



# The Life Energy Development Weekly

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*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## Happy New Year

The Year of the Fire Dog has now arrived with good karmic opportunities,  
Wishing you all to practice the true method diligently,  
May this year be a year for your spiritual progress and happiness,  
May all of you work constructively together to enjoy the merit by yourselves,  
*Respectfully,*  
*Vi Kien*

## Baby Tam Talking To You

*from 18 November to 24 November 2005*

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

### Questions

- 1) *Is it advisable to cause destruction?*
- 2) *Is it good to exploit others to make profits?*
- 3) *Why do people want to make profits?*
- 4) *Is it good to love oneself?*
- 5) *Is it good to love and respect Heaven?*
- 6) *Is it good or bad to owe debts to others?*
- 7) *Is there any benefit in loving and respecting Heaven?*



**Psalm**

*It is most valuable to work constructively with patience,  
It is easier to forgive when being patient and resigned  
than being agitated,  
Developing our mind and body spiritually, we will avoid  
going in circles,  
We should help others with determination instead of  
exploiting them.*

**San Diego, 18 November 2005 12:33 AM**

Q: *Is it advisable to cause destruction?*

A: It is better to work constructively.

**Psalm**

*It is not good to exploit others to make profits,  
Eventually, we will encounter failures and our mind will  
be restless,  
To sow karmic opportunities to provide infinite  
guidance is a good thing,  
It is more precious than gold to help others when  
needed.*

**San Diego, 19 November 2005 12:41 AM**

Q: *Is it good to exploit others to make profits?*

A: It is not good to exploit others to make profits.

**Psalm**

*To plot for personal profits will cause even greater  
agitation,  
One will unknowingly harm oneself and have lesser  
hopes,  
It is much better to develop one's mind and body  
spiritually,  
We should love the noble Heaven that will not  
abandon us.*

**San Diego, 20 November 2005 12:50 AM**

Q: *Why do people want to make profits?*

A: To plot for profits is not advisable.

**Psalm**

*It is essential to cultivate oneself spiritually and to  
advance with one's own efforts,  
Reaching equilibrium on our own, our heart will be  
secure,  
Projecting our soul out of our body to learn spirituality,  
our mind has a clear judgment,  
With compassionate love and spiritual virtue, we know  
the spiritual journey clearly.*

**San Diego, 21 November 2005, 12:57 AM**

Q: *Is it good to love oneself?*

A: Only by loving oneself will one accept to cultivate oneself spiritually.

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**San Diego, 22 November 2005 1:05 PM**

Q: *Is it good to love and respect Heaven?*

A: To love and respect heaven will bring good fortune.

**Psalm**

*With the shining of pure energy, we work  
constructively together,  
Our wise mind clearly judges the path of spiritual  
evolution,  
Developing ourselves spiritually, we will have the  
opportunity for infinite guidance,  
Loving and respecting Heaven and Buddha, we  
silently invoke Nam-Mo-A-Di-Da-Phat.*

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**San Diego, 23 November 2005 1:18 PM**

Q: *Is it good or bad to owe debts to others?*

A: One should repent oneself when owing debts to others.

**Psalm**

*It is hard to return to Heaven if we owe debts on earth,  
Repenting our mistakes, we should cultivate ourselves  
spiritually to develop ourselves and advance in a  
timely manner,  
It is most important to correct our mistakes and to think  
of Heaven,  
With the shining of pure energy, we should cultivate  
ourselves spiritually in a timely manner.*

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**San Diego, 24 November 2005, 1:29 PM**

Q: *Is there any benefit in loving and respecting Heaven?*

A: It is very beneficial to love and respect Heaven.

**Psalm**

*With a clear judgment of social and spiritual matters,  
we will express true words,  
With love and forgiveness, we will advance in a timely  
manner,  
Love and spiritual virtue will bloom into true words,  
Taking refuge in the dharma of Buddha, we will  
receive the grace from Heaven.*



**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

*The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.*

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