



The Life Energy Development Weekly

30 September 2007

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Published in concurrence with The Viet LED Weekly 638

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Turned to purity, we release our agitated emotions with our own efforts,
Vowing to devote ourselves to spiritual perfection with our own efforts, we dissolve
the karmic debts we have planted,
Loving and respecting God's love which is shining upon us,
On our own, we become determined and no longer fearful.

Vi Kien

Baby Tam Talking To You

From 13 December to 19 December 1997

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *What does it mean, to surmount the impure level?*
- 2) *Does the spirit of service bring any benefit to the spiritual leader?*
- 3) *Do untiring efforts and perseverance bring any benefit?*
- 4) *What does "Divine Grace" mean?*
- 5) *What should we do in order to participate in the spiritual battlefield?*
- 6) *What kind of issues is our lucid mind able to analyze clearly?*
- 7) *Is there any benefit when we practice in an orderly manner and at the correct time?*



San Diego, 13 December 1997 4:20 AM

Q: What does it mean, to surmount the impure level?

A: To surmount the impure level means to practice the Vo-Vi method with our own efforts, to open and develop ourselves from within, to truly turn toward the World Above in our spiritual cultivation in order to progress. We will clearly understand the original energy among Heaven, Earth, and the Tao, and reach equilibrium in our inner consciousness. Only then will we truly overcome the impure level.

Psalm

*Through our spiritual practice, we verify that we are clearly making progress,
Determined to practice with truthfulness, we will surmount obstacles and advance further on our own,
On both earthly and spiritual paths, we release our infatuation, agitation, and intransigence,
Devoting ourselves to spiritual perfection, on our own, we make progress, and understand the true teachings clearly.*

Las Vegas, 14 December 1997 2:40 AM

Q: Does the spirit of service bring any benefit to the spiritual leader?

A: The spirit of service of a spiritual leader means that he should always engage himself to work constructively in a fearless way. Only then will he be a true spiritual adept.

Psalm

*Practicing within sincerity, we are neither ignorant nor stupid,
With courage and strength, we cultivate our spiritual consciousness to escape from blindness,
As our lucid mind develops constantly, our consciousness awakens,
The present world is agitated with infatuation and blinded passions.*

Las Vegas, 15 December 1997 3:15 AM

Q: Do untiring efforts and perseverance bring any benefit?

A: Untiring efforts and perseverance are very beneficial for a true spiritual adept. He will not change his resolution; he will continue to develop himself without regressing and increase his serenity.

Psalm

*By practicing in a natural manner, we will enlighten our mind and see our nature,
Developing our soul, we turn toward purity on our own,
With lucidity and calmness, we return to our unique origin,
Receiving the beautiful love from God, we practice on our own with a sincere heart.*

Las Vegas, 16 December 1997 4:05 AM

Q: What does "Divine Grace" mean?

A: "Divine Grace" means "divine blessings" that we have carried from previous existences till today in order to be able to descend into a human body, to possess a soul and understand about spirituality. When we devote ourselves to spiritual perfection and also understand the original principle of Heaven and Earth, we will be very firm and serene.

Psalm

*Practicing within joy, we do not change in a confused manner,
With a firm resolution, we do not abandon ourselves,
Practicing within sincerity, we will expand our spiritual consciousness,
With equanimity and serenity, we will advance in stages.*

Las Vegas, 17 December 1997 4:10 AM

Q: What should we do in order to participate in the spiritual battlefield?

A: In order to participate in the spiritual battlefield, we must practice and perfect ourselves spiritually with diligence. We should continually adapt ourselves to new changes in order to harmonize with the flux of vibratory energy from the center of energy of the universe. We will restore our inner light; we will awaken our heart and mind, and know our own mistakes, so that we may devote ourselves to spiritual perfection.

Psalm

*Building our intelligence, we release infatuation and
blindness in our spiritual consciousness with our own
efforts,
Awakening ourselves, we perfect ourselves spiritually
and are no longer stupid,
When our lucid mind is unblocked, through spiritual
practice, we will understand the truth,
Practicing with serenity, we are no longer stupid.*

Las Vegas, 18 December 1997 4:55 AM

Q: What kind of issues is our lucid mind able to analyze clearly?

A: Our lucid mind is able to clearly analyze the pure and impure energies, and we will be able to detach ourselves with determination more rapidly.

Psalm

*Anger is impure energy and difficult to analyze clearly,
With love and forgiveness, we see our itinerary of
progress clearly,
Understanding spiritual and earthly matters thoroughly,
our consciousness can detach easily,
When the sun rises brilliantly, all aspects will be shown
clearly.*

Las Vegas, 19 December 1997 1:35 AM

Q: Is there any benefit when we practice in an orderly manner and at the correct time?

A: We should always practice in an orderly manner to benefit both our soul and body.

Psalm

*Everything is realized within order,
Unblocking ourselves and releasing the impure
energies, we advance and rejoice ourselves on our own,
Analyzing matters with clarity, we will rejoice and
advance together,
Abandoning our sorrowful heart, we will smile on our
own.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.