



# The Life Energy Development Weekly

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*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

Losing one's equilibrium, one would ruin the spiritual way and increase one's  
ignorance,  
Exerting deep cruelty and slyness, one will imprison one's consciousness in  
suffering,  
Harming others in a wicked manner, one would become cruel oneself,  
With a sincere heart, let's correct us in order to travel with peace.  
*Vi Kien*

## Baby Tam Talking To You

*From 7 February to 13 February 1998*

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

### Questions

- 1) *Why are political leaders still greedy, lustful and filled with carnal desires?*
- 2) *Why is a meditation practitioner able to liberate himself and reduce his greediness, lust, and carnal desires?*
- 3) *What should we do in order to attain purity and goodness?*
- 4) *Do science and technology help the human presence on earth?*
- 5) *Which sphere is the heaviest one among all three spheres?*
- 6) *How can a human not be greedy?*
- 7) *How should we receive the order of the Lord of Great Compassion?*



<p><b>Monaco, 7 February 1998 4:15 AM</b></p> <p><i>Q: Why are political leaders still greedy, lustful and filled with carnal desires?</i></p> <p>A: It comes from the original principle of love and constructiveness. If there is no greediness, lust, and carnal desires, then there will be no work and no mutual aid within constructiveness.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>We will be even more joyful when living together in a lively manner, Liberating ourselves from suffering within our inner consciousness, we attain true comprehension, Helping each other and practicing together, we return to spiritual virtue, Receiving the beautiful divine love, we will rejoice silently in our heart.</i></p>
<p><b>Monaco, 8 February 1998 2:20 AM</b></p> <p><i>Q: Why is a meditation practitioner able to liberate himself and reduce his greediness, lust, and carnal desires?</i></p> <p>A: A meditation practitioner accepts to sit down and restore equilibrium in his inner consciousness. He will liberate himself and reduce his attraction to the external world, lust and greediness, which is not necessary for his mind and body. He will diligently devote himself to spiritual perfection and correct his mistakes, and help his soul evolve in a good way.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>Realizing equilibrium, our consciousness will evolve further, Harmonizing with the universe, our consciousness will be able to surmount all obstacles on its own, When our compassion expands, our path of spiritual perfection and progress will open widely, With perseverance, we work constructively and achieve harmony in our heart and mind.</i></p>
<p><b>Monaco, 9 February 1998 3:50 AM</b></p> <p><i>Q: What should we do in order to attain purity and goodness?</i></p> <p>A: We should turn toward the World Above and practice the spiritual method to liberate ourselves in order to attain purity and goodness. We will unify with the infinite light of the heavenly sphere, which is a place of true purity, goodness, and honesty.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>Through spiritual practice, we will achieve peace in our heart and mind by our own efforts, With honesty, we will travel and discuss with ourselves, Following the deep original principle, we perfect ourselves spiritually and advance on our own, Like a sunrise, we develop ourselves and turn within to analyze ourselves.</i></p>
<p><b>Monaco, 10 February 1998 3:45 AM</b></p> <p><i>Q: Do science and technology help the human presence on earth?</i></p> <p>A: Science and technology provide great help for the transmission and conservation of any materials helpful to mankind. They are always lively and resonate in the consciousness of everybody according to the preference of the person who needs them.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>The transmission of information awakens our search for knowledge, We are reminded to research and evaluate, it brings emotions in people's hearts as they awaken their consciousness, We should comprehend and evaluate on our own.</i></p>

<p><b>Monaco, 11 February 1998 3:40 AM</b></p> <p><i>Q: Which sphere is the heaviest one among all three spheres?</i></p> <p>A: Among all three spheres, Heaven, Earth, and Mankind, the human sphere is the heaviest one, because the Yin and Yang must be unified in order to create a human. Therefore, he is filled with karmic forces, resulting from all kinds of forms and states. During his whole lifetime, he must devote himself to spiritual perfection and correct his mistakes to liberate himself and advance. Only then, will his soul have the opportunity to return to Heaven.</p>	<p style="text-align: center;"><b>Psalm</b></p> <p style="text-align: center;"><i>Liberating themselves within a lifetime, they will understand Divine Love clearly, Awakening their consciousness, they devote themselves to spiritual perfection and have the opportunity to rest, Ascending to higher spheres, they will return to their unique origin, Divine Love is noble and beautiful, and resides everywhere.</i></p>
<p><b>Monaco, 12 February 1998 2:40 AM</b></p> <p><i>Q: How can a human not be greedy?</i></p> <p>A: A person who is not greedy is a person who respects the service of God at every hour, minute, and second. He would understand Who has been given him his presence on earth? To respect one's body means to respect the works of the Lord, which are hidden in the mechanical world of one's inner consciousness. One would only feel great respect toward the Almighty Lord and behave oneself accordingly.</p>	<p style="text-align: center;"><b>Psalm</b></p> <p style="text-align: center;"><i>Knowing Whom we owe our existence, We do not dare to be greedy and lustful, and harbor expectations, The truth is that we exist thanks to The Lord, So we accept to learn with faithfulness.</i></p>
<p><b>Monaco, 13 February 1998 4:00 AM</b></p> <p><i>Q: How should we receive the order of the Lord of Great Compassion?</i></p> <p>A: To receive the order of the Lord of Great Compassion means to be enlightened in a natural way; we would be able to talk endlessly with eloquence, and we would provide infinite guidance to all creatures in a fearless way.</p>	<p style="text-align: center;"><b>Psalm</b></p> <p style="text-align: center;"><i>With an enlightened mind, we will analyze on our own, We will provide infinite guidance to all creatures with warmth and love, All creatures will effect their return within spiritual awakening, Our spiritual consciousness will evolve whether being close or afar.</i></p>



**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.