



The Life Energy Development Weekly

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Weekly Newsletter to develop the energy and purify the mind solely dedicated to the service of the practitioners of the Vo-Vi method of Meditation

Love and Affection

We all have the same root of pure and serene energy,
Pure energy shines everywhere, and we must transform ourselves on our
own to succeed,
A world of universal harmony has the same origin of serenity,
With spiritual practice, we help each other and develop ourselves positively.

Vi Kien

Baby Tam Talking To You

From 7 November to 13 November 1998

Dear Friends,

The Be Tam's Self-Dialogue is written with an **EMPTY** heart, and is closely connected to the benevolent energy of the Great Compassion. It is also a remedy for mental disorders, capable of releasing impure energy from the heart, the liver, and the kidneys. One should not shorten or edit any section; those sincerely devoted to spiritual perfection will understand the deep philosophy of Be Tam's writings.

I hope that you will practice in a righteous manner to truly understand the evolution path of the spiritual consciousness.

Respectfully Yours,

Baby Tam

Questions

- 1) *What consequences does one face if one does not truly understand the issue, but still wants to teach others?*
- 2) *After many days wishing to meet each other, one now fulfills one's wishes. What does this mean?*
- 3) *Does a human being have to be subject to the law of birth, aging, disease, and death?*
- 4) *What causes dangerous and devastating storms?*
- 5) *What are the benefits of practicing meditation and progressing within serenity?*
- 6) *What is youthful love?*
- 7) *Is the Vo-Vi Congress reserved for spiritual adepts who practice and learn sincerely, or for people who want to cause disruption?*



Atlantic City, 7 November 1998 7:00 AM

Q: *What consequences does one face if one does not truly understand the issue, but still wants to teach others?*

A: As a rule, one should not do what one does not understand. One should not use one's imagination carelessly and act unwisely; otherwise, one will have to harvest all the consequences of one's actions.

Psalm

*Ignorant, they do not know about their stupidity,
Their agitated heart causes indecision and further
blindness,
Unable to release their karmic entanglements,
The more they practice spiritual cultivation, the more
they harm themselves and others, and act like blind
people.*

Atlantic City, 8 November 1998 2:05 AM

Q: *After many days wishing to meet each other, one now fulfills one's wishes. What does this mean?*

A: To meet each other in a natural and spontaneous manner is a fortunate event for both parties.

Psalm

*Constantly nurturing the will to meet each other,
We rejoice to meet our beloved friend,
With clear discussions, we distinguish the path of the
righteous dharma,
Understanding heaven and earth, we all live in the
same universe.*

Atlantic City, 9 November 1998 8:45 AM

Q: *Does a human being have to be subject to the law of birth, aging, disease, and death?*

A: Humans are no different than trees in a wild forest. They are all subject to the law of birth, aging, disease, and death. They live within the cycle of existence and non-existence in order to evolve spiritually, and everyone must follow the law of karmic retribution. No human being wants to die, but eventually, they have to depart from this life in order to evolve further. If they lead a treacherous life, they will only encounter deep suffering when leaving their physical body. Only those who devote themselves to a sincere spiritual practice will be able to save themselves.

Psalm

*Turned within, one analyzes the tempting karmic
relations,
After suffering, one awakens and knows how to truly
love oneself,
Practicing equally on the social and spiritual paths in
spite of adversities,
The awakened consciousness strives to achieve true
compassion.*

Atlantic City, 10 November 1998 3:00 AM

Q: *What causes dangerous and devastating storms?*

A: Dangerous and devastating storms are caused by the strong transformations within Heaven and Earth. They occur regardless of the safety or destruction of Heaven and Earth. A spiritual adept who eats and drinks with greediness will eventually harvest the same results as these devastating storms, and will only destroy his body and mind, without a way to escape.

Psalm

*A serene body does not cause additional ties,
Those who repent and amend their mistakes still have
a spiritual opportunity,
Only by correcting our mistakes, will we advance and
abandon our agitation,
Every night, we rejoice within during the meditative
contemplation.*

Atlantic City, 11 November 1998 4:10 AM

Q: What are the benefits of practicing meditation and progressing within serenity?

A: Those who practice meditation and progress within serenity will encounter fortunate events. From material matters to spiritual matters, they will only encounter good things.

Psalm

*Returning to be unified with the true soul, the mind is brightly illuminated,
Learning with serenity, one opens up a new era,
Life is governed by the law of cause and effect,
Let's keep a strong faith to truly appreciate the sublime dharma.*

Atlantic City, 12 November 1998 8:40 AM

Q: What is youthful love?

A: From the worldly point of view, those who feel youthful love are in the most active stage of their life, and feel like they are overflowed with life energy. Everybody wishes to have the opportunity for developing activities on his own. Everybody needs freedom and independence. On the other hand, a meditation practitioner closes the gate of worldly life to open the gate of spiritual life. He will devote himself with diligence to the practice of meditation and cultivate his sincere nature instead.

Psalm

*Cultivating our sincere nature, we practice on our own to overcome obstacles,
Spiritual relations and worldly emotions alternate to provide transformation and progress,
Determined not to regret any failures,
We practice to obtain results on our own and seek our true selves.*

Atlantic City, 13 November 1998 4:50 AM

Q: Is the Vo-Vi Congress reserved for spiritual adepts who practice and learn sincerely, or for people who want to cause disruption?

A: The Vo-Vi Congress is for spiritual adepts who practice and learn sincerely and constructively. People lacking this spirit are not invited.

Psalm

*Those who are not sincere adepts are not welcome,
and they will not obtain results,
We should release our sorrow and worries, and vow to contribute our share,
Those who sow disruption will not succeed and cause great misfortunes for themselves,
With equanimity and a serene heart, we turn within to seek our true selves.*



Notes:

The attached translation is a rough draft of Muc Be Tam from the current Vietnamese LED Weekly version, that is prepared especially for English-speaking Vô-Vi fellow practitioners by the English Translation Team.

The Editorial Staff strongly suggests that the document is not to circulate outside the Sunday discussion group, to maintain the accuracy of Master's teaching. A final edited version will be formally published at a later date.