



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Spiritual Opportunity

The spiritual opportunity bestows upon us compassionate light so that we may achieve awareness on our own,
By awakening our consciousness and devoting ourselves to spiritual perfection, we will accept to enter on our own,
Unifying with human compassion, we will succeed in achieving a pure relationship,
As we develop our deep compassion, we will attain spiritual awakening on our own.

Vi Kien

Baby Tam Talking To You

From 6 June to 12 June 1998

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Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *What does "Hung Vi Giao Lien" (harmonization with the splendor of immensity) mean?*
- 2) *Where does human compassion originate?*
- 3) *What should one do if one does not have the occasion to practice charity even though one wants to do so?*
- 4) *Where does sincere love and affection come from?*
- 5) *What does it mean when the flow of energy on the top of the head is pulling upward higher and wider each day?*
- 6) *What should one do to develop the spiritual heart and mind?*
- 7) *Why do humans need to have a strong spiritual force?*

<p>Honolulu, 6 June 1998 2:30 AM</p> <p><i>Q: What does “Hung Vi Giao Lien” (harmonization with the splendor of immensity) mean?</i></p> <p>A: Harmonization with the splendor of immensity means that human life is related to the splendor and immensity of Heaven and Earth. A spiritual adept who has restored equilibrium in his consciousness will expand his compassionate energy and be able to comprehend on his own the infinite relationship between him and the universe. The more serene he is, the greater harmonization he will feel with the universe. His karmic debts will disappear, light will fill his whole consciousness, and his energy will continually relate with the energy of the universe. Achieving peace, he will be able to develop himself infinitely with the wonderful dharma.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Relating to the universe, our soul evolves continually, With a lucid mind and a wise heart, we will resolve our lessons naturally, Through our courage and determination, our true energy will be pure and bright, Returning to oneness from all states and forms, we are no longer doubtful.</i></p>
<p>Honolulu, 7 June 1998 2:35 AM</p> <p><i>Q: Where does human compassion originate?</i></p> <p>A: Human compassion originates from a sincere and ingenuous heart. A meditation practitioner who is able to release his karmic worries with his own efforts will develop a lucid mind and a wise heart. He will clearly develop his compassion within the spirit of constructiveness.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Let’s practice with our own efforts to attain spiritual awakening and self-knowledge, We will develop true love and understand it on our own, On our own, we will clearly analyze human compassion, With love, we work constructively and respect our body.</i></p>
<p>Honolulu, 8 June 1998 3:00 AM</p> <p><i>Q: What should one do if one does not have the occasion to practice charity even though one wants to do so?</i></p> <p>A: Those who want to practice charity but do not have the opportunity to do so must turn within to re-examine their own stingy character. Their spiritual mind has not yet opened up, and they only know how to cling on things without being able to practice detachment. They like theories and discussions, and only betray themselves extensively. Their soul will feel aimless and will hardly progress on the spiritual path.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>One keeps creating new errors when the spiritual consciousness is not awakened, Believing and treasuring the material, one has difficulty to perceive and seek the truth, Pure energy cannot develop, and the heart remains stingy, Let’s develop our true consciousness to advance silently on our own.</i></p>
<p>San Jose, 9 June 1998 3:20 AM</p> <p><i>Q: Where does sincere love and affection come from?</i></p> <p>A: Sincere love and affection comes from the inner consciousness. God gives us the opportunity to be reunited in love and affection to create a path for spiritual awakening.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>The spiritual heart and mind develop in peace and harmony, Advancing deeply in the spiritual domain, one progresses continually, Harmonizing with the universe, we awaken our spiritual consciousness, Building love and compassion, we arrange our own destiny.</i></p>

<p>San Jose, 10 June 1998 4:25 AM</p> <p><i>Q: What does it mean when the flow of energy on the top of the head is pulling upward higher and wider each day?</i></p> <p>A: When the flow of energy is pulling upward, our compassionate heart will grow stronger each day. We can very easily love and forgive others, with the spirit of help and guidance for the common good.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>Returning to the source of our true origin, we turn within for self-analysis, Our bright mind and wise heart deeply comprehend the subtle teachings, With a generous heart, we clearly understand the path of spiritual development, Our wisdom grows continually as we turn within for self-analysis.</i></p>
<p>San Jose, 11 June 1998 4:40 AM</p> <p><i>Q: What should one do to develop the spiritual heart and mind?</i></p> <p>A: To develop the spiritual heart and mind, one must practice in silence the mental invocation of the mantra Nam Mo A Di Da Phat. Only then will one be able to develop the Great Mind. Both body and mind will feel pure and light.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>The heart naturally seeks the spiritual origin, Releasing passion and anger, one leads an orderly life, Restoring the innate compassion, one follows the spiritual discipline, To enlighten the mind and reach infinite awakening.</i></p>
<p>San Jose, 12 June 1998 3:15 AM</p> <p><i>Q: Why do humans need to have a strong spiritual force?</i></p> <p>A: A strong spiritual force is essential for our living on earth so that we can avoid all unnecessary temptations with determination.</p>	<p style="text-align: center;"><u>Psalm</u></p> <p style="text-align: center;"><i>God has given us the spiritual heritage, Let's practice the mantra Nam Mo to enter this sphere of purity, The whole universe will open up widely, Void of illusions, the soul will progress infinitely.</i></p>



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.