



The Life Energy Development Weekly

19 February 2006

Email: maioro@yahoo.com
www.vovi.org

Published in concurrence with *The Viet LED Weekly 554*

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Soul Travel

Traveling in the heavenly sphere, our soul understands clearly all domains,
There is no longer argumentation about the pure or the impure,
The true soul is serene, and we devote ourselves solely to spiritual practice,
When the soul and astral body are reunited, the human being is serene.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 8 January to 14 January 2006

Copyright © 2006 by Luong Si Hang & VoVi Multimedia Communication. All rights reserved.

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *What is a karmic opportunity related to God and Buddha?*
- 2) *What is intelligence?*
- 3) *What does "a deep spiritual transformation" mean?*
- 4) *What should we do in order to take refuge in Buddha?*
- 5) *What should we do in order to practice like Buddha?*
- 6) *What should we do in order to advance spiritually?*
- 7) *What should we do in order to obtain purity?*



San Diego, 8 January 2006 2:11 AM

Q: *What is a karmic opportunity related to God and Buddha?*

A: A karmic opportunity related to God and Buddha means an opportunity for spiritual cultivation.

Psalm

*Practicing the spiritual method, we will attain wisdom
and naturally think of Heaven,
Enlightening our consciousness and seeing our
character, we practice with our own efforts,
We need to cultivate ourselves spiritually and advance
to reach purity on our own,
Developing our mind, we enlighten our consciousness
and advance on our own in our spiritual search.*

San Diego, 9 January 2006 2:40 AM

Q: *What is intelligence?*

A: Intelligence means to have a very clear perception.

Psalm

*With a clear judgment and intelligence, we will
advance by ourselves,
Perceiving the good deeds, we practice to reach
awakening,
With a clear heart and mind, we attain enlightenment
by ourselves,
Through deep spiritual transformations, we clearly
understand the situation.*

San Diego, 10 January 2006

Q: *What does "a deep spiritual transformation" mean?*

A: A deep spiritual transformation means to awaken our own consciousness.

Psalm

*Attaining a deep spiritual awakening, our spiritual
journey is bright,
Developing ourselves infinitely, we will liberate
ourselves,
With intelligence, we will clearly judge the path of
spiritual knowledge and awakening,
Practicing the method to unblock our energies, we will
awaken our own consciousness and examine
ourselves with our own efforts.*

San Diego, 11 January 2006 2:45 PM

Q: *What should we do in order to take refuge in Buddha?*

A: To take refuge in Buddha, we should cultivate ourselves spiritually with a sincere heart.

Psalm

*Understanding the dharma of Buddha clearly, we will
practice with our own efforts,
Resolving our difficulties with clarity, we will advance
rapidly,
Learning with a sincere heart, we will return to our
origin on our own,
Practicing the righteous dharma, we will turn to purity
on our own.*

<p>San Diego, 12 January 2006 2:47 PM Q: <i>What should we do in order to practice like Buddha?</i></p> <p>A: In order to practice like Buddha, we should achieve extreme patience and resignation, and practice the dharma correctly.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Practicing the dharma correctly, we will ascend higher on our own, Releasing our sorrow and worries, we should be sincere with ourselves, It is precious to enlighten our consciousness and see our character, We should practice and achieve development in all aspects.</i></p>
<p>San Diego, 13 January 2006 11:50 PM</p> <p>Q: <i>What should we do in order to advance spiritually?</i></p> <p>A: In order to advance spiritually, we must practice with a sincere heart.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Developing our intelligence, our body is peaceful, Developing ourselves spiritually, we will think of Heaven naturally, Learning with equanimity, we are void of agitation, Awakening our own consciousness, we have no expectations.</i></p>
<p>San Diego, 14 January 2006 12:00 AM Q: <i>What should we do in order to obtain purity?</i></p> <p>A: In order to obtain purity, we should abandon all agitation on our own.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Turned toward purity, we will evolve spiritually without complications, Developing ourselves spiritually, we will clearly see both our noble and lowly nature, Practicing with a sincere heart and diligence, we will attain our position with our own efforts, With a flexible consciousness, we will return to our unique origin.</i></p>



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vo-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.