



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Rebirth

Rebirth is the original principle of Heaven to provide guidance,
Turned within, we seek explanations with clarity and wisdom to dissipate our doubts,
Whether at a high or low level, they become a means for us to evolve further,
Whether there is existence or non-existence, we keep analyzing the spiritual path.

Vi Kien

Baby Tam Talking To You

From 8 June to 15 June 1997

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *How can we save ourselves?*
- 2) *How can we return to the supernatural sphere?*
- 3) *Where does compassionate love come from?*
- 4) *How is the good karmic relation established for two people to love each other?*
- 5) *Is there any benefit to have a belligerent nature?*
- 6) *What should we do in order to improve our spiritual consciousness?*
- 7) *What should we do in order to achieve sincerity?*



<p>Montreal, 8 June 1997 3:50 AM</p> <p><i>Q: How can we save ourselves?</i></p> <p>A: We should apply the original energy of Heaven and Earth to purify our mind and body, and harmonize our energy with the energy of Heaven and Earth. Eventually, we will be able to know clearly our own position: Only when our soul evolves in the right direction, will all issues be resolved in a happy and peaceful manner.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>Awakening our consciousness, we realize on our own the essence of a true spiritual path, With an enlightened mind and a clear heart, we feel happiness within, All three spheres cooperate to purify and advance together, With a sincere heart, we practice diligently to rejoice by ourselves.</i></p>
<p>Montreal, 9 June 1997 4:35 AM</p> <p><i>Q: How can we return to the supernatural sphere?</i></p> <p>A: The supernatural sphere is the original home of the soul. We need to cultivate ourselves spiritually to reach equilibrium with our own efforts. Only then will we have the opportunity to return to the supernatural sphere which is beautiful and eternal.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>With spiritual practice, we develop our heart and mind to reach wisdom, With an awakened consciousness and a calm heart, we clearly understand our thoughts and emotions, No longer seeking personal profits, we will develop our spiritual heart, Communicating with calmness and serenity, we will attain wisdom with our own efforts.</i></p>
<p>Montreal, 10 June 1997 2:50 AM</p> <p><i>Q: Where does compassionate love come from?</i></p> <p>A: Compassionate love comes from the actions and reactions of life after seeing the sufferings due to the ungratefulness of human relations. People kill each other to survive, and then help and save each other once their heart has been touched.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>The recurring cycles help us to reach wisdom after a clear analysis, We want to help and save each other, once we gain a thorough understanding, We express the vow to provide salvation and guidance with a sincere heart, With a calm heart, we are serene both inward and outward.</i></p>
<p>Montreal, 11 June 1997 4:10 AM</p> <p><i>Q: How is the good karmic relation established for two people to love each other?</i></p> <p>A: The good karmic relation for two people to love each other is established from the level of spiritual energy of both parties. Once they meet each other, they will think of each other, and will never forget each other.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>The good karmic relation causes us to change ourselves and to beautify ourselves, With strong emotions, we love each other and constantly think of each other, Ungrateful circumstances are unable to separate us, We work constructively together and stay in the same boat.</i></p>

<p>Montreal, 12 June 1997 4:45 AM</p> <p><i>Q: Is there any benefit to have a belligerent nature?</i></p> <p>A: To have a belligerent nature with the habit of opposing others is completely useless for the mind and body. On the contrary, to know how to harmonize with others will give us the opportunity to liberate ourselves. We will only make progress, and will not regress.</p>	<p style="text-align: center;">Psalm</p> <p><i>With a harmonious mind and body, we are enlightened and understand earthly matters clearly, We are no longer attached to the karmic cause and effect, We practice together within harmony to attain greater enlightenment, Knowing ourselves and understanding others, we see that our body comes from God.</i></p>
<p>Montreal, 13 June 1997 12:50 AM</p> <p><i>Q: What should we do in order to improve our spiritual consciousness?</i></p> <p>A: In order to improve our spiritual consciousness, we must perfect ourselves spiritually, and turn toward the World Above to harmonize with the center of energy of the universe. Only then will we have the opportunity to cultivate our consciousness to attain purity, lightness, and enlightenment. We should turn our heart toward Heaven in order to have the opportunity to unify with God. We should advance spiritually and return to our origin in order to understand the original principle of birthlessness and eternity of Buddha.</p>	<p style="text-align: center;">Psalm</p> <p><i>Understanding the original principle clearly, we seek explanations on our own, With an awakened consciousness and a calm heart, we do not commit errors, The law of cause and effect is obvious and immovable, Returning to emptiness, lightness, and purity, we may still have a good opportunity.</i></p>
<p>Montreal, 14 June 1997 2:55 AM</p> <p><i>Q: What should we do in order to achieve sincerity?</i></p> <p>A: In order to achieve sincerity, we should remember the original principle of naturalness and spontaneity and freely detach ourselves from all issues in front of our eyes and within our consciousness. As a result, we will attain peace and tranquility, and we will devote ourselves to spiritual perfection and attain harmony more easily. In other words, we will release our karma, and we will no longer want to get a grip on any issue, whether it is a big one or a small one.</p>	<p style="text-align: center;">Psalm</p> <p><i>We practice detachment and free ourselves of anger, As we develop our heart and mind, we will understand more clearly, As our spiritual virtue flows abundantly, we do not get a grip on anything, Returning to emptiness, purity, and lightness, we naturally regain our original nature.</i></p>



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.