



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Unification

Let's unify with affections from humans living here and there,
The universe shines its blessings without end,
When our spiritual virtue abounds, we will understand the subtle transformations of
the original principle,
We need to learn the silent invocation of the six vibratory words Nam-Mo-A-Di-Da-
Phat.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

From 6 July to 12 July 2006

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *Do we achieve joy and harmony when developing our lucid mind?*
- 2) *Why is our mind restless?*
- 3) *What is the right thing to do?*
- 4) *What is needed?*
- 5) *What does it mean to be blinded by passions and errors?*
- 6) *What is a fortunate karmic opportunity?*
- 7) *Why do we need to think respectfully of Heaven?*



Psalm

*Developing ourselves spiritually, we will awaken our consciousness and attain harmony on our own,
Learning and training ourselves with equanimity, we will understand far with our own efforts,
Opening our heart and developing our spiritual consciousness, our body feels at peace,
Turned within to examine and understand ourselves, we naturally achieve joy and harmony.*

EI Cajon, 6 July 2006

Q: Do we achieve joy and harmony when developing our lucid mind?

A: When developing our lucid mind, we will understand far on our own.

Psalm

*Lacking resolution on the social and spiritual path, we feel worried and agitated,
When our lucid mind is still concealed, we will feel very anxious,
Developing ourselves in accordance with our karmic relations, our heart will achieve tranquility,
Practicing the true dharma, we will unblock ourselves and gain understanding on our own.*

EI Cajon, 7 July 2006

Q: Why is our mind restless?

A: Our mind is restless because we worry about many things.

Psalm

*Thanks to the good spiritual opportunity, we will develop ourselves spiritually and achieve understanding on our own,
Awakening our consciousness, we are no longer ignorant,
Understanding clearly Heaven and Earth, we return to the spiritual and social path,
Learning and training ourselves with equanimity, we will awaken our consciousness and attain knowledge on our own.*

EI Cajon, 8 July 2006

Q: What is the right thing to do?

A: The right thing to do is to practice.

Psalm

*Enlightening our mind and seeing our character, we return to a balanced social and spiritual life,
With a lucid mind, we gain a clear understanding, and will have the opportunity for divine guidance,
Developing ourselves infinitely, we awaken our consciousness and turn to spiritual cultivation,
Learning and training ourselves with sincerity, we are no longer ignorant.*

EI Cajon, 9 July 2006

Q: What is needed?

A: To cultivate oneself spiritually is needed.

<p>EI Cajon, 10 July 2006 Q: <i>What does it mean to be blinded by passions and errors?</i></p> <p>A: To be blinded by passions and errors means that we refuse to investigate.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>To be lucid means to analyze clearly social and spiritual matters, Developing our mind and opening our heart, we work constructively to advance spiritually, Taking refuge in the Dharma of Buddha, our heart becomes benevolent, God provides us divine guidance through good karmic opportunities and lets us build our karmic relations naturally.</i></p>
<p>EI Cajon, 11 July 2006</p> <p>Q: <i>What is a fortunate karmic opportunity?</i></p> <p>A: A fortunate karmic opportunity means that it comes unexpectedly</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Good fortune is something that cannot be predicted, Cultivating ourselves spiritually with our own efforts, we will avoid worrisome problems, Thinking of God and Buddha, our heart will open up to the divine love, To cultivate oneself spiritually with diligence and sincerity is more precious than gold.</i></p>
<p>EI Cajon, 12 July 2006</p> <p>Q: <i>Why do we need to think respectfully of Heaven?</i></p> <p>A: When we think respectfully of Heaven, our mind will develop and our consciousness will awaken.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Thanks to the infinite divine guidance, our heart is tranquil, Developing ourselves infinitely, our mind will open up and gain wisdom, God provides us immense love and the opportunity for infinite guidance, Practicing the true dharma, we invoke silently the mantra Nam-Mo.</i></p>



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vo-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.