



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Clear Understanding

Understanding profane and spiritual matters clearly, our heart is open,
Awakening our consciousness to attain knowledge of our own self, our heart is
tranquil,

Learning on our own with a sincere heart, we will avoid errors,
Through the comprehension of profane and spiritual matters, our consciousness will
attain a clear understanding.

*Respectfully,
Vi Kien*

Baby Tam Talking To You

From 9 August to 15 August 2006

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *Is there any benefit in unifying with human compassion?*
- 2) *Is there any benefit in cultivating ourselves spiritually with a sincere heart to make progress?*
- 3) *Is there any benefit in practicing the true dharma?*
- 4) *What is the meaning of "spiritual practice is more worthy than gold"?*
- 5) *What does it mean "to analyze the subtle dharma"?*
- 6) *Who is lucid and who is ignorant?*
- 7) *What does it mean to learn and train ourselves continuously?*



Psalm

*Practicing the true dharma, we will return to a
(balanced) social and spiritual life,
Undergoing deep transformations, we will receive the
opportunity for divine guidance,
Unifying with the universe, our mind is lucid,
Returning to our pure origin through meditative
knowledge, we will achieve success on our own.*

El Cajon, 9 August 2006

Q: Is there any benefit in unifying with human compassion?

A: It is very beneficial to unify with human compassion.

Psalm

*Learning and training ourselves incessantly, we will
advance rapidly on our own,
Thanks to the good spiritual opportunity, we will gain
understanding on our own and receive the divine
blessings,
Unifying with human compassion, our mind is lucid,
Practicing the true dharma, we turn within to search for
our true self.*

HongKong, 10 August 2006

*Q: Is there any benefit in cultivating ourselves spiritually
with a sincere heart to make progress?*

A: When we practice the true dharma with sincerity, our
heart will be tranquil.

Psalm

*Opening our heart and developing our mind, we will
achieve serenity,
Thanks to the good opportunity for divine guidance,
our heart will understand the dharma clearly,
Learning and training ourselves incessantly, our
consciousness will understand the spiritual path,
We will receive divine love and fortunate karmic
relations.*

HongKong, 11 August 2006

Q: Is there any benefit in practicing the true dharma?

A: Our heart will attain clear understanding on its own when
we practice the true dharma.

Psalm

*Developing our lucid mind, our heart will attain serenity
regularly,
Advancing deeply on the social and spiritual path, we
will understand true (divine) love,
Correcting ourselves with our own efforts, we will have
the opportunity for divine guidance,
Cultivating ourselves spiritually with diligence and
sincerity, we will analyze the subtle dharma.*

HongKong, 12 August 2006

*Q: What is the meaning of "spiritual practice is more worthy
than gold"?*

A: Our heart will attain clear understanding on its own with
spiritual practice.

Psalm

*Thanks to the good karmic opportunity, we will develop
ourselves spiritually and our heart will attain a clear
understanding,
Practicing the true dharma, our heart will understand
on its own,
Returning to our pure origin through meditative
knowledge, we will comprehend all domains clearly.*

HongKong, 13 August 2006

Q: What does it mean "to analyze the subtle dharma"?

A: To analyze the subtle dharma means to awaken our
consciousness.

<p>HongKong, 14 August 2006</p> <p>Q: <i>Who is lucid and who is ignorant?</i></p> <p>A: Those who cultivate themselves spiritually and perfect themselves with sincerity will attain lucidity. Those who do not cultivate themselves spiritually with sincerity are ignorant.</p> <p>.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>Cultivating ourselves spiritually with sincerity to make progress, we will understand the spiritual path clearly, Learning and training ourselves continuously, we will surmount obstacles on our own, We will attain wisdom from our social and spiritual karmic relations, Practicing the true dharma, we will achieve clear understanding and surmount obstacles on our own.</i></p>
<p>Bangkok, 15 August 2006</p> <p>Q: <i>What does it mean to learn and train ourselves continuously?</i></p> <p>A: By learning and training ourselves continuously, we will understand the karmic opportunity on our own.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>Enlightening our heart and seeing our character, we advance with equanimity, Practicing the true dharma, we will have the opportunity for divine guidance, Unifying with human compassion, our mind is lucid, Cultivating ourselves spiritually with diligence and sincerity, we will understand our previous karmic relations clearly.</i></p>



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vo-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.