



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Blue Sky

On the blue sky appear moon and stars,
Thinking sincerely of Heaven, we will have the opportunity to succeed with our own
efforts,

Unifying with human compassion, we turn to Heaven,
Developing our lucid mind, we comprehend the words of truth.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

from 8 Jun to 14 June 2006

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) Which matter should we worry about?
- 2) What should we do in order to understand social and spiritual matters clearly?
- 3) Who is true and who is false?
- 4) What does "a fortunate opportunity" mean?
- 5) What does "complications" mean?
- 6) Why do we need to train ourselves spiritually with a sincere heart?
- 7) Where will we go once we have achieved the spiritual opportunity?



Psalm

*Handling earthly matters with a spiritual
consciousness, there is no need for advice,
It is essential to develop a lucid mind and a wise heart,
Returning to unity, we will not be disturbed by profane
emotions,
The more we devote ourselves to spiritual cultivation,
the more we will advance, and we turn within to
discuss with ourselves.*

San Diego, 8 June 2006 6:15 AM

Q: Which matter should we worry about?

A: We should worry about our survival.

Psalm

*Our consciousness should accept the opportunity for
infinite guidance from God,
We should diligently correct ourselves to attain a lucid
mind and a wise heart,
On our own, we will express the Great Vow in our
heart,
Learning infinitely, we will advance spiritually with our
own efforts.*

San Diego, 9 June 2006, 15:09 PM

Q: What should we do in order to understand social and spiritual matters clearly?

A: We must practice meditation in order to understand social and spiritual matters clearly.

Psalm

*We have been given a treasure with the opportunities
for divine guidance,
Unifying with human compassion, we awaken our
consciousness on our own to enter the sphere of
energy,
Those who theorize without cultivating themselves
spiritually will only dig their grave,
With the divine opportunities and spiritual love, we
perfect ourselves spiritually to advance on our own.*

San Diego, 10 June 2006 15:16 PM

Q: Who is true and who is false?

A: To practice is to be true, to theorize is to be false.

Psalm

*The fortunate opportunities keep coming, and our
heart keeps expecting,
When our mind is lucid and our heart is wise, we will
have the opportunity for divine guidance,
We understand that it is hard to practice in the earthly
world,
Unifying with human compassion, we will encounter
good opportunities.*

El Cajon, 11 June 2006

Q: What does "a fortunate opportunity" mean?

A: A fortunate opportunity means that it is unexpected and brings good luck.

Psalm

*When the mind is restless, the body is not serene,
When we direct our thoughts in a disorderly manner,
we will generate disturbances,
Under hardship and sufferings, our heart is agitated
and lacks serenity,
Practicing the righteous dharma, we will clarify our
mind with our own efforts.*

EI Cajon, 12 Jun2006 1:00 AM

Q: What does "complications" mean?

A: Complications mean that one lacks determination.

Psalm

*Practicing the righteous dharma, we cultivate
ourselves spiritually and advance with our own efforts,
We will dissipate all complications and disturbances,
We must perfect ourselves spiritually with a sincere
heart in order to resolve the difficulties,
Practicing the righteous dharma, we will attain peace,
Taking refuge in the Dharma of Buddha, we will
achieve the spiritual opportunity on our own.*

EI Cajon, 13 June 2006

Q: Why do we need to train ourselves spiritually with a sincere heart?

A: We need to train ourselves spiritually with a sincere heart in order to make progress on our own.

Psalm

*Practicing the righteous dharma, we will have the
opportunity to succeed with our own efforts,
Evolving deeply, we turn within to discuss with
ourselves,
Our spiritual consciousness unites with the universe,
Opening up our lucid mind, we will see the divine
opportunity clearly.*

EI Cajon, 14 Jun2006

Q: Where will we go once we have achieved the spiritual opportunity?

A: Once we have achieved the spiritual opportunity, we will evolve in a good way.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vo-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.