invoke the mantra Nam-Mo,
Practicing with diligence and a sincere heart, we will enter early with our own efforts,
We vow to practice to reach understanding of the sphere of emptiness.*

Bangkok, 18 October 2005, 1:55 AM

Q: *Where will we enter with our own efforts?*

A: We will step into the universe with our own efforts.

Psalm

*Practicing thoroughly, we will achieve results and understanding with our own efforts,
Releasing our blinded passions and intransigence, we will understand the celestial plan thoroughly,
With a wise mind, we clearly judge the path of spiritual awakening and knowledge,
Practicing the Vo-Vi dharma with a sincere heart, we mentally invoke the mantra Nam-Mo.*

Bangkok, 19 October 2005, 7:45 AM

Q: *Where is the right destination to return?*

A: We should return to Heaven.

Psalm

*To return to Heaven is the right path of spiritual cultivation,
Freeing ourselves of the boundaries with a clear and wise mind, we will advance together,
Developing ourselves infinitely, we will understand the spiritual depth,
Serenity results from our own efforts to cultivate ourselves spiritually and to make progress.*

Bangkok, 20 October 2005 1:10 AM
Q: *What will we learn in Heaven?*

A: We will learn about the Truth in Heaven.

Psalm

*We will learn the Truth in Heaven with our own efforts,
We will understand deeply the words of truth,
We will provide infinite guidance to humanity without
any worldly attachment,
Uniting with the universe, we will advance in a timely
manner.*

Bangkok, 21 October 2005, 2:35 AM
Q: *What is the Truth?*

A: The Truth is immutable.

Psalm

*We should learn with a sincere heart in order to
advance spiritually,
As we advance and release our impurities, we will
clearly judge the truth in both profane and spiritual
worlds,
Unifying with human compassion, we will understand
easily,
Judging wisely profane and spiritual matters, we love
and respect the words of truth.*

Bangkok, 22 October 2005, 9:58 PM
Q: *What is order?*

A: Order means that everything is clear from beginning to
end.

Psalm

*Improving our mind and body, we advance and
transform ourselves in stages,
Understanding clearly worldly and spiritual matters, we
will analyze and examine on our own,
As our mind explains with clarity and wisdom, we will
advance accordingly,
Developing our mind and wisdom, we will achieve
intuitive knowledge.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.