



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Sincere Heart

Practicing the dharma with a sincere heart, we see truth and falseness clearly,
Practicing the dharma of Buddha with a true consciousness, our soul will be able to
leave our body with its own efforts,
Learning and training ourselves continuously, we will know our own selves clearly,
Returning to our pure origin, we turn within to analyze ourselves and attain
harmony.

Vi Kien

Baby Tam Talking To You

From 25 October to 31 October 1997

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *Why do earthly people like to praise love?*
- 2) *What should we do in order to attain peace in our mind and body?*
- 3) *How can we know that the love of God is present everywhere?*
- 4) *Why does everybody expect something?*
- 5) *What does a clear and open itinerary mean?*
- 6) *How does God's love bring about transformations?*
- 7) *Why do rich people get greedier each day?*



Montreal, 25 October 1997 3:00 AM

Q: Why do earthly people like to praise love?

A: Earthly people like to praise love because they only know one aspect and not both of them, but wrongly believe to be right. If there is love, there must also be hatred, and there are many kinds of love: To satisfy one's sexual desire is also called love. On the other hand, to love God, to love Buddha, to resolutely abandon the earthly path to enter the spiritual path, is truly a complete love. We will surmount the obstacles so that our soul will avoid falling into decadence in the future. We will evolve toward infinity. This will be true love. Our whole body will be pure and light, and we do not accept any impurity to invade our consciousness. We will nurture goodness and purity in the cycle of spiritual evolution, and truly return to emptiness, lightness, and purity.

Psalm

*With a sincere heart, we devote ourselves to spiritual cultivation with diligence,
And turn our consciousness toward the eternal heavenly scene,
We are no longer procrastinating and worried,
Our heart is completely void of agitation,
With equanimity, we learn and train ourselves to return to our homeland.*

Atlantic City, 26 October 1997 7:03 AM

Q: What should we do in order to attain peace in our mind and body?

A: In order to attain peace in our mind and body, we must practice the spiritual method of releasing the impure and preserving the pure. Gradually, we will clearly see the bad habits which have been developing in our mind and body in order to correct ourselves and progress further. Otherwise, we will only increase our bad habits and bad character, our karmic forces will augment, and we will experience even greater suffering.

Psalm

*Through spiritual practice, we improve ourselves and advance further with our nightly transformations,
Understanding the stupidity of our soul, we will correct ourselves further with our own efforts,
Harmonizing with the will of Heaven, our heart is not agitated,
With an awakened consciousness, we understand the principle of eternity, and attain peace with our own efforts.*

Atlantic City, 27 October 1997 5:00 AM

Q: How can we know that the love of God is present everywhere?

A: Every divine blessing from a blade of grass to light comes from the Creator to help humans grow and progress. They can be seen everywhere, such as: rice to provide warmth and human love, and the abundant energy supplied continuously to humanity, are both closely related in their constructiveness. Humans are agitated because of their greediness. They forget the grace and blessings of Heaven and Earth to provide them with infinite guidance. As a result, they become arrogant, do not engage themselves in spiritual cultivation, and waste completely their spiritual evolution.

Psalm

*Without spiritual perfection, they do not know the itinerary of progress,
Creating agitation and worries, they only create sorrow,
When the timetable is unclear, the heart becomes agitated,
Practicing in an orderly manner, we will attain tranquility with our own efforts.*

Atlantic City, 28 October 1997 2:55 AM

Q: Why does everybody expect something?

A: When everybody accepts to build their faith within serenity, they will always expect a beautiful blessing in their inner consciousness, which is nothing else but peace and tranquility.

Psalm

*With love and remembrance, we awaken our own
consciousness and turn within to discuss and analyze
ourselves,
Meeting each other, we rejoice together and feel inner
peace,
When we unify with human love in our consciousness,
This is the good message granted by God.*

Atlantic City, 29 October 1997 5:00 AM

Q: What does a clear and open itinerary mean?

A: When we have not yet practiced the Practical Method of Vo-Vi Esoteric Science and Dharma of Buddha, we are usually subject to rivalries, intransigence, and worries. After practicing the Vo-Vi method for over 3 years, we will see our bad character and bad habits more clearly every day. We would then be willing to correct our mistakes and progress further. The more we advance, the more we will open our mind and consciousness. We will feel more lucid than in the past, we will build a good habit for ourselves, our generosity will expand more and more every day, and we will see both social and spiritual paths clearly.

Psalm

*Engaging ourselves to correct our mistakes, we will
ascend higher with our own efforts,
Liberating our heart and mind, we will enter on our
own,
Practicing with flexibility and sincerity,
We clearly understand Heaven and Earth, and our
energy flows abundantly.*

Atlantic City, 30 October 1997 6:25 AM

Q: How does God's love bring about transformations?

A: God's love brings transformations in the brains of all living creatures. Every creature will understand in a different way in accordance with their level, and they will either be able to perceive it in a direct or indirect manner.

Psalm

*God's love is granted to every consciousness, and
they all have the same origin,
Whether they have a high or low level, they are all
equal and should not regress,
Cultivating ourselves positively, we search for a way of
liberation,
With our own efforts, we rejoice when our body
releases impurity and retains purity.*

Atlantic City, 31 October 1997 4:50 AM

Q: Why do rich people get greedier each day?

A: Rich people want to have more and more possessions each day. Once you are riding a tiger, you do not want to stop, because you are afraid of being bitten by the tiger. There is no way to save yourself.

A spiritual adept's goal is to liberate himself from imprisonment, his soul will turn to the World Above and purify itself with its own efforts. This is the right way. Otherwise, if a spiritual adept continues to pray for favors, he will imprison himself in darkness. His worries will augment every day, his mind will suffer and his body will be restless. He must then live in accordance with the law of cause and effect. When he dies, he will learn about greater suffering than common people, and it will be difficult for him to eradicate his sin of greediness and lust.

Psalm

*After death, they will become ghosts and demons,
In hell, they must be punished and kneel down,
They encounter unending suffering within agitation,
Experiencing alternating joy and sadness, they
participate in the school of life.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.