



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Presentation

Understanding social and spiritual matters clearly, we awaken our consciousness
and devote ourselves to spiritual cultivation,
Returning to our pure origin through meditative knowledge, our heart is tranquil,
Learning and cultivating ourselves spiritually with a sincere heart, we will advance
with our own efforts,
Unifying with human compassion, we will have the opportunity for infinite guidance
from God .
Respectfully,
Vi Kien

Baby Tam Talking To You

From 23 August to 29 August 2006

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *How to understand karmic relations from Heaven and Buddha?*
- 2) *What does it mean to succeed on the spiritual path?*
- 3) *How does God provide us the opportunity for divine guidance?*
- 4) *What does "the opportunity for divine guidance" mean?*
- 5) *What is the true spiritual heart?*
- 6) *What does it mean to clearly understand spiritual and social matters?*
- 7) *What does it mean "to achieve tranquility"?*



Psalm

*Serenity means that our consciousness becomes enlightened with its own efforts,
On our spiritual journey, we will meet the karmic opportunity for divine guidance,
Awakening our consciousness, we practice the silent invocation of the mantra Nam-Mo,
Cultivating ourselves spiritually with sincerity to make progress, our consciousness will attain self-knowledge.*

Bangkok, 23 August 2006

Q: How to understand karmic relations from Heaven and Buddha?

A: Karmic relations from Heaven and Buddha help us to achieve serenity.

Psalm

*With a benevolent heart, we will achieve success on our own and return to quietude,
Unifying with human compassion, our consciousness gains understanding and lucidity,
On our spiritual journey, we will develop ourselves spiritually without end,
Practicing the true dharma, our consciousness is enlightened.*

Bangkok, 24 August 2006

Q: What does it mean to succeed on the spiritual path?

A: To succeed on the spiritual path means to understand the original principle of life.

Psalm

*Practicing the true dharma, we will have the opportunity for divine guidance,
Cultivating ourselves spiritually together, we will advance together and return to the unification of our energies,
The deep spiritual transformations are truly miraculous,
Developing ourselves spiritually, we will have the opportunity for divine guidance.*

Kuala Lumpur, 25 August 2006

Q: How does God provide us the opportunity for divine guidance?

A: The opportunity for divine guidance is infinite.

Psalm

*Practicing the true dharma, our heart achieves tranquility,
Returning to our pure origin through meditative knowledge, we will have the opportunity for divine guidance,
Cultivating ourselves spiritually with sincerity to make progress, our consciousness is lucid,
Practicing the true dharma, we will return to the heavenly sphere.*

Kuala Lumpur, 26 August 2006

Q: What does "the opportunity for divine guidance" mean?

A: The opportunity for divine guidance is infinite.

Psalm

*Cultivating ourselves spiritually with sincerity to make progress, we will have the opportunity for divine guidance,
Returning to our pure origin through meditative knowledge, our heart achieves tranquility,
Practicing the true dharma, we awaken our consciousness and become benevolent,
Unifying with human compassion, our consciousness will attain self-knowledge.*

Kuala Lumpur, 27 August 2006

Q: *What is the true spiritual heart?*

A: The true spiritual heart means a sincere heart.

Psalm

*With a determined heart, we cultivate ourselves spiritually with our own efforts to make progress,
Releasing our sorrow and worries, we will dissipate our grief,
Cultivating ourselves spiritually with sincerity to make progress, we live in peace,
Returning to a balanced social and spiritual life, our heart is tranquil.*

Kuala Lumpur, 28 August 2006

Q: *What does it mean to clearly understand spiritual and social matters?*

A: To understand clearly spiritual and social matters means to have a meaningful life.

Psalm

*Practicing the spiritual method, we attain tranquility and feel very peaceful,
Unifying with human compassion, we will have the opportunity for divine guidance,
Accepting suffering and hardship with resignation, we are not anxious,
Cultivating ourselves spiritually with sincerity and diligence, our heart and mind are tranquil.*

Kuala Lumpur, 29 August 2006

Q: *What does it mean “to achieve tranquility”?*

A: To achieve tranquility means to feel at peace.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vo-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master’s teaching. A final edited version will be formally published at a later date.