



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Spiritual Practice

Practicing the righteous dharma, we will save ourselves,
Developing our lucid mind, our heart is tranquil,
Learning and training ourselves with perseverance, we will gain insight on our own,
Thanks to the fortunate opportunity for divine guidance, we will advance in our
spiritual journey.
*Respectfully,
Vi Kien*

Baby Tam Talking To You

From 21 July to 27 July 2006

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *Whom should we rightly love and respect?*
- 2) *What is the purpose of thinking of the noble Heaven respectfully?*
- 3) *What does it mean to violate a law?*
- 4) *What should we do in order to obtain good spiritual opportunities?*
- 5) *What does love mean?*
- 6) *Where does the spiritual heart reside?*
- 7) *Who is responsible for committing a sin?*



Psalm

*Thinking of the noble Heaven respectfully, our heart
will receive divine guidance,
Awakening our own consciousness, we will enter with
our own efforts,
With a serene heart and mind, we silently invoke the
mantra Nam-Mo,
We will advance together with the universe.*

EI Cajon, 21 July 2006

Q: *Whom should we rightly love and respect?*

A: We should rightly love and respect The Lord and Buddha.

Psalm

*If we think of Heaven with sincerity, our heart will
receive divine guidance,
Practicing the righteous dharma, we will understand
the spiritual path thoroughly,
Our heart and mind will develop in a very miraculous
way,
Practicing with diligence and sincerity, we will
understand profoundly.*

EI Cajon, 22 July 2006

Q: *What is the purpose of thinking of the noble Heaven respectfully?*

A: We think of the noble Heaven respectfully in order to understand the original principle of infinity.

Psalm

*To be irresponsible means to be blocked,
One will vainly wait for the non-existent good spiritual
opportunities,
When the heart is not benevolent, it is easy to violate
the law,
It will be difficult to overcome obstacles and make
progress, and the spiritual opportunities will be
uprooted.*

EI Cajon, 23 July 2006

Q: *What does it mean to violate the law?*

A: To violate the law means to commit a wrongdoing.

Psalm

*With a sincere heart, we can easily receive divine
guidance and easily surmount our difficulties,
When our heart is devoted to spiritual cultivation with
sincerity, we will learn harmony on our own,
Remembering Heaven, we think of the World Above,
and take refuge in Buddha,
Practicing the righteous dharma, we will overcome
obstacles on our own.*

EI Cajon, 24 July 2006

Q: *What should we do in order to obtain good spiritual opportunities?*

A: In order to obtain good spiritual opportunities, we must be sincere.

Psalm

*Cordial solicitude means to truly love each other,
Awakening our consciousness, we devote ourselves to
spiritual cultivation and avoid sorrow and worries,
Practicing the righteous dharma, we have neither
blinded passions nor agitation,
Practicing with diligence and a calm heart, both our
physical body and soul will make progress.*

EI Cajon, 25 July 2006

Q: *What does love mean?*

A: Love means cordial solicitude for each other.

<p>El Cajon, 26 July 2006</p> <p>Q: <i>Where does the spiritual heart reside?</i></p> <p>A: The spiritual heart resides at the central point on the top of the head.</p>	<p style="text-align: center;">Psalm</p> <p style="text-align: center;"><i>By developing our head, we will illuminate our true spiritual heart, A brilliant aura results from the five elements and our spiritual progress, Releasig sorrow and worries, we will liberate ourselves from sadness, With a well-balanced heart and body, we return to our unique origin.</i></p>
<p>El Cajon, 27 July 2006</p> <p>Q: <i>Who is responsible for committing a sin?</i></p> <p>A: Sins come from our lack of wisdom.</p>	<p style="text-align: center;">Psalm</p> <p style="text-align: center;"><i>Our mind and body are restless because of the karmic relations, Correcting ourselves with sincerity, we will change the direction toward spiritual progress, Loving and respecting the Lord and Buddha, we will encounter fortunate opportunities, Practicing with diligence and utmost sincerity, we will avoid sorrow and worries.</i></p>



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vo-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.