



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Return To Emptiness

Returning to emptiness, we feel light and pure during our whole lifetime,
Learning and training ourselves continuously, our mind is fresh and brilliant,
Awakening our consciousness, we devote ourselves to spiritual perfection with our
own efforts, and practice and advance together,
Developing ourselves spiritually, we will understand Heaven clearly one day.

Vi Kien

Baby Tam Talking To You

From 16 August to 22 August 1997

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *Where does God's noble and precious love reside?*
- 2) *What will happen to humans if they understand clearly the position of evolution of each practitioner on earth?*
- 3) *What does "method" mean?*
- 4) *Why do earthly people with earthly eyes like to fight and compete against each other?*
- 5) *Who gives blessings and grants life to humans?*
- 6) *Why are there always dangerous storms in the universe?*
- 7) *How can people retain the pure light?*



<p>Atlantic City, 16 August 1997 3:50 AM</p> <p><i>Q: Where does God's noble and precious love reside?</i></p> <p>A: God's noble and precious love resides in His divine blessings and constructive work, such as the creation of light for the common enjoyment of all creatures.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>God's infinite guidance brings equilibrium and helps us to advance and surmount obstacles, Undergoing unending transformations, our life is subject to previous karmic relations, Judging social and spiritual matters clearly in both the pure and impure worlds, We save the suffering and spread joy to others without creating sorrow.</i></p>
<p>Atlantic City, 17 August 1997 2:30 AM</p> <p><i>Q: What will happen to humans if they understand clearly the position of evolution of each practitioner on earth?</i></p> <p>A: If humans understand the position of evolution of each practitioner clearly, life on earth will be peaceful, happy, and full of liveliness.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>Being and non-being alternate as a law to lead us into spiritual cultivation, By returning to the source of our pure origin, we will escape from imprisonment in our body, God bestows His blessings upon us by sowing opportunities for infinite guidance, Facing hardship and suffering, we do not lament, and on our own, we awaken our consciousness and turn to spiritual cultivation.</i></p>
<p>Atlantic City, 18 August 1997 1:40 AM</p> <p><i>Q: What does "method" mean?</i></p> <p>A: "Method" means a way to guide the soul toward progress within lucidity. Only through practice will we see results, and neither through theoretical argumentation nor by imposing rules to constrain the practitioners. The Practical Method of Vo-Vi Esoteric Science and Dharma of Buddha is based on complete freedom. The practitioners can only obtain good results when they agree to practice meditation voluntarily.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>Accepting to cultivate ourselves spiritually to make progress, we will surmount obstacles with our sincere heart, The Vo-Vi practitioners resolve their sorrow and worries on their own, By releasing the impure energy and preserving the pure energy, we awaken our consciousness, Attaining equilibrium, purity and lightness, we live in tranquility.</i></p>
<p>Atlantic City, 19 August 1997 3:30 AM</p> <p><i>Q: Why do earthly people with earthly eyes like to fight and compete against each other?</i></p> <p>A: Earthly people with earthly eyes like to fight and compete against each other because they have not yet developed their spiritual mind, their heart is blocked, and they wrongly believe that power and social status are above all. In contrary, for those who practice the Practical Method of Vo-Vi Esoteric Science and Dharma of Buddha, lightness, purity, and lucidity are above all. We practice patience and resignation in order to elevate ourselves to a higher sphere, and not in order to seek personal gains.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>With spiritual practice, we release our karma and advance in all aspects, Awakening our consciousness, we analyze ourselves with equanimity, Both social and spiritual paths diligently provide us opportunities to work constructively and advance, Developing ourselves spiritually on our own, we turn within for self-analysis.</i></p>

<p>Atlantic City, 20 August 1997 5:15 AM</p> <p><i>Q: Who gives blessings and grants life to humans?</i></p> <p>A: Pure energy spreads upon all living creatures on earth to allow them to live together. God only waits for the day of our spiritual awakening.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>The divine light shines equally and harmoniously on each generation of rich and poor, Those who have not achieved awareness, will have difficulty to turn to spiritual practice, Lacking a spiritual heart and mind, they are unable to progress, Developing ourselves spiritually with a serene heart, we will surmount obstacles and advance on our own.</i></p>
<p>Atlantic City, 21 August 1997 1:30 AM</p> <p><i>Q: Why are there always dangerous storms in the universe?</i></p> <p>A: After the conflicts and perturbations comes the law of survival. After the impure comes the pure. After suffering comes bliss. It is how the four seasons (Spring, Summer, Fall, and Winter) have developed and provide constructive guidance so that all living beings may advance together.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>Working constructively and incessantly, we release sorrow in our heart, With lucidity and a wise heart, we feel tranquility, Karmic relations and karmic debts on earth provide us constructive guidance to advance further, Learning with equanimity, we will see our previous karmic relations clearly.</i></p>
<p>Atlantic City, 22 August 1997 2:55 AM</p> <p><i>Q: How can people retain the pure light?</i></p> <p>A: People with a benevolent heart will be able to receive and retain the pure light of God. When we keep good habits and practice well, our sacred soul will illuminate.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p><i>With a lucid mind, we awaken our consciousness and turn within to analyze ourselves, Realizing a true practice, we feel tranquility, With calmness, we will perceive the goodness of divine love, Practicing with a sincere heart, we feel inner peace.</i></p>



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.