



# The Life Energy Development Weekly

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*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## Year of the Rat (Earth) 2008

The New Year of the Rat has come,  
Let's practice to evolve further everywhere,  
Going here and there, we will have the spiritual opportunity for divine guidance,  
We should learn and train ourselves continuously without resting,  
Returning to the source of our spiritual heart, our consciousness will attain  
awakening,  
With a clear heart and an awakened consciousness, we will achieve detachment on  
our own,  
In this present life, we should evolve with a true consciousness,  
Let's progress on our own by correcting our mistakes and live a merry life.

*Vi Kien*

## Baby Tam Talking To You

*From 25 April to 1 May 1998*

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

### Questions

- 1) *What does it mean "the source of deep spiritual thinking"?*
- 2) *Is it correct that the perceptions of the head lead to the perceptions of the whole body?*
- 3) *Why do we feel love and respect for each other when we are able to receive the energy of Great Compassion granted by God?*
- 4) *What kind of energy can change colors?*
- 5) *What is the benefit of an unflinching serenity?*
- 6) *How can we understand the infinity of Heaven and Earth?*
- 7) *What does it mean to clearly understand the dharma of the spiritual consciousness?*

<p><b>Perth, 25 April 1998 5:15 AM</b></p> <p><i>Q: What does it mean “the source of deep spiritual thinking”?</i></p> <p>A: Only when our cranial psychic center develops the energy of the consciousness, will we be able to thoroughly perceive the source of deep spiritual thinking. We will no longer be afraid and doubtful, and we will only advance and won't step back.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>Let's practice within joy to develop our spiritual consciousness and advance deeply, We will no longer be aimless and sorrowful, Let's practice with determination in the sphere of energy, Through explanation and analysis, we will advance on our own, and resolve our difficulties.</i></p>
<p><b>Perth, 26 April 1998 4:20 AM</b></p> <p><i>Q: Is it correct that the perceptions of the head lead to the perceptions of the whole body?</i></p> <p>A: The perceptions of the head will bring the perceptions of the whole body. The spiritual adept will have the opportunity to receive the flux of energy of Great Compassion granted by God when he thinks about it.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>Returning to the source of our unique origin, we analyze and practice on our own, Worldly affairs and karmic relations are temporary and born on their own, Thanks to the spiritual opportunity, our good heart is now awakened, With a pure and light mind and heart, we will return promptly.</i></p>
<p><b>Perth, 27 April 1998 2:00 AM</b></p> <p><i>Q: Why do we feel love and respect for each other when we are able to receive the energy of Great Compassion granted by God?</i></p> <p>A: When we receive the gentle and subtle flow of energy of Great Compassion, we will change from an angry person to a kind and compassionate one. We will devote ourselves to spiritual perfection and advance with courage and strength.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>Our mind and body are kind when we truly love and respect others, With a wise mind and a clear judgment, we will achieve tranquility on our own, Neither spiritual relations nor earthly emotions will cause agitation in us, Practicing with sincerity and diligence, we will overcome obstacles on our own.</i></p>
<p><b>Ayers Rock, 28 April 1998 3:30 AM</b></p> <p><i>Q: What kind of energy can change colors?</i></p> <p>A: The natural energy of Heaven and Earth in conjunction with the shining of sunlight can cause color changes.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p style="text-align: center;"><i>Transformations of this temporary world produce different colors, The magical dharma is on the other hand immovable, The soul energy clearly relates with the energy of the universe, Reborn into a higher level, we understand the spiritual depth better.</i></p>

<p><b>Ayers Rock, 29 April 1998 2:10 AM</b></p> <p>Q: <i>What is the benefit of an unfailing serenity?</i></p> <p>A: An unfailing serenity is of great benefit to a true spiritual adept and represents the Buddha-Nature. Keeping a constant serenity will bring good results in the future, similar to a rock that remains unchangeable for thousands of years. Even though the rock is deeply seated in the core of the earth, it can still attract the energy of the sun and the moon, and displays magnificent colors, which bring admiration to all people who can see it with their own eyes.</p>	<p style="text-align: center;"><b>Psalm</b></p> <p><i>Thanks to the shining of energy, the rock sits quietly, Its wonderful colors attract people to the site, As it continually learns from the blessings of energy, In love with the scenery, people come in flocks to see.</i></p>
<p><b>Cairns, 30 April 1998 4:00 AM</b></p> <p>Q: <i>How can we understand the infinity of Heaven and Earth?</i></p> <p>A: We must attain an extreme serenity in order to fully understand the infinity of Heaven and Earth.</p>	<p style="text-align: center;"><b>Psalm</b></p> <p><i>On our own, we will achieve serenity which will brightly illuminate our heart, Let's practice with our own efforts to release infatuation and intransigence, Inside our consciousness reside the karmic relations to God and Buddha, As our compassion expands widely, they will naturally come to fruition.</i></p>
<p><b>Cairns, 1 May 1998 6:15 AM</b></p> <p>Q: <i>What does it mean to clearly understand the dharma of the spiritual consciousness?</i></p> <p>A: To clearly understand the dharma of the spiritual consciousness means that we clearly see that all things will return to emptiness. Only then will we be able to comprehend the pure and subtle light of God and Buddha.</p>	<p style="text-align: center;"><b>Psalm</b></p> <p><i>The divine light is subtle and illuminates every aspect, Let's advance continuously by our own efforts without being discouraged or blaming others, Practicing equally in earthly and spiritual life, we awaken our consciousness on our own, Let's return to the source of our unique origin to attain complete knowledge.</i></p>



**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.