

The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Truth and Falsehood

It is a fact that truth and falsehood are mixed up in the human world, We should purify ourselves and need not to worry,

Practicing with diligence, we will awaken ourselves and slowly understand with our own efforts,

Cultivating ourselves equally on the earthly and spiritual planes, we will receive the divine Grace.

Respectfully, Vi Kien

Baby Tam Talking To You

from 28 October to 3 November 2005

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Dear Friends.

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- Do conflicts have any benefit?
- 2) Where does the divine love reside?
- 3) From where to where does the divine love shine?
- 4) What is spiritual awakening?
- 5) Is there any harm when we accept to correct our mistakes?
- 6) What should we do in order to develop ourselves spiritually?
- 7) What exists in the celestial middle sphere?



San Diego, 28 October 2005 1:55 AM

Q: Do conflicts have any benefit?

A: Only through conflicts will we correct our mistakes with our own efforts.

Psalm

Through conflicts, we will learn lessons to advance spiritually on our own,

Learning lessons, we rejoice together and vow to contribute our share,

Practicing the true dharma, we will have the opportunity for Heaven's guidance, Returning to our pure nature through meditative knowledge, we turn within to improve ourselves.

San Diego, 29 October 2005 6:01 PM

Q: Where does the divine love reside?

A: Divine love resides in a light and pure place.

Psalm

God's love is generous and noble and shines everywhere,

Generating infinite transformations, it sows good thoughts,

Developing our mind and body, we will return to a common assembly,

Guiding each other, we learn the principle of glory.

San Diego, 30 October 2005 6:07 PM

Q: From where to where does the divine love shine?

A: Divine love shines everywhere.

Psalm

Through spiritual practice, we will comprehend the good original principle,

Undergoing deep transformations, we will understand the spiritual wonders clearly,

In an instant, we will achieve the return to unification with human compassion.

Cultivating ourselves spiritually with a sincere heart, we will clearly understand things from beginning to end.

San Diego, 31 October 6:21 PM

Q: What is spiritual awakening?

A: Spiritual awakening means that we understand our own mistakes.

Psalm

Repenting our mistakes, we cultivate ourselves spiritually and practice with our own efforts, As we continue to ascend higher, we will release our passions and blindness,

We are no longer agitated by our delusion, Practicing the true dharma, we will develop ourselves spiritually to enter the sphere of energy.

San Diego, 1 November 2005 6:29 PM

Q: Is there any harm when we accept to correct our mistakes?

A: We will only advance further when we accept to correct our mistakes.

Psalm

With repentance, we will progress and practice on our own,

Silently invoking the mantra Nam-Mo, we will illuminate our mind and fill our heart with spiritual thoughts,

Developing ourselves infinitely, we will advance and surmount obstacles on our own,

As we overcome obstacles, we will build our pure palace.

San Diego, 2 November 2005, 6:37 PM

Q: What should we do in order to develop ourselves spiritually?

A: We should serve others with a sincere heart and our spiritual consciousness will develop openly.

Psalm

Understanding Heaven and Earth clearly, we make constant progress on our own,

Releasing blinded passions and intransigence, we feel the weight lifting off our shoulders,

Analyzing worldly and spiritual matters clearly, we will purify ourselves and correct our own mistakes, Practicing the dharma continuously, we will release our grief and sorrow.

San Diego, 3 November 2005, 6:45 PM

Q: What exists in the celestial middle sphere?

A: The celestial middle sphere is the metaphysical world.

<u>Psalm</u>

In the celestial middle sphere, flowers bloom nicely, Fairies stand ready to serve within discipline, Immortal beings sing and dance to exhort people to spiritual cultivation,

Their beautiful hands and feet wave to the spiritual practitioners.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.