



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Clear Analysis

Analyzing worldly and spiritual matters clearly, we receive the divine Grace,
Unifying with human compassion, we have the opportunity for divine guidance,
Given the existing dharma of spiritual cultivation, we should practice with our own
efforts,

Virtue comes from our diligence and perseverance in our spiritual practice.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 21 October to 27 October 2005

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *What should we do in order to achieve progress in our spiritual cultivation and meditation practice?*
- 2) *What should we do when knowing about the noble Heaven?*
- 3) *Is there any benefit in spiritual practice?*
- 4) *Is there any benefit when we live in accord with our practice?*
- 5) *Is it good to accept to work?*
- 6) *Is there any benefit in respecting and thinking of Heaven and Buddha?*
- 7) *Is there any benefit in cultivating ourselves spiritually and learning with a sincere heart?*



Psalm

San Diego, 21 October 2005 (bis) 10:07 PM

Q: *What should we do in order to achieve progress in our spiritual cultivation and meditation practice?*

A: In order to achieve progress in our spiritual cultivation and meditation practice, we must spend many efforts.

*Practicing with perseverance and efforts, we will
analyze the mystical dharma,
We will clearly see from the impure to the pure,
We should maintain steadfastly our wise mind and
clear analysis,
We will develop ourselves infinitely in the sphere of
emptiness.*

Psalm

San Diego, 22 October 2005 (bis) 10:18 PM

Q: *What should we do when knowing about the noble Heaven?*

A: If we know about the noble Heaven, we should try to arrive there with our own efforts.

*The deep philosophy causes transformations in each
area,
Analyzing Heaven and Earth clearly, we hear the call
to the Celestial Palace,
Comprehending that true spiritual cultivation is true
knowledge,
We clearly analyze and wisely judge our path of
spiritual progress.*

Psalm

San Diego, 23 October 2005 (bis) 1:07 AM

Q: *Is there any benefit in spiritual practice?*

A: We will only achieve true results with spiritual practice.

*With spiritual practice, we will advance and lead a
tranquil life,
Developing ourselves spiritually, we will illuminate our
heart and progress with our own efforts,
Unifying with human compassion, we will develop our
true spiritual heart,
Knowing ourselves and others, we live in happiness
and tranquility.*

Psalm

San Diego, 24 October 2005 (bis) 1:15 AM

Q: *Is there any benefit when we live in accord with our practice?*

A: It is beneficial to live in accord with our practice.

*With spiritual practice, our life is very happy and
peaceful,
Developing our true spiritual heart, we will
comprehend the spiritual fragrance on our own,
Awakening our own consciousness, we will educate
ourselves with our own efforts,
With calmness and serenity, we live in joy and peace.*

San Diego, 25 October 2005 1:20 AM

Q: *Is it good to accept to work?*

A: When we accept to work, we will harvest results.

Psalm

*Serving others with a sincere heart, we will advance
far with our own efforts,
We understand that in the earthly world, we have to
learn the word "harmony",
Developing our spiritual mind and wisdom, we return
to our unique origin,
Cultivating ourselves spiritually and advancing with our
own efforts, we will transform ourselves gradually.*

San Diego, 26 October 2005, 1:40 AM

Q: *Is there any benefit in respecting and thinking of Heaven
and Buddha?*

A: It is beneficial to respect and think of Heaven and
Buddha.

Psalm

*Respecting Heaven and loving Buddha, we will open
ourselves and acquire spiritual knowledge on our own,
Understanding that the earthly world is enchainment,
Where we imprison our body, unable to progress and
lacking order,
We develop ourselves spiritually with our own efforts
to attain tranquility.*

San Diego, 27 October 2005, 1:47 AM

Q: *Is there any benefit in cultivating ourselves spiritually
and learning with a sincere heart?*

A: It is very beneficial that we cultivate ourselves spiritually
and learn with a sincere heart.

Psalm

*Cultivating ourselves spiritually with our own efforts,
we will progress on our own and save ourselves,
Learning with a sincere heart, we remain silent,
With serenity, we rejoice together with all spheres,
Building our virtue, we perfect ourselves spiritually with
our own efforts to save ourselves.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.