



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Compassion

We constantly feel and relate with the lively compassion,
In order for our mind and body to achieve spiritual perfection and progress, we must
work on our own with our spiritual consciousness,
With a wise mind and a clear judgment, let's be resolute in our emotions,
Let's practice with diligence and sincerity to end our greediness.

Vi Kien

Baby Tam Talking To You

From 18 April to 24 April 1998

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *What does it mean to be freed of time and space?*
- 2) *What should we do in order to achieve great harmony in the world?*
- 3) *Is there any benefit in a regular and continuous spiritual cultivation and practice?*
- 4) *Why do we remain deceitful and are not sincere with ourselves, even though we have been practicing the spiritual method for a long time?*
- 5) *What is the purpose of a fortunate karmic opportunity to be reunited?*
- 6) *What does it mean to return to the source of our unique origin?*
- 7) *Is it easy to be resolute when we turn toward spirituality with a sincere heart?*



<p>Sydney, 18 April 1998 5:00 AM</p> <p>Q: <i>What does it mean to be freed of time and space?</i></p> <p>A: A meditation practitioner who has reached the level of liberation from time and space will have completely resolved his karma. When he opens his mouth, he will only speak words of truth and wisdom, and he will practice charitable work to help people everywhere to devote themselves to spiritual cultivation and advance spiritually.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Returning to emptiness, we are free of sorrow and hatred, Discussing with clarity, we contribute our own share, On our own, we awaken to true love and analyze the spiritual dharma clearly, Practicing within sincerity, we will attain higher levels.</i></p>
<p>Sydney, 19 April 1998 5:00 AM</p> <p>Q: <i>What should we do in order to achieve great harmony in the world?</i></p> <p>A: In order to achieve great harmony in the world, each spiritual adept on earth should cultivate themselves spiritually and correct their mistakes with their own efforts. Only then will they be willing to engage themselves in helping humanity and serve the practitioners who will follow with full devotion.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Loving ourselves, we should correct ourselves to advance and be able to overcome the obstacles, Understanding the karmic cause and effect clearly, we will advance and attain harmony on our own, Releasing sorrow and worries in our inner consciousness, We will work constructively and overcome obstacles on our own.</i></p>
<p>Melbourne, 20 April 1998 5:35 AM</p> <p>Q: <i>Is there any benefit in a regular and continuous spiritual cultivation and practice?</i></p> <p>A: A regular and continuous spiritual cultivation and practice is very beneficial for the mind and body. We will continually open up our heart and develop our spiritual mind, and we will very easily receive the pure and light flux of energy of Great Compassion.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Developing our mind and body, we remain flexible according to the circumstances, With a calm heart, we will attain the dharma in a very subtle way, Let's take refuge in the Dharma of Buddha thanks to the fortunate karmic opportunity of our spiritual search, Let's turn within to remind ourselves to learn and train ourselves continually.</i></p>
<p>Melbourne, 21 April 1998 5:45 AM</p> <p>Q: <i>Why do we remain deceitful and are not sincere with ourselves, even though we have been practicing the spiritual method for a long time?</i></p> <p>A: When we remain deceitful and are not sincere with ourselves, we are hiding our heads, but showing our tails, and we will never be able to evolve spiritually.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>When our soul desires fame, we prize wiliness, Arguing for the sake of winning, we fight and compete among ourselves, Being deceitful, we wrongly believe to be highly valued, Contradicting ourselves, we greedily desire fame.</i></p>

<p>Perth, 22 April 1998 12:32 AM</p> <p>Q: <i>What is the purpose of a fortunate karmic opportunity to be reunited?</i></p> <p>A: The karmic opportunity must be a fortunate one in order for us to be reunited.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>With a balanced mind and body, we feel infinitely healthy, Developing our compassionate heart, our mind remains loyal, Evolving spiritually together in accordance with our spiritual karmic opportunities and sentimental relations, Our consciousness awakens infinitely with the universe.</i></p>
<p>Perth, 23 April 1998 3:20 AM</p> <p>Q: <i>What does it mean to return to the source of our unique origin?</i></p> <p>A: To return to the source of our unique origin means to return to our own sincere nature, to release all mending in our inner consciousness, and resolutely abandon our preconceived opinions.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Let's no longer be superstitious and cause obscurity, With a resolute will to perfect ourselves spiritually, we no longer harbor illusions, With a clear mind and resolute thoughts, we are not agitated, Practicing with diligence and sincerity, we will advance hourly.</i></p>
<p>Perth, 24 April 1998 6:50 AM</p> <p>Q: <i>Is it easy to be resolute when we turn toward spirituality with a sincere heart?</i></p> <p>A: When we turn toward spirituality with a sincere heart in order to develop ourselves, we will very easily become resolute in our spiritual practice.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Developing ourselves with sincerity, we turn toward serenity, Resolute in our will for spiritual perfection, we will save ourselves, Our wise mind continually works constructively, Practicing together, we will progress on the spiritual path and become even wiser.</i></p>



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.