



# The Life Energy Development Weekly

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*Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation*

## Releasing Impurities

Releasing our impurities, we return to the righteous path and enter the  
sphere of emptiness,  
Learning continuously, we awaken our consciousness to enter on our own,  
Thanks to the Six Vibratory Words, we have a clear judgment and develop  
our spiritual mind,  
Devoted to spiritual perfection, on our own, we awaken our consciousness  
and invoke the mantra Nam-Mo.  
*Vi Kien*

## Baby Tam Talking To You

*From 17 October to 23 October 1998*

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

### Questions

- 1) *Why does reincarnation exist for people to face the consequences of their actions?*
- 2) *Does the central source of energy of the universe raise the energy upward or does it pull the energy downward and oppress the heart and mind without a way to escape?*
- 3) *What is the opportunity to meet the Buddha and the Immortals?*
- 4) *Heaven and Earth are boundless. How can we understand where the true self resides?*
- 5) *Why do all Vo Vi practitioners like to attend a peace seminar?*
- 6) *What is the relationship between the cranial psychic center and Heaven and Earth?*
- 7) *What is compassionate energy?*



<p><b>Las Vegas, 17 October 1998 5:50 AM</b></p> <p><i>Q: Why does reincarnation exist for people to face the consequences of their actions?</i></p> <p>A: Reincarnation is an opportunity for the soul to review its own actions. It is an opportunity for repentance and spiritual cultivation to perfect one's nature.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>Having the benevolent opportunity to meet each other again, we practice together for spiritual advancement, The soul constantly owes and pays new debts as it overcomes obstacles on its spiritual journey, Understanding this temporary world, we transform our consciousness, Let's practice the true dharma to overcome all obstacles with our own efforts.</i></p>
<p><b>Yorba Linda, 18 October 1998 5:50 AM</b></p> <p><i>Q: Does the central source of energy of the universe raise the energy upward or does it pull the energy downward and oppress the heart and mind without a way to escape?</i></p> <p>A: The central source of energy of the universe only purifies and elevates one's energy. It also helps each individual progress on the spiritual path through their karmic forces.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>As our energy pulls upward and ascends higher, we form our spiritual will, As our mind and body awoken, we acquire a solid faith, The noble Heaven provides us infinite guidance tirelessly, Let's devote ourselves with determination to spiritual practice to achieve a solid foundation.</i></p>
<p><b>Las Vegas, 19 October 1998 5:10 AM</b></p> <p><i>Q: What is the opportunity to meet the Buddha and the Immortals?</i></p> <p>A: Only those whose heart is dedicated to spiritual practice with determination will have the opportunity to meet the Buddha and the Immortals. They will not regret earthly matters and worry like profane people when facing adversities.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>Those dedicated to spiritual practice do not lament, Practicing equally on the social and spiritual paths, they open up themselves with their own efforts, Developing their heart and mind, they return to their soul in order to progress, Living in quietude, they harmonize and rejoice with all.</i></p>
<p><b>Las Vegas, 13 October 1998 7:55 AM</b></p> <p><i>Q: Heaven and Earth are boundless. How can we understand where the true self resides?</i></p> <p>A: Heaven and Earth are boundless. Thus, one only understands one's true position after encountering conflicts in small as well as major issues. Even though Heaven and Earth are immense, the law of cause and effect controls everything. The soul cannot escape punishment after committing an evil action.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>The principle of life eternity is clear and judicious, Resolve your own karma and avoid evil deeds, Realize compassion to attain the dharma in your spiritual heart, The soul develops in accordance with its karma and remains eternal.</i></p>
<p><b>Las Vegas, 14 October 1998 5:25 AM</b></p> <p><i>Q: Why do all Vo Vi practitioners like to attend a peace seminar?</i></p> <p>A: Everyone likes to attend a peace seminar to nurture his will for spiritual perfection. Every night, the Vo-Vi practitioner practices with diligence to purify his body and perfect his nature in order to advance further on the spiritual path.</p>	<p style="text-align: center;"><b><u>Psalm</u></b></p> <p><i>It is better to purify our body to restore peace and harmony, We learn constantly to reach awakening in all domains, With our own efforts, we will have the opportunity to understand the deep and sublime spiritual principle, Let's practice with perseverance and diligence to regain serenity.</i></p>

**Yorba Linda, 22 October 1998 7:35 AM**

Q: *What is the relationship between the cranial psychic center and Heaven and Earth?*

A: The head is related to the central source of energy of the universe. Only through spiritual practice will one have the occasion to commune more directly with Heaven and Earth.

**Psalm**

*When the head is illuminated like a sunrise, sorrow  
and resentment disappear  
The lucid mind advances constantly after each lesson,  
Thanks to the divine light, the consciousness attains  
awakening,  
Returning to the true origin, one deeply appreciates  
the Grace of the Lord.*

**Yorba Linda, 23 October 1998 3:52 AM**

Q: *What is compassionate energy?*

A: Compassionate energy is purity and lightness, capable of resolving one's karmic adversities.

**Psalm**

*Let's practice to develop our spiritual energy,  
Let's save ourselves by returning to spirituality and  
perfecting our nature,  
The awakened soul devotes to spiritual practice with  
determination,  
Let's practice with equanimity to advance on the path  
clearly.*



**Notes:**

*The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.*

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.