



The Life Energy Development Weekly

7 January 2007

Email: maioro@yahoo.com
www.vovi.org

Published in concurrence with The Viet LED Weekly 600

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Sublime Purity

The sublime purity guides us abundantly in our spiritual cultivation,
On our own, we deeply understand the spiritual virtue and its awards,
Invoking silently the mantra Nam-Mo-A-Di-Da-Phat with diligence, we awaken our
own consciousness,
We develop ourselves and advance continuously within love.
*Respectfully,
Vi Kien*

Baby Tam Talking To You

From 23 March to 29 March 1997

Copyright © 2006 by Luong Si Hang & VoVi Multimedia Communication. All rights reserved.

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *Why do those who do not yet understand the spiritual path oppose the spiritual path?*
- 2) *Who is responsible for creating karma and accumulating karma?*
- 3) *Why do people who have practiced meditation for a period and understood some of the sublime spirituality all wish to introduce the meditation method to others?*
- 4) *Should we drop the opportunity of practicing love and forgiveness?*
- 5) *On this earth, are rich people better off than poor people?*
- 6) *How can a poor spiritual adept respond to the needs of society?*
- 7) *What does love and affection mean?*



<p>Sydney, 23 March 1997 6:20 AM</p> <p><i>Q: Why do those who do not yet understand the spiritual path oppose the spiritual path?</i></p> <p>A: Those who do not yet understand the spiritual path, but oppose the spiritual path, will obscure their mind more and more each day, because the spiritual path is in essence emptiness and equilibrium. These people are like those who point their guns to shoot at Heaven, once they run out of ammunition, they would need to surrender.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>How could we oppose our own consciousness, The original principle granted by God is always clear, It guides our souls toward spiritual awakening and knowledge, Let's devote ourselves to spiritual cultivation in order to see our spiritual journey clearly.</i></p>
<p>Sydney, 24 March 1997 3:30 AM</p> <p><i>Q: Who is responsible for creating karma and accumulating karma?</i></p> <p>A: Human beings have created karma and accumulated karma. They must cultivate themselves spiritually and attain spiritual awakening with their own efforts.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Going through cycles of reincarnation, we have no way to smile, Devoting ourselves to spiritual cultivation with diligence and sincerity, we will restore vitality to ourselves, We already possess human compassion, so why do we procrastinate? Awakening our consciousness and attaining tranquility, we live a fully content life.</i></p>
<p>Sydney, 25 March 1997 4:45 AM</p> <p><i>Q: Why do people who have practiced meditation for a period and understood some of the sublime spirituality all wish to introduce the meditation method to others?</i></p> <p>A: This is the law of borrowing the dharma and paying back the dharma. It exists spontaneously and naturally in the consciousness of every soul on this earth.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>With the contemplative meditation, we make accomplishments and know our physical body clearly, Changing into good health, happy and peaceful, Freed of nagging worries, we rejoice in providing infinite guidance to others, Feeling joy while helping our soul to evolve spiritually.</i></p>
<p>Cairns, 26 March 1997 3:20 AM</p> <p><i>Q: Should we drop the opportunity of practicing love and forgiveness?</i></p> <p>A: The opportunity to practice love and forgiveness is more precious than gold. We should not drop the opportunity to "return good for evil". Our compassionate heart will develop after a period of resignation and patience.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Cultivating ourselves spiritually with diligence and great efforts, we will unblock ourselves with our own efforts, We remain loyal to the practice of love and forgiveness, Following this practice with perseverance, our consciousness will awaken, As our spiritual light appears like the sunrise, we will develop our circle of energy on our own.</i></p>

Cairns, 27 March 1997 4:30 AM

Q: *On this earth, are rich people better off than poor people?*

A: It depends on the level of understanding of each person, who will comprehend the original principle of each situation differently.

For example, if we are rich, we must understand on our own why we are richer than others. Does our wealth come from our diligence, thriftiness, and hard work, or the accumulation of religious merits from previous existences? When the seed is good, the fruit will be good. If all events occur smoothly, the results will be satisfactory.

On the other hand, we can be poor because of our lazy nature. We do not want to engage ourselves to serve the people following us. We will feel more and more isolated, sad, and angry each day, and we will end up lacking everything, from affectionate feelings to material needs. If we do not accept to engage ourselves with diligence to perfect ourselves spiritually and correct our mind and body, we will weaken ourselves more each day. People call this type of person a coward, who seeks to create trouble and cause disorder. Eventually, we are unable to save ourselves and cannot serve anybody. We are then no different than destructive viruses. If we accept to engage ourselves into spiritual cultivation and correct our mistakes, we will have the opportunity to understand ourselves much more in order to save ourselves. If we develop ourselves constructively and expand our spiritual sphere, we will no longer be poor and miserable.

Psalm

*With spiritual practice, we will develop ourselves
spiritually and awaken our consciousness,
Releasing our sorrow and worries, we will no longer
shed tears like rain,
Our lucid mind clearly judges the path of righteous
knowledge,
Returning to our unique origin, our mind will shine
brilliantly.*

Cairns, 28 March 1997 1:30 AM

Q: *How can a poor spiritual adept respond to the needs of society?*

A: A spiritual adept who is poor but not greedy will truly respond to the needs of society with his spirit of service.

Psalm

*Lacking money does not mean being ignorant,
Those who serve others with a sincere heart do not
need spiritual cultivation,
To awaken our spiritual consciousness is worthy and
precious,
True spiritual cultivation means to correct ourselves to
evolve spiritually.*

Cairns, 29 March 1997, 6:45 AM

Q: *What does love and affection mean?*

A: Love and affection means to practice and advance together. We cultivate ourselves spiritually in the same direction, which is the practice of extreme patience and resignation.

Psalm

*Practicing together, we correct ourselves and advance
together on the same path,
We do not abandon each other and cause wicked
acts,
Perfecting ourselves and advancing continuously, we
awaken our consciousness,
Attaining the consciousness of harmony and spiritual
knowledge, we do not differentiate among each other.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.
