



The Life Energy Development Weekly

11 June 2006

Email: maioro@yahoo.com
www.vovi.org

Published in concurrence with *The Viet LED Weekly 570*

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

The Divine Principle

The deep and profound divine principle dissipates sorrow in the heart,
The original principle is widely spread by Heaven and Earth,
Human compassion is very precious and we should strive to build it,
We will feel great joy being faithful, trustworthy, and sincere.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 27 April to 3 May 2006

Copyright © 2006 by Luong Si Hang & VoVi Multimedia Communication. All rights reserved.

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *What does it mean when we are still agitated?*
- 2) *What should we do in order to return to our pure origin?*
- 3) *How can we achieve the return to our pure origin?*
- 4) *Which matter is important?*
- 5) *Why do we express the vow to practice the dharma?*
- 6) *Why do we need to cross over?*
- 7) *What can be called "errors"?*



Las Vegas, 27 April 2006 2:25 AM

Q: *What does it mean when we are still agitated?*

A: We are still agitated because we have not yet practiced the spiritual method correctly.

Psalm

*Lacking serenity, we will not be able to receive the spiritual opportunity and guidance from God,
Awakening our consciousness and attaining spiritual knowledge, we should strive to cultivate ourselves spiritually with our own efforts,
Understanding social and spiritual life clearly, we will return to our unique origin,
Developing ourselves spiritually, we will advance and keep perfecting ourselves spiritually on our own.*

Las Vegas, 28 April 2006 2:40 AM

Q: *What should we do in order to return to our pure origin?*

A: In order to return to our pure origin, we must spend great efforts to perfect ourselves spiritually with diligence and perseverance.

Psalm

*By enlightening our consciousness and perfecting our nature, we will attain clarity of mind and wisdom,
We will develop our spiritual foundation during our spiritual practice,
Cultivating ourselves spiritually, we will awaken our consciousness and save ourselves,
The fortunate spiritual opportunity granted by God and His guidance are neverending.*

Las Vegas, 29 April 2006 2:50 AM

Q: *How can we achieve the return to our pure origin?*

A: We can achieve the return to our pure origin by practicing meditation with great diligence and perseverance.

Psalm

*Achieving equilibrium and meditative knowledge, our dharma-body will be tranquil,
Releasing our sorrow and worries, we will reconnect to God on our own,
Returning to unification with the universe, we will attain even greater lucidity,
Developing ourselves spiritually, we will reduce our ignorance.*

Las Vegas, 30 April 2006, 10:10 PM

Q: *Which matter is important?*

A: To practice the dharma is an important matter.

Psalm

*It is important to practice the righteous dharma,
Evolving deeply, we will avoid going in circles,
Returning to our pure origin, we will attain self-awakening and thorough knowledge,
Practicing with great efforts and diligence, we will analyze the subtleties of the dharma.*

Las Vegas, 1 May 2006, 10:20PM

Q: *Why do we express the vow to practice the dharma?*

A: We express the vow to practice the dharma in order to help people in distress.

Psalm

*Accepting to cultivate ourselves spiritually, we will succeed on our own and encounter many fortunate events,
Loving and respecting the noble Lord, we turn within to practice on our own,
It is more precious than gold to practice the dharma to unblock ourselves on both social and spiritual planes,
With perseverance, we practice diligently to cross over with our own efforts.*

Las Vegas, 2 May 2005 10:30 PM

Q: *Why do we need to cross over?*

A: We need to cross over in order to learn.

Psalm

*We have to learn continuously in order to awaken our consciousness,
We practice the dharma to avoid committing errors,
Returning to our origin through meditative contemplation, we will avoid mental distractions,
Awakening our consciousness and attaining spiritual knowledge, we return to our origin without committing errors.*

Las Vegas, 3 May 2006 10:40 PM

Q: *What can be called "errors"?*

A: Errors mean to do something without knowing it.

Psalm

*Living in disorder, we cannot live in tranquility,
Awakening ourselves, we devote ourselves to spiritual perfection in order to release our sorrow,
Living without agitation, we will naturally achieve peace and tranquility,
We should provide infinite guidance to others with a sincere heart in order to live in tranquility.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vo-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.