



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Questions

- 1) *Why do we not want to leave?*
- 2) *From where does the low level start up to the high level?*
- 3) *Why do we need the spiritual opportunity?*
- 4) *Why do we need to attain the dharma?*
- 5) *Why do we need to learn and train ourselves?*
- 6) *Why do we need to ascend higher soon?*
- 7) *What does the "dharma-path" mean?*

Baby Tam Talking To You

From 22 June to 28 June 2006

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam



EI Cajon, 22 June 2006

Q: *Why do we not want to leave?*

A: We do not want to leave because the scenery is too beautiful and too relaxed.

Psalm

*The beautiful scenery awakens our consciousness,
and our spiritual heart achieves equilibrium,
Releasing our sorrow and worries, we enter on our
own,
The whole universe is a battlefield to bewitch our soul,
We understand the noble Heaven clearly from the low
to high levels.*

EI Cajon, 23 June 2006

Q: *From where does the low level start up to the high level?*

A: The low level starts at the place where we stop until the high level which is infinity.

Psalm

*The spiritual evolution is deep and infinite,
The more we advance, the more we find joy and
tranquility,
God, the Divine Father, provides us profound and
infinite guidance,
Evolving in a timely manner, we will ascend higher in a
timely manner.*

EI Cajon, 24 June 2006

Q: *Why do we need the spiritual opportunity?*

A: We need the spiritual opportunity to learn and train ourselves.

Psalm

*Learning and training ourselves continuously, we will
reach profound understanding on our own,
With serenity, we will analyze and surmount both
social and spiritual matters,
Achieving union and peace, we will advance far with
our own efforts,
Working constructively together, we will learn harmony
on our own.*

EI Cajon, 25 June 2006

Q: *Why do we need to attain the dharma?*

A: We need to attain the dharma in order to cultivate ourselves spiritually and practice with our own efforts.

Psalm

*Achieving serenity, we will understand our
consciousness on our own,
Developing our lucid mind, we vow to contribute our
work,
Releasing sorrow and worries, our heart attains the
dharma,
Attaining a true heart, we appreciate the deep and
subtle divine principle.*

EI Cajon, 26 June 2006

Q: *Why do we need to learn and train ourselves?*

A: We need to learn and train ourselves in order to understand further the path of spiritual evolution.

Psalm

*Practicing with diligence and perseverance, we will
ascend higher soon,
Learning and training ourselves infinitely, we will
advance far with our own efforts,
Learning with a sincere heart, we work constructively
for common progress,
With a lucid mind, we will understand all domains
profoundly.*

EI Cajon, 27 June 2006

Q: *Why do we need to ascend higher soon?*

A: We need to ascend higher soon in order to return to Heaven.

Psalm

*Practicing the righteous dharma, we will return to
mystical unification,
Understanding social and spiritual life clearly, we
practice with true knowledge,
Returning to our pure origin through meditative
knowledge, we turn toward Heaven,
Developing our lucid mind, we will understand the
dharma-path clearly.*

EI Cajon, 28 June 2006

Q: *What does the “dharma-path” mean?*

A: The dharma-path means to practice with true knowledge.

Psalm

*The cycle of birth, maturity, and death, means
evolution,
Enlightening our mind and seeing our character, we
will understand from the low to high levels,
It is really wonderful to learn until we understand the
bottom,
We maintain a serene heart amid the immense oceans
and the high heavens.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master’s teaching. A final edited version will be formally published at a later date.