



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Sincerity

Perfecting ourselves spiritually with sincerity and truthfulness, we will save
ourselves with our own efforts,
We no longer imprison ourselves in blinded passions and agitation,
Our soul is devoted to spiritual perfection; it becomes light and pure to return to the
unique origin,
Practicing within sincerity, we will clearly understand true love.

Vi Kien

Baby Tam Talking To You

From 28 February to 6 March 1998

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *What does it mean, "to communicate through telepathy"?*
- 2) *Would a true spiritual adept, who can develop the spiritual energy of his inner consciousness, be afraid of blame and criticism?*
- 3) *Why are there no bad people in the place of infinite light?*
- 4) *What should we do in order to engage ourselves in spiritual training and perfection?*
- 5) *What is the heaviest sin for a Vo-Vi practitioner?*
- 6) *Will people benefit their soul when they lack honesty, are selfish and deceitful?*
- 7) *How should we cultivate ourselves spiritually in order to achieve success on the spiritual path?*



Monaco, 28 February 1998 4:30 AM

Q: What does it mean "to communicate through telepathy"?

A: To communicate through telepathy means that even though we are far apart physically, our minds are not far. We can communicate on the spiritual plane and intuitively know about each other, as we advance on the common path of evolution.

Psalm

*As our souls develop, we will transform ourselves in all aspects,
Resolute to devote ourselves to spiritual perfection, we will dissipate sorrow on our own,
The lively divine love is never lost,
With an abundant love, our heart and mind are content.*

Monaco, 1 March 1998 5:05 AM

Q: Would a true spiritual adept who can develop the spiritual energy of his inner consciousness be afraid of blame and criticism?

A: A true spiritual adept has the ability to develop the energy of his spiritual consciousness. He is able to undo his karmic debts, and create a good habit. He can surmount intransigence and blinded passions. Thus, he is not afraid of blame and criticism, but he always takes hatred with gratitude in order to advance in his spiritual perfection. He would then be a true spiritual adept.

Psalm

*Through spiritual practice, we understand clearly that we are stupid ourselves,
Learning and training ourselves incessantly, we want to perfect ourselves spiritually with our own efforts,
Even though we face constant challenges, we are not agitated,
With compassionate love, we help the blind people.*

Monaco, 2 March 1998 2:15 AM

Q: Why are there no bad people in the place of infinite light?

A: The place of infinite light is the place where nothing is lacking. On the contrary, when we reside in the dark physical body, we feel that we are lacking and aimless, because we want to have light instead of darkness.

Psalm

*The divine presence has helped the soul to evolve early,
Descending into the dark physical body, we generate tears and sorrow,
Let's strive to surmount obstacles with an awakened consciousness,
Our heart and mind attain tranquility as the spiritual light shines like a sunrise.*

Monaco, 3 March 1998 5:30 AM

Q: What should we do in order to engage ourselves in spiritual training and perfection?

A: In order to engage ourselves in spiritual training and perfection, we should practice the spiritual method regularly and listen to the words of truth to develop our soul. Only then will our soul have the opportunity to ascend higher and we will be able to release the karma of our consciousness with our own efforts.

Psalm

*Perfecting ourselves spiritually and advancing with our own efforts, we turn within to analyze ourselves,
As our heart and mind open up, we will advance in silence,
Being no longer negligent, we have the spiritual opportunity to reach awakening,
With perseverance, we will attain awakening and knowledge without committing errors.*

Monaco, 4 March 1998 4:00 AM

Q: What is the heaviest sin for a Vo-Vi practitioner?

A: The heaviest sin for Vo-Vi practitioners would be to steal the merits and efforts of fellow practitioners who have served for the common benefit. Not making any contributions, they would copy tapes illegally so that the quality is lost. They would destroy their honest nature, which is a great sin. When one turns toward cheating in one's conduct, one will never make progress. One would deceive the love and spirit of service of fellow practitioners and reduce one's own spiritual value. One's mind will become darker each day, without a way to escape. Those who clandestinely participate in the Vo-Vi congress even boast about it!

Psalm

There are spiritual adepts who do not make any contribution in order to liberate their consciousness, Fulfilling their greediness, they would have greater difficulty to attain wisdom, With selfishness and darkness, they have no way to escape, Those who make sacrifices and serve others are truly lovely.

Monaco, 5 March 1998 3:40 AM

Q: Will people benefit their soul when they lack honesty, are selfish and deceitful?

A: Those who are selfish have a bad character, which is very harmful for their soul, because they choose to go on a blind alley instead of a wide road. They will never be able to develop their compassionate heart.

Psalm

Causing errors, they nurture their foolish character, They are unaware of their losses, Because their bad character is harming them, but they wrongly think to be fortunate, Having difficulty to perfect themselves spiritually, they cannot make progress and pass the tests.

Monaco, 6 March 1998 3:40 AM

Q: How should we cultivate ourselves spiritually in order to achieve success on the spiritual path?

A: We should cultivate ourselves spiritually until our mind and body have reached equilibrium; we should be free of intransigence and blinded passions, be fearless, and truly return to emptiness. All things on this earth start from emptiness, and there is nothing worth to attach to.

Psalm

When we are light and pure and ascend to higher levels, there is only harmony, With equanimity, we learn and train ourselves in order to surmount difficulties on our own, Those with dark schemes cause agitation to themselves, and their consciousness does not make progress, With determination, we devote ourselves to spiritual perfection, and maintain our honesty on our own.



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vo-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.