

Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

With a sincere heart, let's receive the blessings of the Lord of Great Compassion, Understanding the earthly principles clearly, we vow to contribute our share, The beautiful and noble divine love awakens the human consciousness, With serenity, we practice to unblock ourselves and advance gradually by our own efforts.

Vi Kien

Baby Tam Talking To You

From 14 February to 20 February 1998

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) Where does the depth of the true principle reside?
- 2) What does it mean "infinite respect and love"?
- 3) Can politicians practice the Practical Method of Vo-Vi Esoteric Science and Dharma of Buddha?
- 4) What causes the eagerness in our hearts?
- 5) Where does the rhythm of evolution of our soul reside?
- 6) Why can we understand partly when we read books?
- 7) What does it mean "to find warmth in human love"?



Monaco, 14 February 1998 4:15 AM

Q: Where does the depth of the true principle reside?

A: The depth of the true principle resides within the supernatural and spontaneous. Only a sincere meditation practitioner would be able to comprehend this matter. "Truth within truth" is beyond discussion.

<u>Psa</u>lm

Practicing with joy, we direct our consciousness towards the pure light,

We have a clear position; we discuss on our own, Upon those who think about us with love and attachment,

We spread a pure and serene light like a golden aura.

Monaco, 15 February 1998 9:30 AM

Q: What does it mean "infinite respect and love"?

A: "Infinite respect and love" means the Almighty Lord has created whatever we are unable to accomplish ourselves to help humanitty within constructiveness. A meditation practitioner should understand this fact. He would then see clearly that his presence on earth is also due to the creation of the Almighty Lord. We should devote ourselves to spiritual perfection and correct our mistakes with equanimity in order to understand clearly what a righteous dharma is.

Psalm

We are present on this earth to participate in life tests, Judging earthly and spiritual matters clearly, we adopt the spiritual way on our own,

We turn toward the dharma of Buddha as our consciousness awakens.

Not complaining about adversities and sufferings, we will advance in a timely manner.

Monaco, 16 February 1998 2:35 AM

Q: Can politicians practice the Practical Method of Vo-Vi Esoteric Science and Dharma of Buddha?

A: Those who carry out righteous principles and have a righteous character and who are willing to abandon the rivalries and intransigence in their inner consciousness, will be able to practice meditation very easily. They will be able to restore the clarity and righteousness of their inner consciousness. They will develop their compassionate heart. They will devote themselves to spiritual perfection and correct their mistakes so that they may provide infinite guidance to all creatures. They will become a precious gift for humanity in the future.

Psalm

Developing our lucid mind, we will advance constantly by our own efforts,

Awakening our consciousness with equanimity, we correct our mistakes on our own,
Sowing good thoughts in our life,

We devote ourselves to spiritual perfection with equanimity, and will advance without burdening our shoulders.

Amphion Les Bains, 17 February 1998 6:21 AM

Q: What causes the eagerness in our hearts?

A: The eagerness in our hearts is due to our sincere efforts to learn and practice meditation for many days. Eventually, we will be able to meet each other. Therefore, a meditation practitioner must spend great efforts, so that his soul will be reunited in a sphere filled with peace, harmony, and joy.

Psalm

Accepting to perfect ourselves spiritually with our own efforts, our heart and mind are pure, Developing ourselves spiritually, we will enlighten our

hearts and understand all domains clearly,
Cause and Effect are due to the actions of our own
consciousness.

As we persevere in the cultivation of our serenity, we will turn toward the birthless sphere.

Amphion Les Bains, 18 February 1998 2:20 AM

Q: Where does the rhythm of evolution of our soul reside?

A: The rhythm of evolution of our soul resides right at the cranial psychic center. From there, a flux of serene energy is projecting out to resolve all unsolvable problems of our inner consciousness.

Psalm

Developing the energy of our consciousness, we advance in silence,

With a clear and righteous light, we advance and surmount obstacles on our own,

As our mind provides guidance, we eradicate our wicked heart.

We rejoice in the practice of righteous knowledge, and attain tranquility on our own.

Amphion Les Bains, 19 February 1998 1:35 AM

Q: Why can we understand partly when we read books?

A: When we read books, we will understand partly from the outside. When we practice to develop our direct knowledge, we will understand our inherent capabilities. When we are able to develop our "true bible without words", we will devote ourselves to spiritual cultivation with greater courage and strength.

Psalm

We will develop our soul more clearly,
Awakening our consciousness on our own, we will
return to our origin on our own,
Unifying with the noble Lord, our heart is not agitated,
Whether we are skilled or inept, we should paint
ourselves personally with our own efforts.

Amphion Les Bains, 20 February 1998 6:36 AM

Q: What does it mean "to find warmth in human love"?

A: To find warmth in human love means that everybody is eager to meet each other within warmth and affection; they greet each other cheerfully, within joy and happiness.

Psalm

Fundamentally, we develop our love and affection,
To develop ourselves spiritually is our own dream,
As smiles blossom on our excited faces,
We rejoice together about the seminar, which we
revere personally.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.