



The Life Energy Development Weekly

13 July 2008

Email: huemai00@gmail.com
www.vovinet.org

Published in concurrence with The Viet LED Weekly 679

Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

True Practice

Practicing with true sincerity, we awaken our consciousness on our own and
understand the beautiful divine opportunity,
Understanding the divine Grace, we develop our own aura,
Thanks to the guidance of the Lord and the Buddha in our spiritual practice,
we have the opportunity to attain awakening,
Facing the lively divine mechanism, we reach inner peace on our own.

Vi Kien

Baby Tam Talking To You

From 26 September to 2 October 1998

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *Why are all living beings subject to suffering?*
- 2) *How can we, human beings, make progress when the burden of suffering is too heavy?*
- 3) *The human being is formed from the supernatural, from where to where?*
- 4) *What are the benefits of practicing the Vo Vi method with austerity and virtue?*
- 5) *Why is the mind always remembering the Divine Love?*
- 6) *What does "supra-civilization" mean?*
- 7) *What should one do to expand one's compassionate love further each day?*



Las Vegas, 26 September 1998 3:20 AM

Q: Why are all living beings subject to suffering?

A: All beings are suffering equally because they do not yet understand themselves. They always want to know about the affairs of others, but they don't know their true selves. They don't know where they come from and where they will go. Their mind is constantly worried, and they keep pursuing unnecessary things.

Psalm

*Turning to the external world, we cause agitation and have difficulty to take refuge in spirituality,
Let's turn within to analyze life's constant lessons,
Wicked thoughts arise from life adversities,
Only those who correct their mistakes on their own will return to spirituality.*

Las Vegas, 27 September 1998 2:40 AM

Q: How can we, human beings, make progress when the burden of suffering is too heavy?

A: As human beings, we have to encounter numerous sufferings. The only way is to devote ourselves to spiritual perfection in order to undo the karmic bonds. Eventually, we'll be able to fully free ourselves from all worldly matters, and be determined to leave behind this land of karmic entanglements and sufferings.

Psalm

*With spiritual practice, our soul will leave this bodily grave to evolve further,
With determination, we keep a pure heart and advance on our own,
Practicing equally on the social and spiritual paths, we treasure the dharma,
With equanimity and serenity, we silently invoke the mantra Nam-Mo-A-Di-Da-Phat.*

Las Vegas, 28 September 1998 7:40 AM

Q: The human being is formed from the supernatural, from where to where?

A: The human being is being formed from the supernatural, and his habits are being formed slowly. Therefore everyone is unique, and each person has a different mind and character.

Psalm

*The central source of energy is very magical,
Accepting hardship and suffering, we'll see transformations from beginning to end,
Let's practice equally on both social and spiritual paths with a determined heart,
Let's perfect ourselves to evolve further and return to the true homeland quickly.*

Las Vegas, 29 September 1998 4:20 AM

Q: What are the benefits of practicing the Vo Vi method with austerity and virtue?

A: Practicing the Vo Vi method with austerity and virtue will help the spiritual adept achieve detachment more easily. Returning to emptiness, purity and lightness, one will follow the divine law more easily. One will be determined to advance on the spiritual path without creating new karmic debts. Life is just a dream once one understands the principle of the whole universe.

Psalm

*Reaching the supreme moment, one's heart treasures the dharma,
Achieving equilibrium, one no longer distinguishes among lowliness or greatness,
Loving and respecting the noble Lord, one strives to return to the righteous Path,
Advancing continually, one will harmonize with the moon and stars.*

Las Vegas, 30 September 1998 2:50 AM

Q: Why is the mind always remembering the Divine Love?

A: The mind is always remembering the Divine Love because the true consciousness deeply understands the kind blessings granted by the Lord.

Psalm

*Let's advance infinitely on the deep and subtle spiritual path,
As a result, both our soul and astral body rejoice in the heavenly scenery,
Let's practice on both social and spiritual paths with confidence,
With equanimity, we learn about the deep spiritual principle.*

Las Vegas, 1 October 1998 7:25 AM

Q: What does “supra-civilization” mean?

A: Supra-civilization means that one is able to understand what one hears and practices accordingly. One’s consciousness will be able to reach awakening on its own more than through practice.

Psalm

*With serenity, the mind can clearly explain all matters,
Understanding both social and spiritual life, one lives
in quietude,
Achieving true knowledge with an enlightened mind
and wise heart,
One loves and respects the noble Lord with His
supreme blessings.*

Las Vegas, 2 October 1998 5:10 AM

Q: What should one do to expand one’s compassionate love further each day?

A: To expand one’s compassionate love further each day, one should dedicate oneself to the meditation practice and serve humanity with full devotion regardless of sufferings and adversities. One should always remember that compassionate love has the highest value in order to obtain good results.

Psalm

*Loving and respecting the Lord and the Buddha, we
devote ourselves to spiritual perfection,
We understand the transformations of the universe to
provide divine blessings,
With determination, we detach ourselves from
ungrateful earthly human relations,
Let’s practice with austerity to evolve further and attain
wisdom on our own.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master’s teaching. A final edited version will be formally published at a later date.