



The Life Energy Development Weekly

18 December 2005

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Published in concurrence with *The Viet LED Weekly 545*

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Transformation

Through the deep transformations, we will understand the spiritual wonders clearly,
We now comprehend the spiritual and earthly karmic relations clearly,
Cultivating ourselves spiritually, we will advance with our own efforts and regain our
kindness naturally,
Practicing with a sincere heart, we will advance and surmount obstacles on our own.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 4 November to 10 November 2005

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *Where does the World Above start?*
- 2) *What is the metaphysical world?*
- 3) *How does Heaven's guidance occur?*
- 4) *How do we create the foundation?*
- 5) *How does Heaven's guidance occur?*
- 6) *Where will we advance with our spiritual practice?*
- 7) *How should we love and respect our Master?*



Psalm

*With a harmonious spiritual practice, we will evolve progressively and transform our soul,
Acquiring clear understanding on our own, we return to the path of spiritual cultivation,
Through deep transformations, we understand the spiritual wonders clearly,
Practicing the true dharma, we will understand the spiritual depth clearly.*

San Diego, 4 November 2005 7:06 PM

Q: *Where does the World Above start?*

A: The World Above starts from the psychic cranial center upward.

Psalm

*Understanding the metaphysical world, humans advance accordingly,
Through deep transformations, we will gain kindness naturally,
With an infinite pliancy, we will advance and surmount obstacles on our own,
Practicing the true dharma, we will have the opportunity for Heaven's guidance.*

San Diego, 5 November 2005 6:50 AM

Q: *What is the metaphysical world?*

A: The metaphysical world is concise and very light and pure.

Psalm

*With the opportunity for infinite guidance from Heaven, we advance without worrying,
Learning incessantly, we awaken our consciousness on our own,
Practicing the true dharma thoroughly, we lead a stable and quiet life,
Taking refuge in the dharma of Buddha, we will create our spiritual foundation.*

San Diego, 6 November 2005 7:00 AM

Q: *How does Heaven's guidance occur?*

A: Heaven's guidance occurs by a change of situation.

Psalm

*Practicing the dharma with diligence and efforts, we will change our soul,
Undergoing deep transformations, we will have the opportunity for Heaven's guidance,
Learning with a sincere heart, we will advance and enter the sphere of energy on our own,
Releasing our sorrow and worries, our heart will be blessed.*

San Diego, 7 November 2005, 7:10 AM

Q: *How do we create the foundation?*

A: We create the foundation by spending many efforts.

San Diego, 8 November 2005 7:15 AM

Q: How does Heaven's guidance occur?

A: Heaven's guidance occurs through the shining of energy.

Psalm

*Through the shining of energy, we will advance further
in our spiritual practice,
Understanding Heaven and Earth clearly, we will
advance in a timely manner,
Practicing the spiritual method with a clear mind, we
will express true words,
Developing our spiritual mind and wisdom, we live in
calmness and relaxation.*

San Diego, 9 November 2005, 7:20 AM

Q: Where will we advance with our spiritual practice?

A: We will advance toward infinity with our spiritual practice.

Psalm

*Taking refuge in the dharma of Buddha, we will
achieve results with a sincere heart,
Releasing our sorrow and worries, we have the
opportunity for an early awakening,
Understanding Heaven and Earth clearly, we have no
sorrow,
Practicing the dharma with a sincere heart, we will
acquire tranquility on our own.*

San Diego, 10 November 2005, 7:30 AM

Q: How should we love and respect our Master?

A: We should love and respect our Master by practicing the dharma in a righteous manner.

Psalm

*Practicing the true dharma, we love and respect
Heaven,
Developing ourselves infinitely, we will acquire
calmness and relaxation on our own,
Our mind turned to the World Above, we only think of
Heaven,
Cultivating ourselves spiritually and making progress
with a sincere heart, we learn the words of Truth.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
